



2023 - 2024 Team





COLLIER



CLASS OF 2026
YEARS PLAYING :2

FAVORITE PRE-GAME MEAL /SNACK:
CHICKEN

HYPE SONG:
NIGHTMARES & DAYDREAMS

FAVORITE OPPONENT:
EAST BECAUSE OF THE RIVALRY.

FAVORITE PART OF 2-A-DAYS:
FOOD

BEST ADVICE FROM A COACH:
KEEP WORKING HARD

BEST PART OF RAM FOOTBALL:
COMMUNITY CONNECTIONS & WINNING

WHO INSPIRES ME:
NICK KELLOGG

FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS

FAVORITE NFL PLAYER:
TRAVIS KELCE

BOOK

SAMUEL



CLASS OF 2026
YEARS PLAYING : 3

FAVORITE PRE-GAME MEAL /SNACK:
APPLE JUICE & RICE CRISPY

HYPE SONG:
CAN'T SPED UP

FAVORITE OPPONENT:
CARLISLE BECAUSE WE WON & I PLAYED.

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:
HOW TO PUNT A SPIRAL

BEST PART OF RAM FOOTBALL:
EVERYTHING

WHO INSPIRES ME:
COACH DENNY BECAUSE HE DOES A LOT FOR THE WEIGHT ROOM

FAVORITE SPORTS MOVIE:
WATER BOY

FAVORITE NFL PLAYER:
BROCK PRUDY

BAILEY





JOEY

CLASS OF 2024
YEARS PLAYING : 4
FAVORITE PRE-GAME MEAL /SNACK:
PINK STARBURSTS
HYPE SONG:
I SERVE THE BASE- FUTURE
FAVORITE OPPONENT:
CUMBERLAND VALLEY : I ENJOY THE INTENSE RIVALRY BETWEEN CV AND CV AND I HAVE NO LOVE FOR THE SCHOOL.
FAVORITE PART OF 2-A-DAYS:
EATING LUNCH
BEST ADVICE FROM A COACH:
STOP FEELING SORRY FOR YOURSELF
BEST PART OF RAM FOOTBALL:
THE TRADITION
WHO INSPIRES ME:
MYSELF - LOOKING TO BE A BETTER PERSON EVERYDAY, AND I'M PROUD OF THE MAN I'M BECOMING.
FAVORITE SPORTS MOVIE:
42
FAVORITE NFL PLAYER:
DANIELS JONES

BASS

GAVIN



CLASS OF 2026
YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:
TURKEY SANDWICH

HYPE SONG:
DREAMS & NIGHTMARES

FAVORITE OPPONENT:
EAST

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:
PLAY LIKE YOU ARE NOT WAKING UP TOMORROW

BEST PART OF RAM FOOTBALL:
EVERYTHING

WHO INSPIRES ME:
RAY LEWIS BECAUSE OF HIS WAY OF DOING THINGS

FAVORITE SPORTS MOVIE:
WATER BOY

FAVORITE NFL PLAYER:
VON MILLER & RAY LEWIS

BONANNO



HAROON



CLASS OF 2026

YEARS PLAYING : 1

FAVORITE PRE-GAME MEAL /SNACK:

WATER

HYPE SONG:

DREAMS & NIGHTMARES

FAVORITE OPPONENT:

EAST

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

TEACHING ME HOW TO SPOT

BEST PART OF RAM FOOTBALL:

THE FAMILY

WHO INSPIRES ME:

GRADY CURRY BECAUSE HE IS JUST AN INSANE ROLE MODEL & MAJOR INSPIRATION

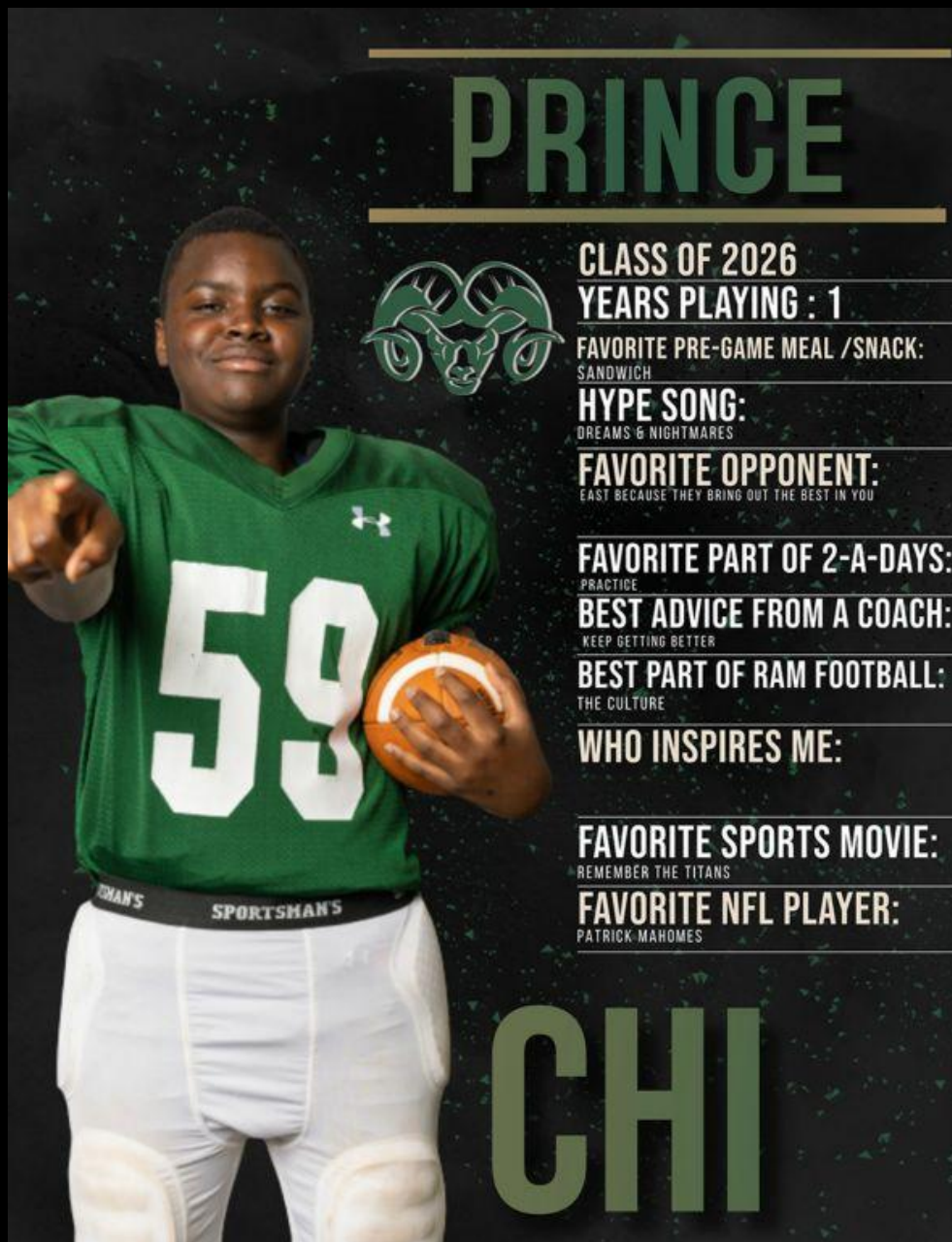
FAVORITE SPORTS MOVIE:

BENCHWARMER

FAVORITE NFL PLAYER:

JASON KELCE

AHMAD



PRINCE



CLASS OF 2026
YEARS PLAYING : 1

FAVORITE PRE-GAME MEAL /SNACK:
SANDWICH

HYPE SONG:
DREAMS & NIGHTMARES

FAVORITE OPPONENT:
EAST BECAUSE THEY BRING OUT THE BEST IN YOU

FAVORITE PART OF 2-A-DAYS:
PRACTICE

BEST ADVICE FROM A COACH:
KEEP GETTING BETTER

BEST PART OF RAM FOOTBALL:
THE CULTURE

WHO INSPIRES ME:

FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS

FAVORITE NFL PLAYER:
PATRICK MAHOMES

CHI

A portrait of Seth Bowman, a young man with dark curly hair, wearing a green Rams jersey with the number 11, a white Nike headband, and a gold chain. He is pointing his right index finger towards the camera and holding an orange football in his left hand. The background is dark with green confetti.

SETH

The Rams logo, featuring a stylized ram's head in green and white.

CLASS OF 2024
YEARS PLAYING :7

FAVORITE PRE-GAME MEAL /SNACK:
CHICKEN SANDWICH

HYPE SONG:
RIC FLAIR DRIP

FAVORITE OPPONENT:
CUMBERLAND VALLEY. OUR BIGGEST RIVAL SINCE MIDGET FOOTBALL.

FAVORITE PART OF 2-A-DAYS:
GREEN & WHITE SCRIMMAGE

BEST ADVICE FROM A COACH:
LEAVE EVERYTHING ON THE FIELD

BEST PART OF RAM FOOTBALL:
WEIGHT ROOM & BONDING WITH THE TEAM

WHO INSPIRES ME:
MY MOM

FAVORITE SPORTS MOVIE:
THE SANDLOT

FAVORITE NFL PLAYER:
COOPER CUPP

BOWMAN



EVAN



CLASS OF 2024
YEARS PLAYING : 12
FAVORITE PRE-GAME MEAL /SNACK:
DON'T HAVE ONE
HYPE SONG:
NO PARTICULAR SONG- ANYTHING BY METALLICA
FAVORITE OPPONENT:
CUMBERLAND VALLEY
FAVORITE PART OF 2-A-DAYS:
BONDING TOGETHER WITH THE TEAM
BEST ADVICE FROM A COACH:
BLOCK YOUR MAN ON THE SCREEN
BEST PART OF RAM FOOTBALL:
THE COACHES
WHO INSPIRES ME:
MY PARENTS- THEY ARE ALWAYS THERE FOR ME & ALLOW ME TO REACH MY DREAMS
FAVORITE SPORTS MOVIE:
THE BLINDSIDE
FAVORITE NFL PLAYER:
GENO SMITH

BUSHONG

JACK



CLASS OF 2026

YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

EGGS

HYPE SONG:

FIRST DAY OUT

FAVORITE OPPONENT:

CUMBERLAND VALLEY BECAUSE THEY ARE A TOUGH TEAM & FUN TO PLAY

FAVORITE PART OF 2-A-DAYS:

PRACTICE

BEST ADVICE FROM A COACH:

NEVER GIVE UP

BEST PART OF RAM FOOTBALL:

WEIGHT ROOM

WHO INSPIRES ME:

MY DAD BECAUSE HE SUPPORTS ME

FAVORITE SPORTS MOVIE:


WATER BOY

FAVORITE NFL PLAYER:


KENNETH WALKER

CAPUTO





ELIJAH



CLASS OF 2026
YEARS PLAYING : 5
FAVORITE PRE-GAME MEAL /SNACK:
PROTEIN BARS
HYPE SONG:
WHAT UP BY PGF NUK
FAVORITE OPPONENT:
CV- RIVAL TEAM
FAVORITE PART OF 2-A-DAYS:
PRACTICE
BEST ADVICE FROM A COACH:
GET GOOD GRADES
BEST PART OF RAM FOOTBALL:
WEIGHT ROOM
WHO INSPIRES ME:
MICAH PARSONS BECAUSE HE PLAYS D-END & BECAUSE HE PLAYED AT CD
FAVORITE SPORTS MOVIE:
WATER BOY
FAVORITE NFL PLAYER:
RONNIE LOTT

COBB

MATEO



CLASS OF 2024
YEARS PLAYING : 10

FAVORITE PRE-GAME MEAL /SNACK:

CHIC-FIL-A

HYPE SONG:

FANETO- CHIEF KEEF

FAVORITE OPPONENT:

EAST- CAUSE THEY ARE OUR RIVALS

FAVORITE PART OF 2-A-DAYS:

EATING

BEST ADVICE FROM A COACH:

UNSURE

BEST PART OF RAM FOOTBALL:

TEAMMATES

WHO INSPIRES ME:

MYSELF


FAVORITE SPORTS MOVIE:

THE PROGRAM


FAVORITE NFL PLAYER:

SAUCE GARDNER

CRUMMEL



GRADY



CLASS OF 2024
YEARS PLAYING : 6
FAVORITE PRE-GAME MEAL /SNACK:
CHICKEN PARM
HYPE SONG:
TILL I COLLAPSE - EMINEM
FAVORITE OPPONENT:
CUMBERLAND VALLEY BECAUSE IT'S MORE THAN JUST A RIVALRY.
FAVORITE PART OF 2-A-DAYS:
TEAM MEALS & NAPS
BEST ADVICE FROM A COACH:
COACH KIRCH HELPED ME WITH GETTING FASTER AND GIVING ME TIPS ON HOW TO GET BIGGER.
BEST PART OF RAM FOOTBALL:
THE BROTHERHOOD
WHO INSPIRES ME:
MY DAD BECAUSE HE IS A GREAT ROLE MODEL AND HELPS ME ACHIEVE MY GOALS.
FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS
FAVORITE NFL PLAYER:
MICAH PARSONS

CURRY

ZACKARY



CLASS OF 2025
YEARS PLAYING : 10

FAVORITE PRE-GAME MEAL /SNACK:
NUTRIGRAIN BAR

HYPE SONG:
DIRTY- THAT MEXICAN OT

FAVORITE OPPONENT:
EAST- COMPETITIVE GAME

FAVORITE PART OF 2-A-DAYS:
THE FOOD

BEST ADVICE FROM A COACH:
KEEP YOUR HEAD UP

BEST PART OF RAM FOOTBALL:
THE CULTURE

WHO INSPIRES ME:
MY DAD, HE'S A GOOD ROLE MODEL

FAVORITE SPORTS MOVIE:
THE WATERBOY

FAVORITE NFL PLAYER:
DK METCALF

COLEMAN





ELIAS



CLASS OF 2026
YEARS PLAYING : 3

FAVORITE PRE-GAME MEAL /SNACK:
CHICKEN FETTUCCINE ALFREDO

HYPE SONG:
POP OUT BY POLO G

FAVORITE OPPONENT:
PROBABLY EAST BECAUSE WE HAVE A BIG RIVALRY AGAINST THEM & RIVALRY GAMES ARE ALWAYS FUN TO PLAY IN.

FAVORITE PART OF 2-A-DAYS:
NEVER DONE- BUT I GUESS I WILL LIKE THE TEAM BEING TOGETHER THE ENTIRE DAY

BEST ADVICE FROM A COACH:
HIT ALL THE WAY THROUGH HIM; & HIT HIS BACK.

BEST PART OF RAM FOOTBALL:
THE ENTIRE PROGRAM & HOW THE COACHES TEACH THE PLAYERS

WHO INSPIRES ME:
MY DAD BECAUSE I ENJOY FOOTBALL BECAUSE OF HIM & HE HAS TAUGHT ME A LOT ABOUT FOOTBALL & LIFE.

FAVORITE SPORTS MOVIE:
FACING THE GIANTS

FAVORITE NFL PLAYER:
AARON JONES

ETTER

ETHAN



CLASS OF 2026

YEARS PLAYING : 6

FAVORITE PRE-GAME MEAL /SNACK:

CHICKEN SANDWICHES

HYPE SONG:

DREAMS & NIGHTMARES

FAVORITE OPPONENT:

CUMBERLAND VALLEY

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

KEEP WORKING & GOD WILL PUT EVERYTHING TOGETHER

BEST PART OF RAM FOOTBALL:

THE TEAM

WHO INSPIRES ME:

JETT FRANZ- HE PLAYS THE POSITIONS I PLAY & HE'S A GOOD TEAMMATE

FAVORITE SPORTS MOVIE:

WATER BOY

FAVORITE NFL PLAYER:

MICAH PARSONS

FLOWERS



GAVIN



CLASS OF 2025
YEARS PLAYING : 5

FAVORITE PRE-GAME MEAL /SNACK:
MISSION BBQ

HYPE SONG:
DREAMS & NIGHTMARES- MEEK MILL

FAVORITE OPPONENT:
EAST- WE NEED TO BEAT THEM THIS YEAR

FAVORITE PART OF 2-A-DAYS:
THE FOOD & TEAM BONDING

BEST ADVICE FROM A COACH:
DON'T WORRY ABOUT THE LAST PLAY, THINK ABOUT THE NEXT ONE

BEST PART OF RAM FOOTBALL:
EVERYTHING IS GREAT, ESPECIALLY THE CULTURE WE HAVE BUILT

WHO INSPIRES ME:
COACH MAC- I HAVE KNOWN HIM ALMOST MY WHOLE LIFE & I REALLY LOOK UP TO HIM. HE'S A GREAT COACH & ESPECIALLY GREAT ROLE MODEL & PERSON.

FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS

FAVORITE NFL PLAYER:
JOSH ALLEN

KIRKPATRICK

ANDREW



CLASS OF 2025

YEARS PLAYING : 10

FAVORITE PRE-GAME MEAL /SNACK:

RICE CRISPIES

HYPE SONG:

HOW- LIL BABY

FAVORITE OPPONENT:

CUMBERLAND VALLEY- RIVAL

FAVORITE PART OF 2-A-DAYS:

BEING WITH YOUR BOYS

BEST ADVICE FROM A COACH:

HARD WORK WILL BE REWARDED

BEST PART OF RAM FOOTBALL:

CULTURE

WHO INSPIRES ME:

MY MOM, SHE'S THE STRONGEST WOMEN I KNOW.

FAVORITE SPORTS MOVIE:

LONGEST YARD

FAVORITE NFL PLAYER:

DARIUS SLAY

KURTZ

JADYN



CLASS OF 2026

YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

CHICKEN

HYPE SONG:

FIRST DAY OUT

FAVORITE OPPONENT:

EAST- BECAUSE I HAVE A LOT OF FRIENDS I'M TRYING TO BEAT

FAVORITE PART OF 2-A-DAYS:

SLEEPING

BEST ADVICE FROM A COACH:

IF A COACH ISN'T YELLING AT YOU HE DOESN'T CARE ENOUGH

BEST PART OF RAM FOOTBALL:

THE CULTURE

WHO INSPIRES ME:

FAVORITE SPORTS MOVIE:

WATER BOY

FAVORITE NFL PLAYER:

TANK DELL

JOHNSON



ROBERTO



CLASS OF 2026

YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:

PEANUT BUTTER CRACKERS

HYPE SONG:

BOYS A LIAR PT. 2

FAVORITE OPPONENT:

EAST- I HAVE SIBLINGS THAT GO THERE & I LIKE TO HAVE A ONE UP ON THEM

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

PAIN IS MENTAL

BEST PART OF RAM FOOTBALL:

THE ENVIRONMENT

WHO INSPIRES ME:

MY PARENTS BECAUSE THEY ARE EXACTLY WHO I WANT TO BE IN THE FUTURE

FAVORITE SPORTS MOVIE:

GOLDEN BOOT

FAVORITE NFL PLAYER:

MICAH PARSONS

JIMENEZ



MARK



CLASS OF 2026

YEARS PLAYING :11

FAVORITE PRE-GAME MEAL /SNACK:

SALAD

HYPE SONG:

FIRST DAY OUT- TEE GRIZZLEY

FAVORITE OPPONENT:

CUMBERLAND VALLEY. BECAUSE I ALWAYS SEEM TO PLAY GOOD AGAINST THEM.

FAVORITE PART OF 2-A-DAYS:

FOOD

BEST ADVICE FROM A COACH:

FAILING SHOWS THE REAL PERSON YOU ARE.

BEST PART OF RAM FOOTBALL:

EVERYTHING

WHO INSPIRES ME:

MY PARENTS BECAUSE I WANT TO GET THEM EVERYTHING THEY WISH FOR.

FAVORITE SPORTS MOVIE:

THE SANDLOT

FAVORITE NFL PLAYER:

JALEN RAMSEY

LEBO

KAH'MANI



CLASS OF 2026

YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

TRAIL MIX OR SUNFLOWER SEEDS

HYPE SONG:

LONG LIVE HEATHER BY PUNCH.MADE DEV

FAVORITE OPPONENT:

EAST BECAUSE OF THE RIVALRY & INTENSITY EVERYTIME WE PLAY

FAVORITE PART OF 2-A-DAYS:

THE WATER BREAKS

BEST ADVICE FROM A COACH:

CATCH THE BALL BEFORE YOU RUN

BEST PART OF RAM FOOTBALL:

THE WEIGHT ROOM

WHO INSPIRES ME:

MY MOM INSPIRES ME BECAUSE SHE ALWAYS STRIVES TO BE GREATER

FAVORITE SPORTS MOVIE:

THE LONGEST YARD

FAVORITE NFL PLAYER:

ODELL BECKHAM JR

GARCIA

JETT



CLASS OF 2024

YEARS PLAYING : 11

FAVORITE PRE-GAME MEAL /SNACK:

OLIVE GARDEN PASTA

HYPE SONG:

BLACK SKINHEAD - KAYNE WEST

FAVORITE OPPONENT:

CUMBERLAND VALLEY- BECAUSE I REALLY DON'T LIKE THEM

FAVORITE PART OF 2-A-DAYS:

EATING & SLEEPING IN THE HALLWAYS WITH THE TEAM

BEST ADVICE FROM A COACH:

THE LAST PLAY DOESN'T MATTER IT'S ALL ABOUT THE NEXT PLAY

BEST PART OF RAM FOOTBALL:

THE FEELING OF FAMILY

WHO INSPIRES ME:

MY FAMILY BECAUSE I DO IT ALL FOR THEM

FAVORITE SPORTS MOVIE:

REMEMBER THE TITANS

FAVORITE NFL PLAYER:

NICK BOSA

FRANZ



JADYN



CLASS OF 2026

YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:

PEANUT BUTTER CRACKERS

HYPE SONG:

FIRST DAY OUT

FAVORITE OPPONENT:

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

KEEP TRYING

BEST PART OF RAM FOOTBALL:

OKLAHOMA DRILLS

WHO INSPIRES ME:

COACH EASTER BECAUSE HE TAUGHT ME TO CONTROL MY ANGER & HOW TO USE IT

FAVORITE SPORTS MOVIE:

THE LONGEST YARD

FAVORITE NFL PLAYER:

JOE BURROW

LOGAN



JAY



CLASS OF 2025
YEARS PLAYING : 12

FAVORITE PRE-GAME MEAL /SNACK:
MAC & CHEESE; CHICK FIL A

HYPE SONG:
NUMBER ONE SPOT

FAVORITE OPPONENT:
PANTHERS & COUGARS BECAUSE I HAVE BATTLED THEM SINCE THE AGE OF FIVE.

FAVORITE PART OF 2-A-DAYS:
BONDING WITH MY TEAMMATES & GROWING INTO A LEADER

BEST ADVICE FROM A COACH:
EVERY PRACTICE EVERY DRILL EVERY GAME- LEAVE IT ALL ON THE FIELD

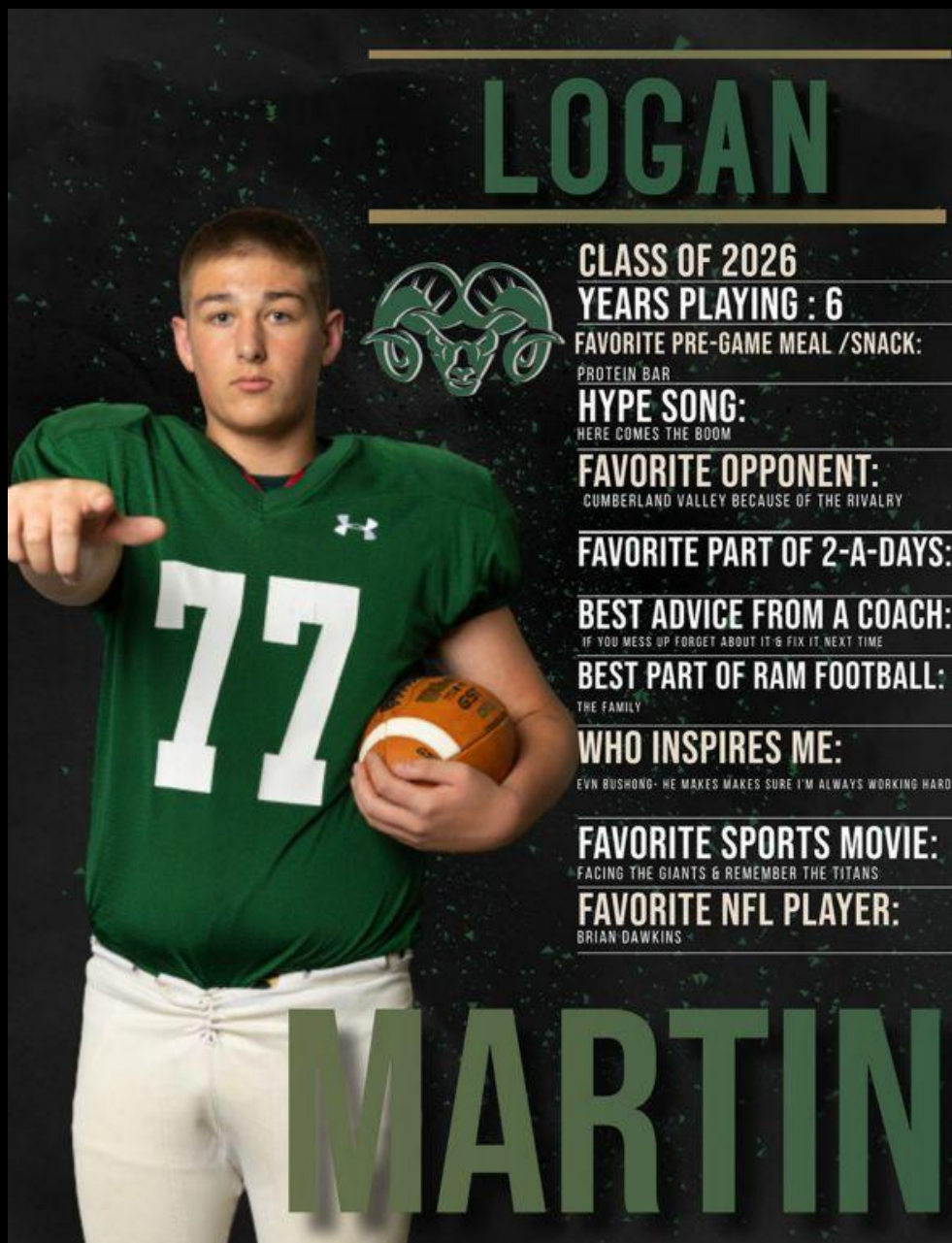
BEST PART OF RAM FOOTBALL:
LIFE LONG MEMORIES & BROTHERHOOD!!

WHO INSPIRES ME:
MY PARENTS INSPIRE ME BECAUSE OF THE FOUNDATIONS & LESSONS THEY ARE GIVING ME TO BECOME SUCCESSFUL IN LIFE


FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS

FAVORITE NFL PLAYER:
DEION SANDERS. : PRIME TIME!!!

HARRIS III



LOGAN



CLASS OF 2026
YEARS PLAYING : 6
FAVORITE PRE-GAME MEAL /SNACK:
PROTEIN BAR
HYPE SONG:
HERE COMES THE BOOM
FAVORITE OPPONENT:
CUMBERLAND VALLEY BECAUSE OF THE RIVALRY
FAVORITE PART OF 2-A-DAYS:
BEST ADVICE FROM A COACH:
IF YOU MESS UP FORGET ABOUT IT & FIX IT, NEXT TIME
BEST PART OF RAM FOOTBALL:
THE FAMILY
WHO INSPIRES ME:
EVN BUSHONG- HE MAKES MAKES SURE I'M ALWAYS WORKING HARD
FAVORITE SPORTS MOVIE:
FACING THE GIANTS & REMEMBER THE TITANS
FAVORITE NFL PLAYER:
BRIAN DAWKINS

MARTIN

BROCK



CLASS OF 2026

YEARS PLAYING : 6

FAVORITE PRE-GAME MEAL /SNACK:

PASTA

HYPE SONG:

YOUNG BOY

FAVORITE OPPONENT:

CUMBERLAND VALLEY BECAUSE THE INTENSITY OF THE GAME IS ALWAYS HIGHER

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

NOT TO GIVE UP

BEST PART OF RAM FOOTBALL:

THE CULTURE

WHO INSPIRES ME:

MY DAD INSPIRED ME

FAVORITE SPORTS MOVIE:

THE LONGEST YARD

FAVORITE NFL PLAYER:

TERRY MCLAUREN

MORIN



LENNOX



CLASS OF 2026

YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

GRANOLA BAR

HYPE SONG:

FROM NOW ON BY LIL BABY

FAVORITE OPPONENT:

CUMBERLAND VALLEY BECAUSE IT'S A RIVALRY & LOTS OF PEOPLE ARE WATCHING

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

HARD WORKS BEATS TALENT WHEN TALENT FAILS TO WORK HARD

BEST PART OF RAM FOOTBALL:

CULTURE

WHO INSPIRES ME:

MY DAD BECAUSE HE'S ALWAYS BELIEVED IN ME

FAVORITE SPORTS MOVIE:

COACH CARTER

FAVORITE NFL PLAYER:

BRIAN DAWKINS

MORRIS





I'ZHIOR



CLASS OF 2024

YEARS PLAYING : 4

FAVORITE PRE-GAME MEAL /SNACK:

ANYTHING HOT FROM SHEETZ

HYPE SONG:

ALREADY RICH- YEAT

FAVORITE OPPONENT:

EAST- IS OUR RIVAL SISTER SCHOOL A LOT OF BAD BLOOD AND I LOVE IT, HAVEN'T WON AGAINST THEM IN 2 YEARS IN A ROW ON VARSITY.

FAVORITE PART OF 2-A-DAYS:

THE 2-1 HOUR RESTING TIME IN BETWEEN PRACTICES

BEST ADVICE FROM A COACH:

YOU NEED TO BE THE MOST DOMINANT,FEARED AND RUTHLESS PERSON ON THE FIELD

BEST PART OF RAM FOOTBALL:

THE HISTORY AND LEGACY THAT CAME BEFORE ME

WHO INSPIRES ME:

ANDREW TATE- HE INSPIRES ME TO BE THE BEST VERSION OF MY SELF

FAVORITE SPORTS MOVIE:

THE BLIND SIDE

FAVORITE NFL PLAYER:

AARON DONALD

MOON

ELIJAH



CLASS OF 2025
YEARS PLAYING : 7

FAVORITE PRE-GAME MEAL /SNACK:

CHIC-FIL-A

HYPE SONG:

DREAMS & NIGHTMARES

FAVORITE OPPONENT:

ALL OF THEM

FAVORITE PART OF 2-A-DAYS:

SLEEP

BEST ADVICE FROM A COACH:

KEEP WORKING

BEST PART OF RAM FOOTBALL:

GOLD STAR GAME

/WHO INSPIRES ME:

MY FAMILY- THEY TELL ME TO KEEP WORKING


FAVORITE SPORTS MOVIE:

THE BLINDSIDE


FAVORITE NFL PLAYER:

NOT LISTED

MCDONALD



KANNYON



CLASS OF 2025
YEARS PLAYING : 3

FAVORITE PRE-GAME MEAL /SNACK:
PBGJ

HYPE SONG:
FAMILY TIES BY BABY KEEM

FAVORITE OPPONENT:
ALTOONA BECAUSE OF SCOUT TEAM

FAVORITE PART OF 2-A-DAYS:
NAPS OR THE FOOD

BEST ADVICE FROM A COACH:
ANYTHING COACH ROLSER SAYS

BEST PART OF RAM FOOTBALL:
FOOD

WHO INSPIRES ME:
PAYTON HARPER

FAVORITE SPORTS MOVIE:
MIRACLE

FAVORITE NFL PLAYER:
LAMAR JACKSON

MILLER

ANTHONY



CLASS OF 2027

YEARS PLAYING : 5

FAVORITE PRE-GAME MEAL /SNACK:

PASTA

HYPE SONG:

FANATO BY CHIEF KEEF

FAVORITE OPPONENT:

I DON'T HAVE ONE YET

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

OUT WORK EVERYONE

BEST PART OF RAM FOOTBALL:

THE FOUNDATION OF ALL THE PLAYERS & FAMILY

WHO INSPIRES ME:

ROCKY BECAUSE OF HIS MOTIVATION

FAVORITE SPORTS MOVIE:

I DON'T HAVE ONE

FAVORITE NFL PLAYER:

TYREEK HILL

NEUHARD



KELLEN



CLASS OF 2025
YEARS PLAYING : 1

FAVORITE PRE-GAME MEAL /SNACK:
CHIC-FIL-A

HYPE SONG:
NO FLOCKIN- KODAK BLACK

FAVORITE OPPONENT:
CUMBERLAND VALLEY

FAVORITE PART OF 2-A-DAYS:
NAP TIME

BEST ADVICE FROM A COACH:
UNSURE

BEST PART OF RAM FOOTBALL:
TWO-A-DAYS

WHO INSPIRES ME:
FEMI IJAWARE

FAVORITE SPORTS MOVIE:
THE BLINDSIDE

FAVORITE NFL PLAYER:
NAJEE HARRIS

PHILLIPS

MATTEO



CLASS OF 2025
YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:
MISSION BBQ

HYPE SONG:
DREAMS & NIGHTMARES

FAVORITE OPPONENT:
CUMBERLAND VALLEY BECAUSE THE GAME FEELS SO INTENSE

FAVORITE PART OF 2-A-DAYS:
NAPS & LUNCH

BEST ADVICE FROM A COACH:
"PUT PEANUT BUTTER ON EVERYTHING" - COACH DOC

BEST PART OF RAM FOOTBALL:
MY TEAMMATES

WHO INSPIRES ME:
COACH DUTT- BECAUSE HE SHOWS UP EVERYDAY & PUTS
IN THE WORK

FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS

FAVORITE NFL PLAYER:
DANIEL JONES

PELLEGRINI



STEVEN



CLASS OF 2026

YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:

SANDWICH

HYPE SONG:

DJOR- POP SMOKE

FAVORITE OPPONENT:

CD EAST BECAUSE THEY ARE A RIVAL

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

FORGET ABOUT THE LAST PLAY & FOCUS ON THE NEXT

BEST PART OF RAM FOOTBALL:

THE SPIRIT

WHO INSPIRES ME:

COACH HECKMAN BECAUSE HE ALWAYS GAVE ME A CHANCE TO PROVE MYSELF

FAVORITE SPORTS MOVIE:

AMERICAN UNDERDOG


FAVORITE NFL PLAYER:

CAM HEYWARD

PATEREKAS




AIDYN




CLASS OF 2026
YEARS PLAYING : 5
FAVORITE PRE-GAME MEAL /SNACK:
SPAGHETTI
HYPE SONG:
SURROUND SOUND
FAVORITE OPPONENT:
CENTRAL YORK BECAUSE I KNOW PEOPLE WHO GO THERE
FAVORITE PART OF 2-A-DAYS:
BEST ADVICE FROM A COACH:
RESULTS ONLY HAPPEN IF YOU PUT THE WORK IN
BEST PART OF RAM FOOTBALL:
TEAM CULTURE AND THE PEOPLE
WHO INSPIRES ME:
TOM BRADY
FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS
FAVORITE NFL PLAYER:
CJ STROUD & MAC JONES

OLIVER



KAIDEN



CLASS OF 2024

YEARS PLAYING : 12

FAVORITE PRE-GAME MEAL /SNACK:
GRANOLA

HYPE SONG:
ADONIS INTERLUDE- CREED 3

FAVORITE OPPONENT:
CD EAST- I LIKE THE COMPETITIVE ATMOSPHERE

FAVORITE PART OF 2-A-DAYS:
TAKING NAPS AFTER THE 1ST PRACTICE

BEST ADVICE FROM A COACH:
FACE ADVERSITY HEAD ON

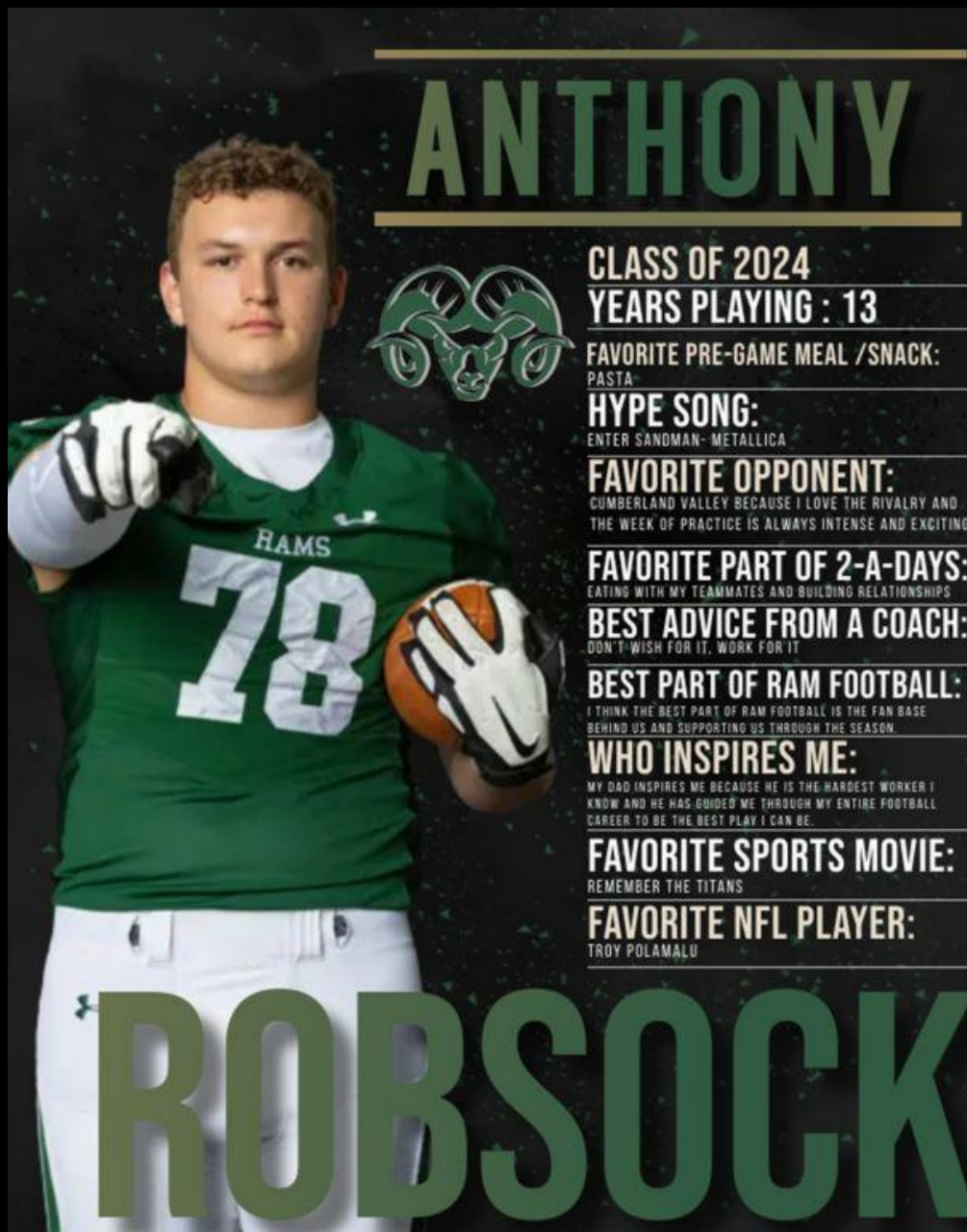
BEST PART OF RAM FOOTBALL:
THE COACHES

WHO INSPIRES ME:
ALL THE FOOTBALL COACHES BECAUSE THEY SHOW WHAT IT MEANS TO BE A BETTER PERSON

FAVORITE SPORTS MOVIE:
HUSTLE

FAVORITE NFL PLAYER:
TYREEK HILL

PALMER



ANTHONY



CLASS OF 2024

YEARS PLAYING : 13

FAVORITE PRE-GAME MEAL /SNACK:

PASTA

HYPE SONG:

ENTER SANDMAN- METALLICA

FAVORITE OPPONENT:

CUMBERLAND VALLEY BECAUSE I LOVE THE RIVALRY AND THE WEEK OF PRACTICE IS ALWAYS INTENSE AND EXCITING.

FAVORITE PART OF 2-A-DAYS:

EATING WITH MY TEAMMATES AND BUILDING RELATIONSHIPS

BEST ADVICE FROM A COACH:

DON'T WISH FOR IT, WORK FOR IT

BEST PART OF RAM FOOTBALL:

I THINK THE BEST PART OF RAM FOOTBALL IS THE FAN BASE BEHIND US AND SUPPORTING US THROUGH THE SEASON

WHO INSPIRES ME:

MY DAD INSPIRES ME BECAUSE HE IS THE HARDEST WORKER I KNOW AND HE HAS GUIDED ME THROUGH MY ENTIRE FOOTBALL CAREER TO BE THE BEST PLAY I CAN BE.

FAVORITE SPORTS MOVIE:

REMEMBER THE TITANS

FAVORITE NFL PLAYER:

TROY POLAMALU

ROB SOCK

RASHAAD



CLASS OF 2026

YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:

NUTTER BUTTER

HYPE SONG:

NBAYOUNGBOAT

FAVORITE OPPONENT:

EAST

FAVORITE PART OF 2-A-DAYS:

THE TIME TO PRACTICE

BEST ADVICE FROM A COACH:

BEST PART OF RAM FOOTBALL:

THE TEAM

WHO INSPIRES ME:

MY OLDER BROTHER

FAVORITE SPORTS MOVIE:

THE GAMEPLAN

FAVORITE NFL PLAYER:

DERRICK HENRY

POUNCY



TAG



CLASS OF 2025
YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

GATORADE PROTEIN BAR

HYPE SONG:

DOOMSDAY

FAVORITE OPPONENT:

CUMBERLAND VALLEY SINCE THEY ARE OUR RIVAL

FAVORITE PART OF 2-A-DAYS:

THE FOOD

BEST ADVICE FROM A COACH:

COMPETE EVERY DAY

BEST PART OF RAM FOOTBALL:

TEAMMATES

WHO INSPIRES ME:

MY TEAMMATES BECAUSE THEY KEEP PUSHING ME EVEN WHEN IT'S HARD

FAVORITE SPORTS MOVIE:

THE LONGEST YARD

FAVORITE NFL PLAYER:

JALEN RAMSEY

SALVAGGIO





KEYRON



CLASS OF 2024
YEARS PLAYING :13

FAVORITE PRE-GAME MEAL /SNACK:
CHICK-FIL-A

HYPE SONG:
FANETO- CHIEF KEEF

FAVORITE OPPONENT:
CUMBERLAND VALLEY, BECAUSE BOTH SCHOOLS HATE EACH OTHER SO THE GAME ALWAYS PACKED.

FAVORITE PART OF 2-A-DAYS:
SLEEPING

BEST ADVICE FROM A COACH:
YOU CAN BE ONE OF THE BEST TO EVER DO IT AT YOUR POSITION IN THIS PROGRAM, YOU ARE SPECIAL.

BEST PART OF RAM FOOTBALL:
BEING TOGETHER WITH THE GUYS.

WHO INSPIRES ME:
MY MOM BECAUSE SHE SACRIFICED A LOT FOR ME TO GO TO THIS GOOD SCHOOL, AND TEACHES ME HOW TO BE A WONDERFUL YOUNG INTELLIGENT MAN.

FAVORITE SPORTS MOVIE:
THE BLIND SIDE

FAVORITE NFL PLAYER:
KYLER MURRAY

PLUMMER



KOLTON



CLASS OF 2026

YEARS PLAYING :10

FAVORITE PRE-GAME MEAL /SNACK:

CHICK-FIL-A & RED BULL

HYPE SONG:

ENTER SANDMAN- METALLICA

FAVORITE OPPONENT:

HARRISBURG- THE HARDER WE PLAY THEM- THEY
BEGIN TO BREAKDOWN & FIGHT WITHIN THEMSELVES.

FAVORITE PART OF 2-A-DAYS:

FOOD

BEST ADVICE FROM A COACH:

"BE THE HAMMER AND NOT THE NAIL"- COACH BUSHY

BEST PART OF RAM FOOTBALL:

THE CULTURE, THE FACTORY

WHO INSPIRES ME:

MY MOM & DAD BECAUSE THEY SUPPORT ME IN
WHATEVER I DO & OUR MY BIGGEST FANS.

FAVORITE SPORTS MOVIE:

REMEMBER THE TITANS

FAVORITE NFL PLAYER:

JASON KELCE

SHEELER

ANDREW



CLASS OF 2026

YEARS PLAYING : 4

FAVORITE PRE-GAME MEAL /SNACK:

PIZZA

HYPE SONG:

DREAM & NIGHTMARES

FAVORITE OPPONENT:

CUMBERLAND VALLEY- BECAUSE IT IS ALWAYS A GOOD CHALLENGE & THEY HAVE AN AWESOME STADIUM

FAVORITE PART OF 2-A-DAYS:

FOOD

BEST ADVICE FROM A COACH:

STAY LOW & ATTACK HALF A MAN

BEST PART OF RAM FOOTBALL:

COMMUNITY CONNECTIONS

WHO INSPIRES ME:

DAVID GOGGINS BECAUSE BECAUSE HE IS ONE OF THE MOST DISCIPLINED MEN IN THE WORLD

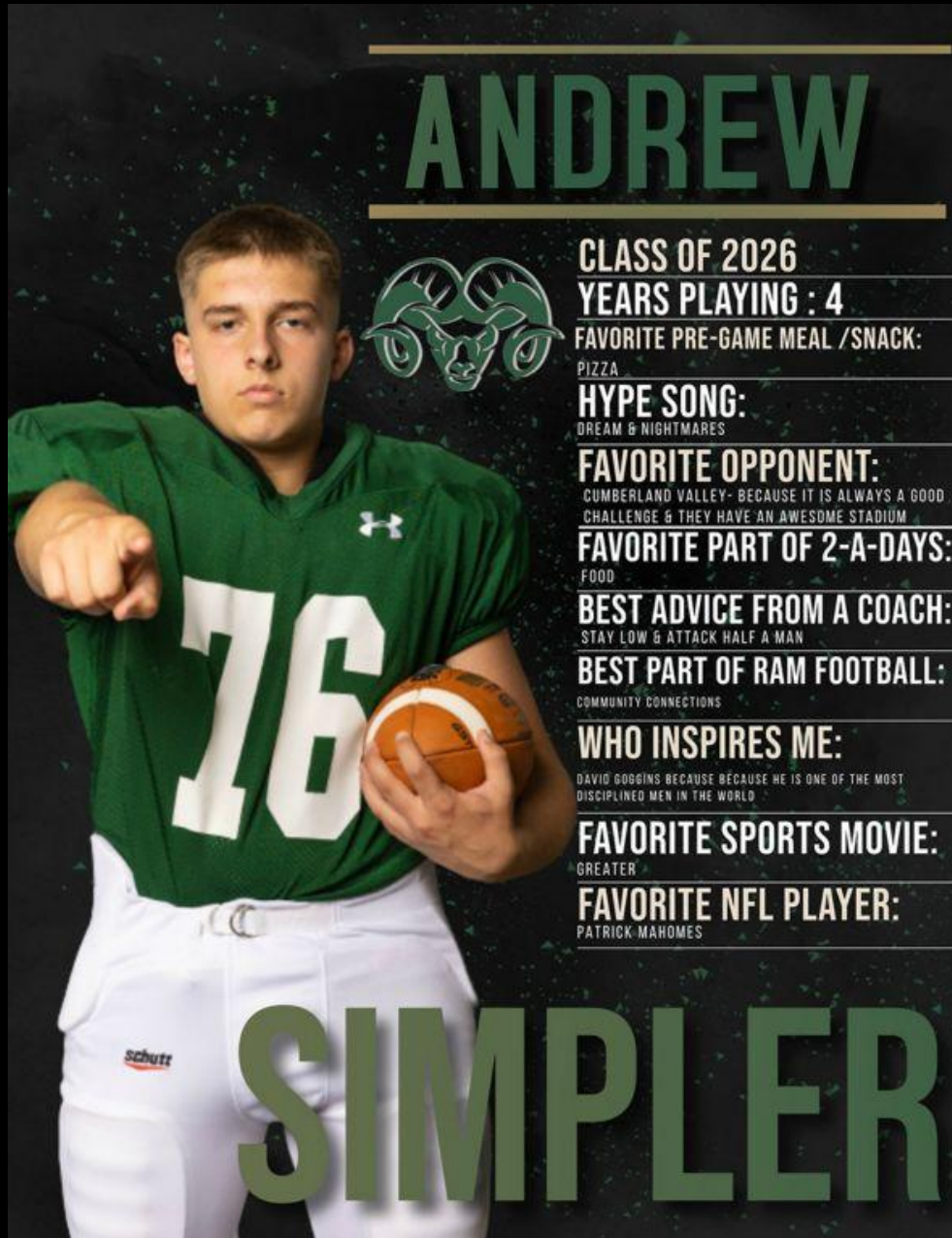
FAVORITE SPORTS MOVIE:

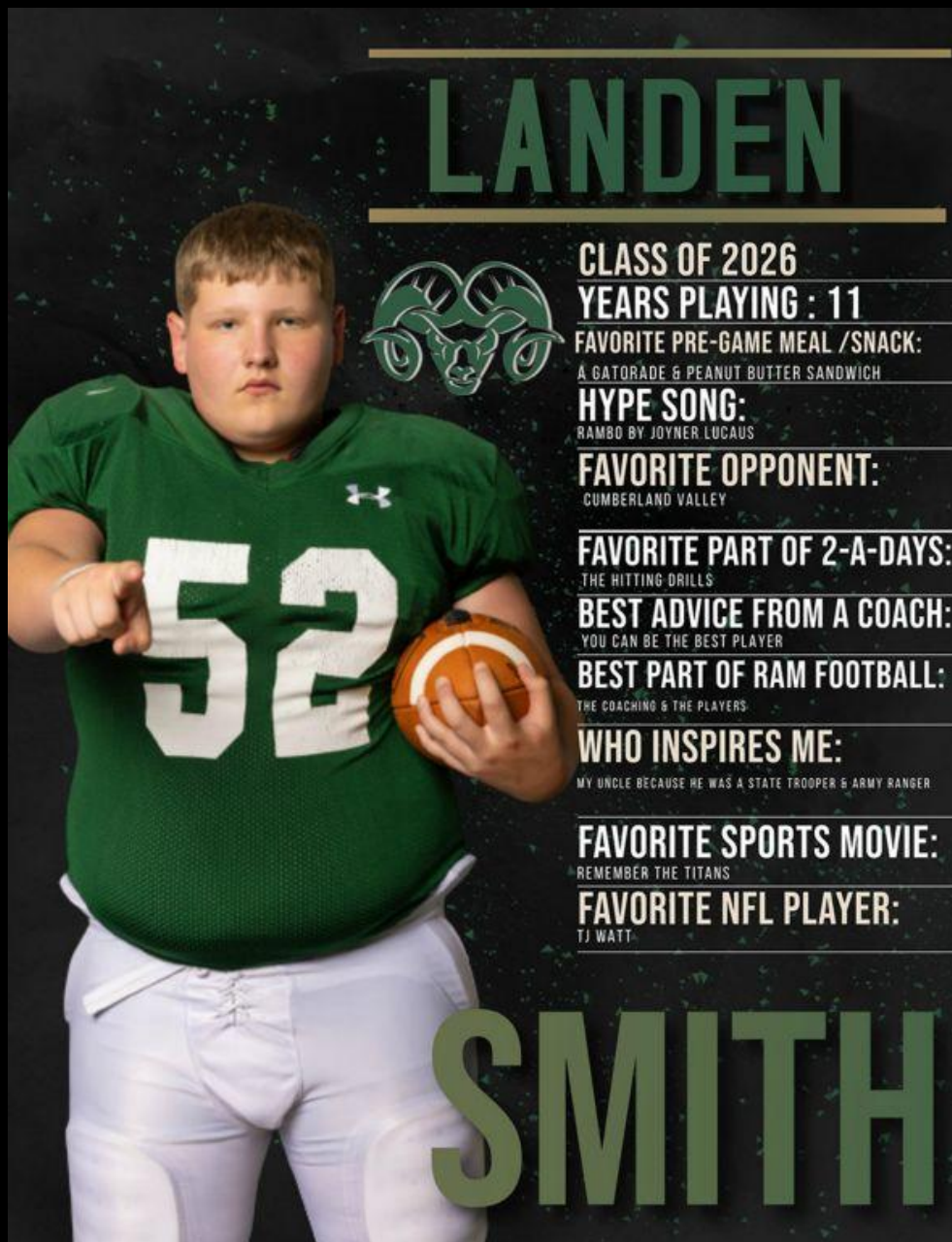
GREATER

FAVORITE NFL PLAYER:

PATRICK MAHOMES

SIMPLER





LANDEN



CLASS OF 2026

YEARS PLAYING : 11

FAVORITE PRE-GAME MEAL /SNACK:

A GATORADE & PEANUT BUTTER SANDWICH

HYPE SONG:

RAMBO BY JOYNER LUCAUS

FAVORITE OPPONENT:

CUMBERLAND VALLEY

FAVORITE PART OF 2-A-DAYS:

THE HITTING DRILLS

BEST ADVICE FROM A COACH:

YOU CAN BE THE BEST PLAYER

BEST PART OF RAM FOOTBALL:

THE COACHING & THE PLAYERS

WHO INSPIRES ME:

MY UNCLE BECAUSE HE WAS A STATE TROOPER & ARMY RANGER

FAVORITE SPORTS MOVIE:

REMEMBER THE TITANS

FAVORITE NFL PLAYER:

TJ WATT

SMITH

VAZON



CLASS OF 2026

YEARS PLAYING : 1

FAVORITE PRE-GAME MEAL /SNACK:

COOKIES

HYPE SONG:

GREEN DOT- NBA YOUNGBOY

FAVORITE OPPONENT:

FAVORITE PART OF 2-A-DAYS:

BEST ADVICE FROM A COACH:

WORK HARDER

BEST PART OF RAM FOOTBALL:

SPEED'S PLACE

WHO INSPIRES ME:

JOEY BASS- HE'S A GOOD PLAYER

FAVORITE SPORTS MOVIE:

GRIDIRON GANG

FAVORITE NFL PLAYER:

CALIJAH KANCEY

STEWART

ZACKARY



CLASS OF 2024

YEARS PLAYING : 12

FAVORITE PRE-GAME MEAL /SNACK:

MISSION BBQ

HYPE SONG:

DREAMS & NIGHTMARES

FAVORITE OPPONENT:

EAST

FAVORITE PART OF 2-A-DAYS:

PRACTICE

BEST ADVICE FROM A COACH:

NEVER GIVE UP & KEEP WORKING HARD

BEST PART OF RAM FOOTBALL:

FAMILY

WHO INSPIRES ME:

MICAH PARSONS- HE'S A HARD WORKER


FAVORITE SPORTS MOVIE:

REMEMBER THE TITANS


FAVORITE NFL PLAYER:

MICAH PARSONS

TEMPLE



XANDER



CLASS OF 2024
YEARS PLAYING :10
FAVORITE PRE-GAME MEAL /SNACK:
PRETZEL MGMS
HYPE SONG:
GHETTO GODS
FAVORITE OPPONENT:
CUMBERLAND VALLEY. THEY ARE ALWAYS COMPETITIVE.
FAVORITE PART OF 2-A-DAYS:
LUNCH
BEST ADVICE FROM A COACH:
ALL THIS IS BIGGER THAN YOU. YOU ARE NOT PLAYING FOR YOURSELF.
BEST PART OF RAM FOOTBALL:
CULTURE
WHO INSPIRES ME:
MY FATHER. EVERYTHING I DO HE PUSHES ME TO BE THE BEST.
FAVORITE SPORTS MOVIE:
DRAFT DAY
FAVORITE NFL PLAYER:
BO JACKSON & TJ WATT

TOLAND

DONYEH



CLASS OF 2027

YEARS PLAYING : 8

FAVORITE PRE-GAME MEAL /SNACK:

CHICKEN WINGS

HYPE SONG:

FIRST DAY OUT- TEE GRISLEY

FAVORITE OPPONENT:

CD EAST

FAVORITE PART OF 2-A-DAYS:

NAPS

BEST ADVICE FROM A COACH:

PUT YOUR ALL ON THE FIELD- COACH JEFF EASON

BEST PART OF RAM FOOTBALL:

MY TEAMMATES

WHO INSPIRES ME:

CAM HEYWARD- WE PLAY THE SAME POSITION & HE IS A BEAST

FAVORITE SPORTS MOVIE:

THE BLIND SIDE

FAVORITE NFL PLAYER:

CAM HEYWARD & TJ WATT

WINSTON

PEYTON



CLASS OF 2026

YEARS PLAYING : 5

FAVORITE PRE-GAME MEAL /SNACK:

SANDWICHES & GRANOLA BARS

HYPE SONG:

WANTS & NEEDS BY DRAKE

FAVORITE OPPONENT:

CUMBERLAND VALLEY BECAUSE I NEVER LIKED PLAYING THEM

FAVORITE PART OF 2-A-DAYS:

SLEEPING & FREE TIME

BEST ADVICE FROM A COACH:

TO NEVER STOP & THERE WILL ALWAYS BE SOME MOUNTAINS YOU WON'T BE ABLE TO MOVE

BEST PART OF RAM FOOTBALL:

FRIENDSHIPS & LOYALTY

WHO INSPIRES ME:

JETT FRANZ & COOPER KUPP

FAVORITE SPORTS MOVIE:

THE SANDLOT & HUSTLE

FAVORITE NFL PLAYER:

EMMANUEL SANDERS & COOPER KUPP

WYLLIE

TEAGUN



CLASS OF 2026

YEARS PLAYING : 2

FAVORITE PRE-GAME MEAL /SNACK:

PROTEIN BAR

HYPE SONG:

BAD BAD BAD

FAVORITE OPPONENT:

CUMBERLAND VALLEY

FAVORITE PART OF 2-A-DAYS:

HOW HARD THEY ARE

BEST ADVICE FROM A COACH:

TO TRY OUT LOTS OF POSITIONS & LISTEN TO OTHER COACHES ADVICE ON
WHERE TO PLAY

BEST PART OF RAM FOOTBALL:

THE COMMUNITY

WHO INSPIRES ME:

JETT & XANDER

FAVORITE SPORTS MOVIE:

WATER BOY

FAVORITE NFL PLAYER:

JASON KELCE

WESTRICK



MASON



CLASS OF 2026
YEARS PLAYING : 7
FAVORITE PRE-GAME MEAL /SNACK:
PASTA
HYPE SONG:
IDK
FAVORITE OPPONENT:
CV- BECAUSE THERE IS A LOT OF HYPE
FAVORITE PART OF 2-A-DAYS:
MEALS
BEST ADVICE FROM A COACH:
GAIN WEIGHT
BEST PART OF RAM FOOTBALL:
THAT IT'S MORE THAN JUST FOOTBALL
WHO INSPIRES ME:
MY DAD BECAUSE I WANT TO BE SUCCESSFUL LIKE HIM
FAVORITE SPORTS MOVIE:
REMEMBER THE TITANS
FAVORITE NFL PLAYER:
TJ WATT

WYDRA

COLE



CLASS OF 2026

YEARS PLAYING : 5

FAVORITE PRE-GAME MEAL /SNACK:

PIZZA

HYPE SONG:

REAL SIX

FAVORITE OPPONENT:

EAST, THE RIVALRY

FAVORITE PART OF 2-A-DAYS:

SLEEP

BEST ADVICE FROM A COACH:

WORK HARDER

BEST PART OF RAM FOOTBALL:

TEAM ALLIANCE & THE COACHES

WHO INSPIRES ME:

COACH DENNY, HE'S THE HARDEST WORKER I'VE MET & HE HAS TAUGHT ME TO GIVE COMMITMENT & IT WILL COME IN RETUR

FAVORITE SPORTS MOVIE:

THE LONGEST YARD

FAVORITE NFL PLAYER:

RAY LEWIS

ZIMMERMAN