

IRON RAMS

**300 Pound Bench Press
Or
425 Pound Squat
Or
275 Pound Power Clean
(235 lbs in 2009)**

As of December 2017 – 122 (b 75, s 97, c 68)

<u>Name</u>	<u>Lift</u>	<u>Year</u>
Justin Shirk	Squat	2008
Jack Lippert	Bench	2008
Ian Isaac	Squat	2008
Jarrett Brooks	Clean	2009
Robert Brooks	Clean	2009
Paul Coleman	Clean	2009
Matt Heilig	Clean	2009
Shawn Smith	Clean	2009
Kyle Wolfe	Clean	2009
	Squat	2009
Scott Benkovic	Bench	2010
	Clean	2009
		2010
	Squat	2010
Seidu Issah	Bench	2010
	Clean	2009
		2010

	Squat	2009
		2010
Kemji Rajis	Bench	2010
	Clean	2009
		2010
	Squat	2009
		2010
Artie Rowell	Bench	2009
		2010
	Clean	2009
		2010
	Squat	2008
		2009
		2010
Jeremy Seaman	Clean	2009
		2010
	Bench	2010
	Squat	2010
TJ Zimmerman	Bench	2010
	Clean	2009
	Squat	2009
Joe Boyd	Bench	2010
	Clean	2010
	Squat	2010
Jordan Fletcher	Squat	2010
	Bench	2010
Chris Gigliotti	Squat	2010
	Clean	2010
Ja'Kye Holmes	Squat	2010

Matt Kirchner	Bench	2010
	Squat	2010
	Clean	2010
Andrew Zwally	Bench	2010
Adam Hollinger	Bench	2010
		2011
	Squat	2011
	Clean	2011
Nick Gillick	Bench	2010
		2011
	Squat	2011
	Clean	2011
Nate Hamilton	Squat	2011
	Clean	2011
Jesse Myers	Squat	2011
Bobby Schaffer	Bench	2011
Zack Wilk	Bench	2011
	Squat	2011
	Clean	2011
Sam Adams	Squat	2011
Evan Schwan	Clean	2011
Spencer Chisholm	Squat	2012
	Bench	2012
Dietrick Ferster	Bench	2011
	Squat	2011

Mike Ferster	Bench	2011
	Squat	2011
Nate Garland	Squat	2011
		2012
Brian Hoyle	Squat	2011
		2012
	Bench	2012
Nick Green	Squat	2011
	Clean	2012
Zayd Issah	Squat	2011
		2012
	Clean	2011
		2012
Rashawn Johnson	Squat	2011
		2012
Daylin Russo	Bench	2011
		2012
	Clean	2011
		2012
Hunter Stoudt	Squat	2012
	Bench	2011
		2012
Eric Anderson	Squat	2011
		2012

Malachi Holmes	Squat	2011
		2012
		2013
	Bench	2012
		2013
	Clean	2013
Drew Scales	Squat	2012
	Clean	2012
Andrew Burgwin	Squat	2012
Dan Jordan	Bench	2012
		2013
Chimdi Okpara	Squat	2012
		2013
		2014
	Bench	2013
Jordan Bowman		2014
	Clean	2014
	Clean	2014
Jordan Bowman	Bench	2012
	Clean	2012
	Squat	2012
Arthur Lewis	Bench	2012
	Squat	2012
Jimmy Turns	Bench	2012
	Squat	2012
Codie Zimmerman	Bench	2012
		2013
	Squat	2012

	Clean	2013 2012 2013
Ben Mosey	Squat	2012 2013
	Clean	2012 2013
	Bench	2013
Vinnie Kough	Squat	2012
Jake Roesch	Squat	2012
Coty Stewart	Squat	2012
Spencer Joppy	Squat	2012 2013
	Bench	2013
Alex Gensimore	Squat	2012
Nate Dickey	Squat	2013
	Bench	2013
	Clean	2013
Dalton Brill	Bench	2013
	Squat	2013
Gianni Palanzo	Clean	2013
	Squat	2013
Bret Cooney	Clean	2013
	Squat	2013

Josh Salinger	Bench	2013
Shaki Gillespie	Squat	2013
Elijah Robinson	Bench	2013
		2014
	Squat	2013
		2014
	Clean	2013
		2014
Steven McNeal	Bench	2013
		2014
	Squat	2013
		2014
	Clean	2014
Aaron Wolfgang	Squat	2013
Jake Mellott	Squat	2013
		2014
	Bench	2014
JP Marrero	Bench	2013
	Squat	2013
Raleigh Sirb	Squat	2013
		2014
		2015
	Clean	2013
		2014
		2015
	Bench	2014
		2015
Mike Osborn	Squat	2013
		2014

	Bench	2014
Dylan Hobbs	Bench	2014
	Squat	2014
	Clean	2014
Jordan Hatcher	Squat	2014
	Clean	2014
Enrique Armas	Bench	2014
	Squat	2014
Malik Frye	Squat	2014
Zach Hoffman	Bench	2014
	Squat	2014
	Clean	2014
Adam Thornton	Bench	2014
		2015
	Squat	2014
		2015
	Clean	2014
		2015
John Smith	Bench	2014
		2015
	Squat	2014
		2015
	Clean	2014
		2015
Reid Albright	Bench	2014
		2015
	Squat	2014

		2015
	Clean	2015
Eamon Blythe	Bench	2014
		2015
	Squat	2014
		2015
	Clean	2015
Mike Betz	Squat	2014
		2015
	Clean	2014
		2015
Leo Guzman	Bench	2015
	Squat	2014
		2015
Joe Williams	Bench	2015
	Squat	2015
	Clean	2014
		2015
Paul Wakefield	Bench	2014
		2015
	Squat	2015
Steven Veronikis	Bench	2014
		2015
	Clean	2015
Terrell Gabriel	Bench	2015
		2016
	Squat	2014
		2015
		2016
	Clean	2015

		2016
Clayton Tinkham	Bench	2015
		2016
	Squat	2014
		2015
	Clean	2016
		2015
2016		
Logan Gabrielson	Bench	2014
		2015
		2016
	Clean	2015
		2016
Mike Burgwin	Bench	2015
	Squat	2015
	Clean	2015
Rashaun Gabriel	Bench	2015
	Squat	2015
	Clean	2015
AJ Perez	Bench	2015
	Squat	2015
	Clean	2015
David Payton	Squat	2015
	Clean	2015
Thomas Whitcomb	Bench	2015
	Squat	2015
Mitchell Nice	Squat	2015
Chase Rice	Bench	2015

Evan Childs	Bench	2015 2016
Josh Fitz	Bench	2015 2016
	Clean	2016
Micah Parsons	Bench	2016
	Squat	2015 2016
	Clean	2015 2016
Hunter Nielsen	Squat	2015
Chase Flythe	Bench	2016
Sal Garcia	Bench	2016
Jordan Sellers	Bench	2016
	Squat	2016
	Clean	2016
Sam Tillman	Bench	2016
Cole Veliky	Bench	2016
Manus Frank	Squat	2016
	Clean	2016
Colton Nydes	Squat	2016
Dylan O'Neil	Squat	2016
	Clean	2016
Sylas Pope	Squat	2016

Joey Silvers	Squat	2016
		2017
	Clean	2016
		2017
Mitchell Talbott	Squat	2016
		2017
	Clean	2016
		2017
Mike Wise	Squat	2016
		2017
	Bench	2017
Adam Burkhart	Squat	2016
		2017
	Bench	2017
	Clean	2017
Bo Heshler	Bench	2017
	Squat	2017
	Clean	2017
Zach Schmidt	Bench	2017
	Squat	2017
	Clean	2017
Grant Smith	Bench	2017
Jake Yost	Clean	2017
Jaden Baylor	Squat	2017
Harrison Fenstermaker	Bench	2017
	Squat	2017

Mason Griffiths	Squat	2017
	Clean	2017
Carter LaPorte	Clean	2017
Kollin McCullough	Squat	2017
Sam Schmidt	Squat	2017
	Clean	2017
Willy Shuller	Clean	2017
Tysen Spriggs	Bench	2017
Gabe Bollinger	Bench	2017
	Squat	2017
	Clean	2017
