

BOY'S

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CENTRAL DAUPHIN BASKETBALL



2009 - 2010

Boys Basketball Stats

12/11/2009 6:00:00 PM	@ Dallastown (Dallastown, PA)	59-54 (W)
12/12/2009	@ Suburban (York, PA)	39-54 (L)
12/15/2009 7:30:00 PM	vs. Cedar Cliff (Camp Hill, PA)	55-47 (W)
12/18/2009 7:30:00 PM	@ Steelton-Highspire (Steelton, PA)	73-75 (L)
12/23/2009 7:30:00 PM	vs. Central Dauphin East (Harrisburg, PA)	59-60 (L)
12/28/2009	@ Penn Manor (Millersville, PA)	39-65 (L)
12/29/2009	@ Altoona (Altoona, PA)	62-45 (W)
1/5/2010 7:30:00 PM	@ Carlisle (Carlisle, PA)	62-56 (W)
1/8/2010 7:30:00 PM	vs. Cumberland Valley (Mechanicsburg, PA)	61-49 (W)
1/11/2010 7:30:00 PM	@ Chambersburg (Chambersburg, PA)	62-56 (W)
1/13/2010 7:30:00 PM	vs. Bishop McDevitt (Harrisburg, PA)	63-66 (L)
1/15/2010 7:30:00 PM	@ Harrisburg (Harrisburg, PA)	60-64 (L)
1/19/2010 7:30:00 PM	@ Cedar Cliff (Camp Hill, PA)	75-74 (W)
1/22/2010 7:30:00 PM	vs. Steelton-Highspire (Steelton, PA)	72-84 (L)

1/23/2010 7:30:00 PM	vs. Williamsport (Williamsport, PA)	68-56 (W)
1/27/2010 7:30:00 PM	@ Central Dauphin East (Harrisburg, PA)	66-75 (L)
1/29/2010 7:30:00 PM	vs. Carlisle (Carlisle, PA)	52-53 (L)
1/30/2010 2:30:00 PM	@ Waynesboro (Waynesboro, PA)	59-27 (W)
2/2/2010 7:30:00 PM	@ Cumberland Valley (Mechanicsburg, PA)	52-51 (W)
2/9/2010 7:30:00 PM	@ Bishop McDevitt (Harrisburg, PA)	59-47 (W)
2/11/2010 6:30:00 AM	vs. Chambersburg (Chambersburg, PA)	74-56 (W)
2/12/2010 6:00:00 PM	vs. Harrisburg (Harrisburg, PA)	59-57 (W)
2/19/2010 7:00:00 PM	vs. Dover (Dover, PA)	64-40 (W)
2/24/2010	vs. Hempfield (Landisville, PA)	40-71 (L)



CD Basketball News

CD High School is proud to announce that two students will be furthering their academic and athletic careers in college. Desi Washington will be attending Delaware State University and playing basketball and Lance Johnson will be attending Pfeiffer University and playing volleyball.

This was posted on 4-19-2010



Mid-Penn Conference Basketball All-Stars

Desi Washington of CD High – 1st Team
Devon Thomas of CD High: Honorable Mention

This was posted on 3-15-2010



Congratulations to Desi Washington

Congratulations to the following students for being named to the Patriot News Big 15 Basketball Team for Boys and Girls: Desi Washington of CD High School and Alyssa Thomas of CD High School.



Boys Basketball Highlights

[Click here to view the video](#)

VARSITY BOYS BASKETBALL

Myla Lee
Shawn Smith
Stanley Okoro
Desi Washington
Nicholas Laird
John Rivera
Jonathon Schnaars
Alex Aull
Nicholas Seefeldt
Devin Thomas
Zayd Issah

SENIOR
SENIOR
SENIOR
SENIOR
JUNIOR
JUNIOR
JUNIOR
SOPHOMORE
SOPHOMORE
SOPHOMORE
FRESHMAN



JUNIOR VARSITY BOYS BASKETBALL

Tyler Hevel
Tyler Isaac
Colton Lewis
Brandon Miller
Isaac Rossum
Evan Schwan
Ryan Beaver
Brian Laird
Brandon LaVia
Austin Mertz
Savalez Pope

SOPHOMORE
SOPHOMORE
SOPHOMORE
SOPHOMORE
SOPHOMORE
SOPHOMORE
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN



FRESHMEN BOYS BASKETBALL

Steven Bekelja
Jordan Bowman
Spencer Chisholm
Joseph Good
Michael Gross
Kenneth Johnston
Todd Lawson
Benjamin Thomas
Joshua Todd
Jabree Traynham
Manuel Gonzalez

FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
FRESHMAN
EIGHTH



CENTRAL DAUPHIN RAMS BASKETBALL

“Excellence through Attitude and Hard work”

CORE VALUES

ON THE COURT

Play hard every day in practice and games – every second we are on the court, we are fanatical about playing hard.

Play with great **Toughness** every day – mental toughness (handling adversity, fighting through fatigue, maintaining concentration level, accepting criticism) and physical toughness (relishing contact, being strong with the ball, diving for loose balls, going toe-to-toe with physical teams).

Play **Together** – Unselfish basketball – Make the Extra pass – Keep the ball swinging – Recognize the Hot Hand – Support our teammates – Give up a part of ourselves to be part of something much bigger and more fulfilling.

Play **Smart** – Play within our offensive and defensive philosophies – Play fundamentally sound basketball – Play with a purpose and execute our game plan – Be a team that does not beat itself.

OFF THE COURT

Conduct ourselves with **Class** – at school – in the locker room, with the media, in the classroom, on the road, and in our community. Everything we do and say reflects on us as individuals and on our program.

CENTRAL DAUPHIN RAMS BASKETBALL

“Excellence through Attitude and Hard work”

“BURN YOUR BOATS”

In 711, Tariq ibn Ziyad from North Africa was encouraged by the people of Spain to liberate them from their oppressive ruler, King Roderick. Landing at Gibraltar, Tariq's army of 12,000 stood against 60,000 Spaniards, outnumbered 5:1.

With his back to the Mediterranean Sea and a seemingly overwhelming force in front of him, Tariq gave the unthinkable order to his men – “BURN YOUR BOATS” – his army's only means of escape!

Tariq then delivered an inspiring speech about the end goal, victory, and how they would achieve it. His speech and vision of victory rallied his troops to total commitment to the job at hand. Like all great leaders, Tariq led the charge himself, to victory, one of the most amazing military upsets in human history.

Tariq's strategy of burning his boats did three things.

Every man bonded together and committed themselves to the victory or death.

It caused his men to focus totally on the job at hand.

What sort of crazy men burn their boats in the face of adversity? Only men committed to victory, that's who. The Spanish saw this and confidence dissolved.

Are you willing to “Burn your Boats” for the good of the team? Or, are you like most people, with one foot on land, and the other in the boat ready to retreat?

We must be a team with every single individual completely committed to the task at hand, and completely committed to the good of the team over any individual honor. We must worry only about ourselves and not the opinion of those who know nothing of our struggle or our commitment to each other. Only those willing to “Burn Their Boats” will be allowed to Ride in our Victory Parade!