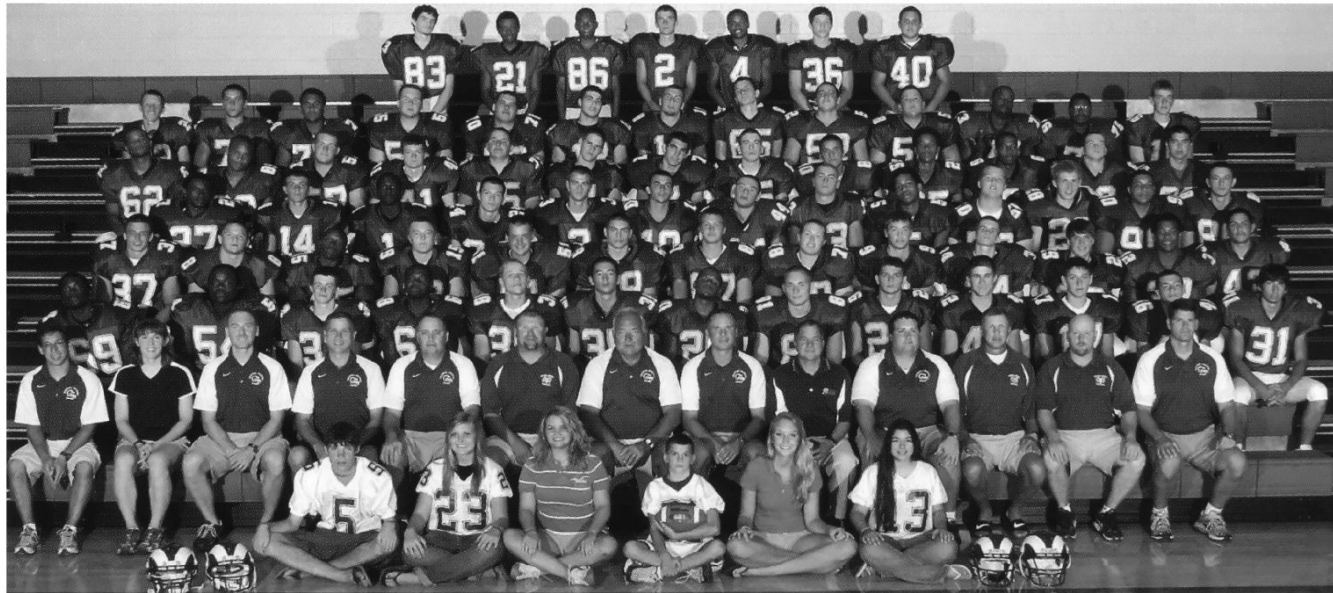


# CENTRAL DAUPHIN FOOTBALL



**2009 - 2010**

# *"Mid-Penn Commonwealth Champions"*



Row 1 (L to R): T. Manning, A. Sherman, K. Kline, P. Petrina, C. Smith, B. Callahan. Row 2: S. Brandes, B. Parrish, C. Kemmlin, Coach Lapkowitz, Coach Fisher, Coach Bushong, Coach Stoner, Coach McNamee, Coach Duttonhoffer, Coach Dougherty, Coach Eck, Coach Rosler, Coach Baer. Row 3: T. Banks, R. Brooks, M. Shannon, F. Porter, A. Hollinger, R. Pichini, T. Lee, J. Fletcher, C. Gigliotti, J. Wolfe, B. Schaffer, D. Cristillo, B. Gonzalez. Row 4: M. Kirchner, A. Ogden, J. Brooks, C. SStoltzfus, S. Yoder, N. Gillick, R. Anderson, L. Reynolds, S. Adams, T. Komykoski, C. Anderson, N. Rajis, A. Sweigard. Row 5: J. Young, B. LaVia, C. Charles, K. Weikel, S. Fakete, M. Simpson, K. Wolf L. Correale, P. Coleman, A. Zwally, K. Karok, S. Graci, J. Myers. Row 6: A. Lewis, T. Gilcrist, J. Boyd, B. Green, A. Szabo, D. Stahlnecker, B. Morris, Z. Wilk, J. Schnaars, Z. Issah, D. Porcher, S. O'Halloran, J. Forsyth. Row 7: Z. Wierman, S. Benkovic, S. Issah, A. Rowell, J. Seaman, R. Nielsen, M. Helig, E. Schwan, S. Smith, T. Zimmerman, E. Rust, J. Porcher, J. Blair. Row 8: J. Grubb, J. Porter, T. Issac, S. Stone, G. Flythe, A. Obayo, A. Parson.



Donated by the  
CDHS Alumni Association



# 2009 ACADEMIC CAPTAINS

BEGINNING IN WEEK THREE OF THE 2009 SEASON, THE COACHING STAFF SELECTED AN ACADEMIC CAPTAIN FOR EACH GAME. SELECTIONS WERE BASED ON NOMINATIONS FROM TEACHERS. TEACHERS SUBMITTED NOMINATIONS ON THE BASIS OF ACADEMIC PERFORMANCE, LEADERSHIP IN THE CLASSROOM AND IMPROVEMENT.

THE FOLLOWING IS A LIST OF ACADEMIC CAPTAINS AND THE GAME IN WHICH THEY SERVED.

STATE COLLEGE.....BRIAN MORRIS

BISHOP MCDEVITT.....SHAWN SMITH

ALTOONA.....SCOTT BENKOVIC

CARLISLE.....CODY STOLTZFUS

WILLIAMSPORT.....ZACH WIERMAN

CHAMBERSBURG.....KRIS WEIKEL

LOWER DAUPHIN.....KEMJI RAJIS

CUMBERLAND VALLEY.....JOE BOYD

## HONOR ROLL

IN ORDER TO MAKE THE CD FOOTBALL HONOR ROLL.....

A PLAYER MUST ATTAIN A MARKING PERIOD GPA OF 90% OR HIGHER.

OR

HAVE A CUMULATIVE GPA OF 90% OR HIGHER

PLAYERS WHO EARNED A GPA OF 90% OR HIGHER FOR THE 4th  
MARKING PERIOD:

### SENIORS

PAUL COLEMAN  
LEWIS CORREALE  
SEAN FAKETE

### JUNIORS

RICHARD ANDERSON  
JORDAN BAIR  
SCOTT BENKOVIC  
JAMES FORSYTH  
CHRIS GIGLIOTTI  
MATT KIRCHNER  
BRIAN MORRIS  
ADAM OBAYA  
ARTIE ROWELL  
JON SCHNAARS  
AJ SWEIGARD  
ZACH WIERMAN  
TJ ZIMMERMAN

### SOPHOMORES

SAM ADAMS  
JESSE MYERS  
ROWSHAWN PORTER  
JAVON PORTER  
BOBBY SCHAFFER  
ALEX SZABO

### FRESHMEN

MICHAEL AZZATO  
SPENCER CHISHOLM  
JEREMY LARKIN  
DAVID LAUDERMILCH  
BRANDON LAVIA  
ZACHARY PATTON  
JACOB ROESCH  
DAYLIN RUSSO

PLAYERS WHO CURRENTLY HOLD A CUMULATIVE GPA OF 90% OR  
HIGHER:

### SENIORS

PAUL COLEMAN  
LEWIS CORREALE  
SEAN FAKETE  
SHAWN SMITH

### JUNIORS

RICHARD ANDERSON  
JORDAN BAIR  
SCOTT BENKOVIC  
JORDAN FLETCHER  
JAMES FORSYTH  
CHRIS GIGLIOTTI  
MATT KIRCHNER  
BRIAN MORRIS  
ADAM OBAYA  
ARTIE ROWELL  
JON SCHNAARS  
ZACH WIERMAN  
TJ ZIMMERMAN

### SOPHOMORES

SAM ADAMS  
JESSE MYERS  
BOBBY SCHAFFER  
ZACH WILK

### FRESHMEN

MICHAEL AZZATO  
JEREMY LARKIN  
BRANDON LAVIA  
ZACHARY PATTON  
JACOB ROESCH  
DAYLIN RUSSO



## **2009 ACADEMIC CAPTAINS**

**BEGINNING IN WEEK THREE OF THE 2098 SEASON, THE COACHING STAFF SELECTED AN ACADEMIC CAPTAIN FOR EACH GAME. SELECTIONS WERE BASED ON NOMINATIONS FROM TEACHERS. TEACHERS SUBMITTED NOMINATIONS ON THE BASIS OF ACADEMIC PERFORMANCE, LEADERSHIP IN THE CLASSROOM AND IMPROVEMENT.**

**THE FOLLOWING IS A LIST OF ACADEMIC CAPTAINS AND THE GAME IN WHICH THEY SERVED.**

**STATE COLLEGE**

**BRIAN MORRIS**

**BISHOP MCDEVITT**

**SHAWN SMITH**

**ALTOONA**

**SCOTT BENKOVIC**

**CARLISLE**

**CODY STOLTZFUS**

**WILLIAMSPORT**

**ZACH WIERMAN**

**CHAMBERSBURG**

**KRIS WEIKEL**

**LOWER DAUPHIN**

**KEMJI RAJIS**

**CUMBERLAND VALLEY**

**JOE BOYD**

# Honor Roll

In order to make the CD Football honor roll a player must either  
Attain a marking period GPA of 90% or higher  
or  
Have a cumulative GPA of 90% or higher

## Players who have earned a 90% or higher GPA in the 3rd marking period

### Seniors

JARRETT BROOKS  
PAUL COLEMAN  
LEWIS CORREALE  
RYAN NIELSEN  
SEAN FAKETE

### Juniors

RICHARD ANDERSON  
JORDAN BAIR  
SCOTT BENKOVIC  
JOE BOYD  
JAMES FORSYTH  
CHRIS GIGLIOTTI  
MATT KIRCHNER  
BRIAN MORRIS  
ADAM OBAYA  
ARTIE ROWELL  
JON SCHNAARS  
ZACH WIEMAN  
TJ ZIMMERMAN

### Sophomores

SAM ADAMS  
NICK GILICK  
JESSE MYERS  
ROWSHAWN PORTER  
JAVON PORTER  
BOBBY SCHAFFER  
ALEX SZABO  
ZACH WILK  
CHAD ANDERSON

### Freshman

MICHAEL AZZATO  
SPENCER CHISHOLM  
DIETRIK FIRSTER  
VINCENT KOUGH  
JEREMY LARKIN  
DAVID LAUDERMILCH  
ZACHARY PATTON

## Players who currently hold a cumulative GPA of 90% or higher

### Seniors

PAUL COLEMAN  
LEWIS CORREALE  
SEAN FAKETE  
SHAWN SMITH

### Juniors

RICHARD ANDERSON  
JORDAN BAIR  
SCOTT BENKOVIC  
JORDAN FLETCHER  
JAMES FORSYTH  
CHRIS GIGLIOTTI  
MATT KIRCHNER  
BRIAN MORRIS  
ADAM OBAYA  
ROBERT PICHINI  
ARTIE ROWELL  
JON SCHNAARS  
ZACH WIEMAN  
TJ ZIMMERMAN

### Sophomores

SAM ADAMS  
JESSE MYERS  
BOBBY SCHAFFER  
ZACH WILK

### Freshman

MICHAEL AZZATO  
JEREMY LARKIN  
BRANDON LAVIA  
ZACHARY PATTON  
JACOB ROESCH  
DAYLIN RUSSO

# ***CENTRAL DAUPHIN RAMS FOOTBALL***

## ***SENIORS GOING TO COLLEGE***

### **PLANNING ON CONTINUING THEIR FOOTBALL CAREER**

<b><u>NAME</u></b>	<b><u>SCHOOL</u></b>
<b>MATT HEILIG</b>	<b>UMASS</b>
<b>PAUL COLEMAN</b>	<b>LAFAYETTE</b>
<b>SHAWN SMITH</b>	<b>BLOOMSBURG</b>
<b>KYLE WOLFE</b>	<b>MILLERSVILLE</b>
<b>MARCUS SIMPSON</b>	<b>EAST STROUDSBURG</b>
<b>COLTON CHARLES</b>	<b>LACKAWANNA</b>
<b>JERRETT BROOKS</b>	<b>LOCK HAVEN</b>
<b>SEAN FAKETE</b>	<b>LEBANON VALLEY</b>
<b>RYAN NIELSEN</b>	<b>MILLERSVILLE</b>
<b>LEWIS CORREALE</b>	<b>DUQUESNE</b>
<b>KRIS WEIKEL</b>	<b>MILLERSVILLT</b>
<b>ROBERT BROOKS</b>	<b>CHEYNEY</b>

### **NOT PLANNING ON CONTINUING THEIR FOOTBALL CAREER**

<b>SAM STONE</b>	<b>DREXEL</b>
<b>DONALD STAHLNECKER</b>	<b>PENN STATE ALTOONA</b>
<b>GARY FLYTHE</b>	<b>SHIPPENSBURG</b>
<b>JUSTIN WOLFE</b>	<b>HACC</b>
<b>CODY STOLTZFUS</b>	<b>PENN STATE ALTOONA</b>



# Rams Playing In College

Mark Mackey	Deleware	2005
Jarred Haas	Kutztown	2005
Todd Gilcrist	Pitt	2006
Vince Browning	Bloomsburg	2006
Tim Hook	Lycoming	2006
Derek Day	Penn State	2007
Tom Norman	Rochester	2007
Matt Egenreider	Millersville	2007
Tyler Thomson	Moravian	2008
Anthony Rozzi	Thiel	2008
Jack Lippert	Pitt	2008
Dan Fisher	Bloomsburg	2008
Kyle Jackson	Bloomsburg	2008
Reese Judge	Millersville	2008



# **CENTRAL DAUPHIN RAMS FOOTBALL**

## **TOP COMMUNITY SERVICE HOURS**

### **(CAREER)**

<b><u>NAME</u></b>	<b><u>HOURS</u></b>	<b><u>SENIOR SEASON</u></b>
DAN FISHER	82	2008
TJ ZIMMERMAN	75	2010
KYLE WOLFE	73	2009
DEREK DAY	60	2007
PAUL COLEMAN	59	2009
MATT HEILIG	55.5	2009
TOM NORMAN	55	2007
KRIS WEIKEL	52	2009
ARTIE ROWELL	50	2010
LEWIS CORREALE	48	2009
CHAS EVANS	42	2007
RICKY CIRILO	40	2007
RYAN NIELSEN	39.5	2009
DA'LAIN BEVERLY	38	2007
DONALD STAHLNECKER	36	2009
DYLAN SIMON	34	2007
MARCUS SIMPSON	33.5	2009
JUSTIN SHIRK	32	2008
MATT SNELL	31	2008
SHAWN SMITH	30	2009
TODD GILCRIST	29	2006

**CLASS OF 2010  
WHERE THEY ARE GOING**

**PLANNING ON CONTINUING THEIR FOOTBALL CAREER**

<b><u>NAME</u></b>	<b><u>SCHOOL</u></b>
Matt Heilig	UMass
Paul Coleman	Lafayette
Shawn Smith	Bloomsburg
Kyle Wolfe	Millersville
Marcus Simpson	East Stroudsburg
Colton Charles	Lackawanna
Jarrett Brooks	Lock Haven
Sean Fakete	Lebanon Valley
Ryan Nielsen	Millersville
Lewis Correale	Duquesne
Kris Weikel	Millersville
Robert Brooks	Cheyney

**NOT PLANNING ON CONTINUING THEIR FOOTBALL CAREER**

<b><u>NAME</u></b>	<b><u>SCHOOL</u></b>
Sam Stone	Drexel
Donald Stahlnecker	Penn State Altoona
Gary Flythe	Shippensburg
Justin Wolfe	HACC
Cody Stoltzfus	Penn State Altoona



# RAMS PLAYING IN COLLEGE

<u>NAME</u>	<u>SCHOOL</u>	<u>SENIOR SEASON</u>
Mark Mackey	Delaware	2005
Jarred Haas	Kutztown	2005
Todd Gilcrist	Pitt	2006
Vince Browning	Bloomsburg	2006
Tim Hook	Lycoming	2006
Derek Day	Penn State	2007
Tom Norman	Rochester	2007
Matt Egenreider	Millersville	2007
Jack Lippert	Pitt	2008
Dan Fisher	Bloomsburg	2008
Kyle Jackson	Bloomsburg	2008
Rees Judge	Millersville	2008
Chas Evans	Widener	2008
Ian Isaac	Geneva	2008

Matt Heilig	UMass	2009
Paul Coleman	Lafayette	2009
Shawn Smith	Bloomsburg	2009
Kyle Wolfe	Millersville	2009
Marcus Simpson	East Stroudsburg	2009
Jarrett Brooks	Lock Haven	2009
Sean Fakete	Lebanon Valley	2009
Robert Brooks*	Cheyney	2009
Lewis Correale*	Duquesne	2009
Tony Rozzi	Theil College	2009
Tyler Thompson	Moravian	2009


- Still not a final decision
  - IA – 3, IAA – 1, II – 6, III - 4

# **CENTRAL DAUPHIN RAMS FOOTBALL**


## **TOP 10 COMMUNITY SERVICE HOURS (CAREER)**

	<b><u>NAME</u></b>	<b><u>HOURS</u></b>	<b><u>SENIOR SEASON</u></b>
1.	DAN FISHER	82	2008
2.	TJ ZIMMERMAN	75	2010
3.	KYLE WOLFE	73	2009
4.	DEREK DAY	60	2007
5.	PAUL COLEMAN	59	2009
6.	MATT HEILIG	55.5	2009
7.	TOM NORMAN	55	2007
8.	KRIS WEIKEL	52	2009
9.	ARTIE ROWELL	50	2010
10.	LEWIS CORREALE	48	2009





<b>CHAS EVANS</b>	<b>42</b>	<b>2007</b>
<b>RICKY CIRILO</b>	<b>40</b>	<b>2007</b>
<b>RYAN NIELSEN</b>	<b>39.5</b>	<b>2009</b>
<b>DA'LAIN BEVERLY</b>	<b>38</b>	<b>2007</b>
<b>DONALD STAHLNECKER</b>	<b>36</b>	<b>2009</b>
<b>DYLAN SIMON</b>	<b>34</b>	<b>2007</b>
<b>MARCUS SIMPSON</b>	<b>33.5</b>	<b>2009</b>
<b>JUSTIN SHIRK</b>	<b>32</b>	<b>2008</b>
<b>MATT SNELL</b>	<b>31</b>	<b>2008</b>
<b>SHAWN SMITH</b>	<b>30</b>	<b>2009</b>
<b>TODD GILCRIST</b>	<b>29</b>	<b>2006</b>





### **Community Connections Reaches Two Milestones in 2009!**

---

Our Community Connections Program was launched in the spring of 2006 with hopes that it would grow over time. And it has! When 2009 ended, we had at least one football player involved in 102 events since its inception. And in those events our players collectively logged 2,075 hours of community service! Congratulations to everyone who helped us reach these milestones. And Thank You!



### **Patriot News All-Stars**

---

Congratulations to the following students for being named all-stars in the perspective sports by the Patriot News: Melissa Dorsey (Volleyball), Sean Fakete (Football), Eric McGinnis (Soccer), Ed Schrom (Cross Country), Marcus Simpson (Football), and Harry Snyder (Soccer).



Work Horse of the Year





ARTIE ROWELL

Lineman of the Year



**Offensive Scout Team Player of the Year**

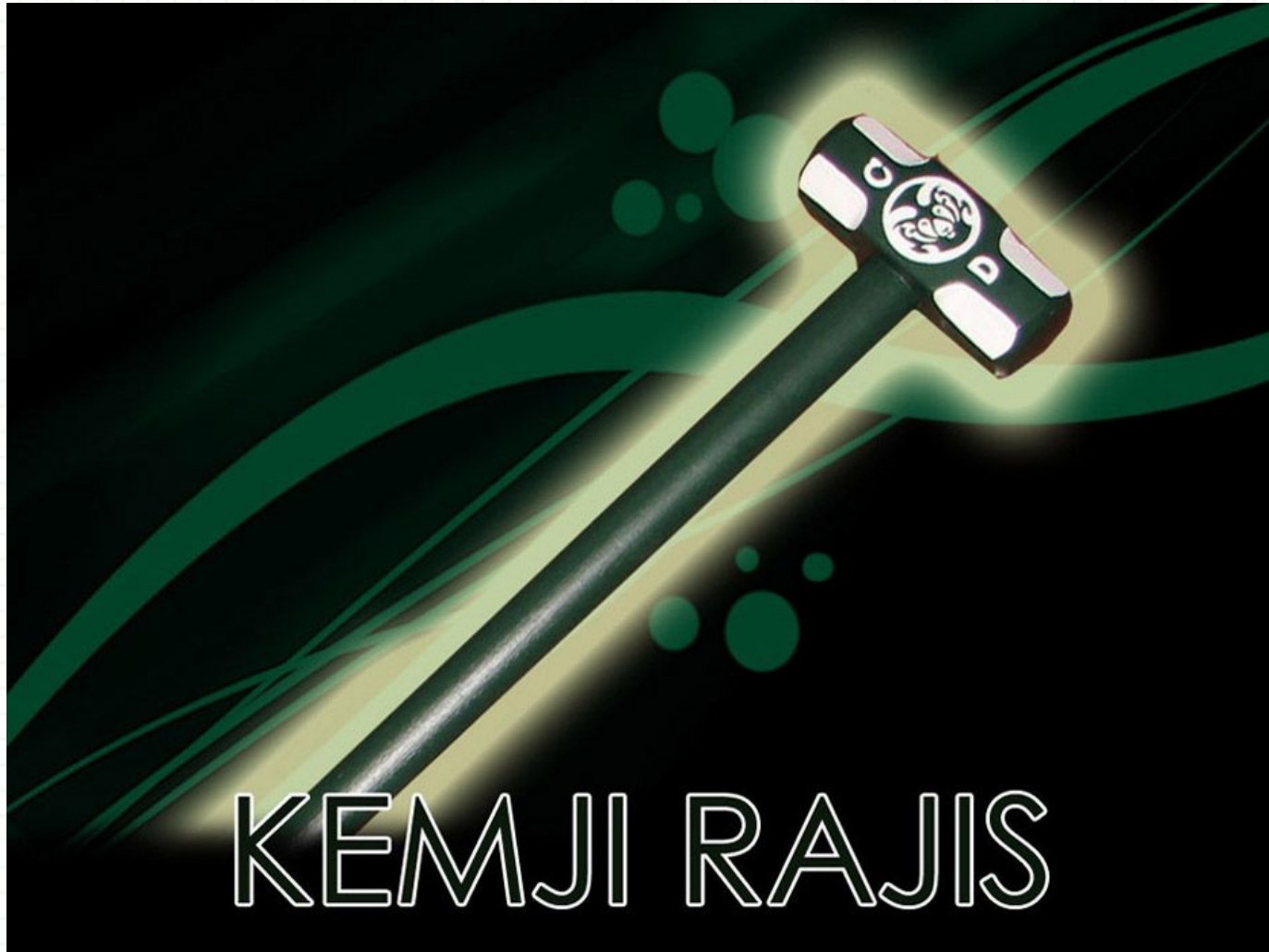


**Defensive Scout Team Player of the Year**





**Special Teams Player of the Year**



Hammer Award

# RYAN NIELSEN



2009 CENTRAL DAUPHIN RAMS



Speed Ebersole  
RAM OF THE YEAR  
"Best Ahead of Me"

# LEWIS CORREALE

Ram Award



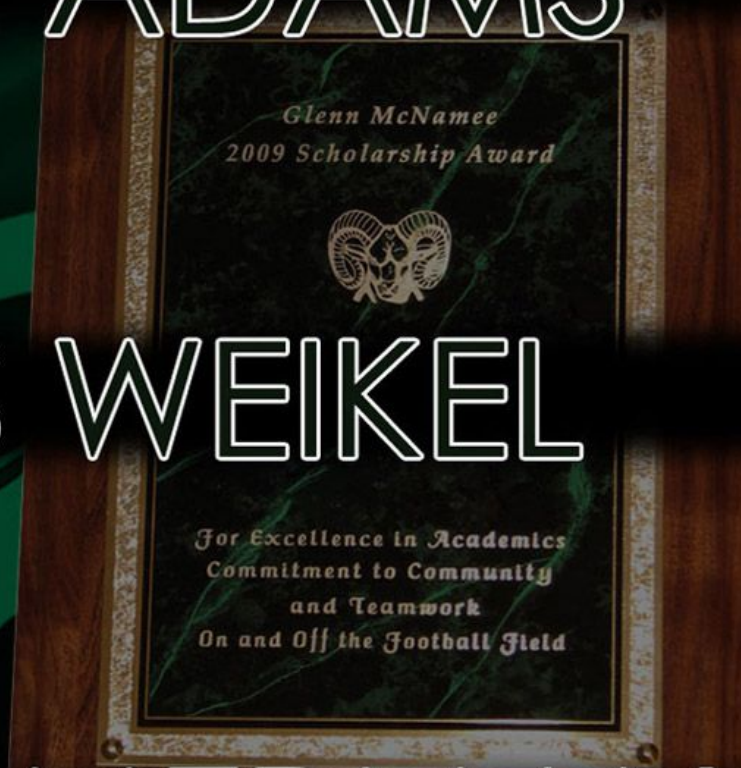


JV Ram of the Year

SAM ADAMS

KRIS WEIKEL

TJ ZIMMERMAN



Glenn McNamee 2009 Scholarship Award

## Glen McNamee Scholarship

During the past two years, the Rams Club has awarded the Glen McNamee Scholarship to a deserving sophomore, junior and senior. While I try to explain each year how we arrive at the winners, it sometimes gets lost in translation and the excitement of the evening. This is important and hits right at the heart of what this program and this family is all about. So indulge me if you will, while I present the scholarship's background and process once again in the form of a FAQ. [I've always wanted to do an FAQ!]

How did the scholarship come about? Well, read the mission statement above. Now, as this mission statement has been turned into action and results, it's clear this coach has a plan and a vision we can align with as parents. He's sincere. And, some parents got together and said, "That's cool". No really, they said, "That's cool". These parents donated money to set up the scholarship in Glen's name to enable the march toward the vision. The premise that "it's more than just football" resonates through our club and the scholarship has been created to recognize this amazing approach to high school sports.

This scholarship is about a player's commitment and effort and results.

Who can win the scholarship? We provide one \$500 scholarship to a deserving sophomore, junior, and senior player each year.

Why not award a freshman scholarship? High school sports are tough. And the demands of a person's time and focus are critical to be successful. Add to that our commitment to excellence in ALL areas of contribution and service, and some will make different decisions. That's ok; not everyone can be a Marine either. Freshman year is the one many students figure this out, and some decide it's not their cup of tea. That's ok too. With the typical number of freshman making different decisions for their sporting lives, we believe it's right to focus on those that stay with football.

What are the requirements to win the scholarship? There is a formula that was established that includes: grades, community service, leadership, discipline and attendance. The formula and process to reach the final recipients is objective in 95% of its measure. Grades = GPA. Community Service = Hours. Discipline issues = yes or no. Attendance = days or school/practice missed. And, leadership = who stands out among his peers. Leadership is the ONLY subjective measure; all others are math.

The data is entered into a spreadsheet and calculated. NO ONE knows who wins the scholarship before the banquet except: Me, the person working with the trophy dude, and the trophy dude.

When is the scholarship provided? The funds are held by the Rams Club until the student's senior year at which time a check is presented at the banquet.

What happens if a player stops playing football? If a player leaves the team mid-season, he is not eligible that year. If a prior winner leaves football any time after that winning year, the scholarship is held until their senior year. I think that covers all the main points. If you have some questions, please write and let me know.

I'll also take the opportunity now to congratulate again this year's recipients; Sam Adams, TJ Zimmerman, and Kris Weikel!!



## Walk for the Cure

Dear Rams Family, Sunday,

October 18th Walk for a Cure was a huge success! We actually had a sunny day. The team, CDJD FRONTLINE raised \$1114. We are so grateful for all the support. A big THANK YOU to all!

The team walkers that day were; Coach Rosler, TJ Zimmerman, Artie Rowell, Jeremy Seaman, Joseph Boyd, Sam Yoder, Sean O'Halloran, Seidu Issah, Scott Benkovic, Alex Stupak, Justin Wolf, Kyle Wolf, Shawn Smith and AJ Sweigart. Lisa Wolf, Morgan Shriener, McKensie Shriener, and Ashley Kindig also joined us for the walk. We did get pictures and we are in the process of getting them together for everyone to see.

Sincerely, Scott, Teresa, Donald, & Alyson Stahlnecker







***Thank you this much!***



THIS CERTIFICATE IS HEREBY AWARDED TO  
***Central Dauphin Football Community  
Connections Program***

IN RECOGNITION OF THEIR GENEROUS DONATION  
TO THE ***2009 HOLIDAY TOY DRIVE***

A handwritten signature in blue ink, reading "Alan R. Garner".

Alan R. Garner  
President/CEO



A handwritten signature in blue ink, reading "Diana Faust".

Diana Faust  
Special Events Coordinator





Harrisburg Office  
2112 Walnut Street  
Harrisburg, PA 17103-2421  
Phone: 717.236.1440  
Fax: 717.236.6930  
Internet: <http://www.voapa.org>

December 2, 2009

Lisa Zimmerman,  
Community Connections Coordinator  
Central Dauphin Football  
437 Piketown Road  
Harrisburg, PA 17112

Dear Lisa,

On behalf of Volunteers of America and all of the families we support during the holiday season, please extend our sincere thanks to Coach Glenn and the entire Central Dauphin Rams organization for their participation in this year's 2009 Toy Drive for Needy Children.

The night was chilly, but your fans, families and followers came out in support of their school, their team and the children. As each toy was dropped into the "Chimney Boxes", it was evident that the word was out about this worthy cause.

I know that a lot of work went on in the back-ground to make this toy drive a success. Many posters, flyers, school announcements and reminders were necessary to have such a successful result, and the students had to set the example through their participation as well. What a great joy they did!

On Christmas morning, I hope that you and your students feel an extra sense of peace and joy knowing that all over the area, children will be waking up to find gifts that would have not been possible without the caring and sharing of YRC, and others organizations like you.

Volunteers of America would like to take this opportunity to extend not only our thanks, but our heartfelt wishes for a safe, happy and blessed holiday season and New Year for you and your families.

Sincerely,

Diana Faust  
Special Events Coordinator



## 2009 CD Rams Football Season

By Steve Straining

See, it's more than just football. It's more than the score at 0:00.

This season I saw a group of young men form a team and if you listen to them for a minute or two, they call it a family. This family came together to surprise everyone at the beginning of the season, take two hard losses, then refocus and rally to win-out. They did it by looking in and seeing the strength in each other. You could hear this in their words and deeds. Every interview they gave to an outside party talked of team, focus, respect and love for each other. The losses? They blamed on themselves and took to heart getting better. Isn't this what we wanted them to learn?

The first CV game the team was picked to lose, but they showed the strength of character and patience and confidence of true winners. The second CV game, they were picked to lose again. There were a dozen points in that game a lesser team would have given up. Not these guys and girls. Every person wearing green that night was on their feet and believed: players, coaches, trainers, managers..... every one of them believed. This belief carried them to within inches of a different outcome. Isn't that what we wanted them to learn?

During the game, mistakes were made and luck didn't seem to go their way at times. Give up? They kept working, harder and harder. Some players who had limited roles earlier in the season rose to the levels they themselves may not have thought possible. They were there when the team needed them as if to say, "Brothers, I got this one." The chain was strained but never broke. Isn't that what we wanted them to learn?

After the game the score said our season was over. I was blessed enough to be there and see it all. I saw the last handshake. I saw the Rams Pride circle and heard the family yell out. I saw the last Alma Mater and salute. The tears flowed. Hugs. They weren't ready for this to end. They reassured each other that the score was their result, not the fault or blame of any one person or side of the ball. The score brought them closer together. The seniors realized their journey was over. The underclassmen picked up the flag and now hold it tightly. This all happened there, on that field Friday night. Isn't that what we wanted them to learn?

So you see, life is a matter of perspective. As a dad, as a believer in Coach's Vision, and as a former Ram, I chose to see Friday night as a win. The only downside that night was the score. In the end, our team, our young family gets it.

And, golly, isn't that what we wanted them to learn?

Halfway through the first quarter a friend of mine showed up a bit late and brought a mess of Cheerleader Cookies he bought at the gate. He offered them to our little group of fans. I said NO! I don't eat cookies during the game; I only eat cookies after we win.

As the clock hit zero we all stood and applauded our team as we should have. We all said our goodbyes and a few of us stayed to complete our journey. It didn't hit me at the time but, Mike left and he took the cookies! In my mind Friday night, this season, was as big a win as I've ever been part of.

"This is one of the toughest thing I've ever had to deal with during my entire high school career," said quarterback Lewis Correale after Friday night's 24 – 21 defeat to Cumberland Valley. "As the season moved on, we became more than just a team, more than just Rams. We became a family, and it's hard to walk away from that, especially when it ends like this."

This could basically sum up the feelings of the entire team Friday night, as not a single dry eye was left as the team came off the field. Young men that were at one minute fighting fiercely and holding on to the hope of a win were the next minute brought to their knees, hugging their teammates and almost refusing to believe that the season could really be over as quickly as this.

"I love them. They are my family," said defensive lineman Robert Brooks as he walked out of the locker room. "I'm never going to forget them for the rest of my life, and that is all I have to say."



After a slow start in the game, Central Dauphin began to rally during the fourth quarter when wide receiver Jon Schnaars made an incredible catch, setting Kyle Wolfe up for a touchdown in the very next play. After that, things really started to turn around for us.

Gary Flythe basically pump faked a guy on Cumberland Valley to fall flat on his back, making the sidelines erupt with laughter. A crowd that spent most of the night shouting our shortcomings began to cheer us on as though they had believed in us the whole time.

As Steve Brandes said, "We got our mojo back!"





Then Jon Schnaars caught a direct pass from Correale in the end zone. Deciding to attempt a two point conversion, Matt Heilig caught another perfect pass from Correale to bring the score to 21 – 24 with 7:52 left.

We weren't winning, but we were close enough to make them nervous.

When CD got the ball back to the 23 yard line with 9 seconds left, we went for a field goal to hopefully tie up the score and take the game into overtime. However, it just wasn't meant to be as the ball missed the field goal by mere inches.

"Cumberland Valley was stunned that we had made it that far," said Brandes. "We were jumping up and down on the sideline, and everything was on our side. The missed field goal was the difference, but Fakeke gave an effort. And I will say right now that that was an incredible effort from him."

"We rallied back, but it wasn't enough," said Brooks.

"It was a great game," said linebacker AJ Sweigard. "I just want to let my team know that I love you guys, and I'm going to play harder for you next year."



Maybe what makes this game so much harder to walk away from than the others is how close it was in the final seconds. Maybe it is because some of these guys may never put on a football uniform again. Maybe – this being more difficult to handle than others – is that the seniors are finally realizing that everything is coming to an end and that this is just the beginning. Or maybe it is the bond that Coach McNamee has worked so hard to form in his teams, and that he has actually instilled more stronger this year than ever before. Either way, the lessons they have learned here will stay with them forever.

"This is one chapter of my life that I am never going to forget," said Correale. "I will always have my boys, and I know that no matter what happens they will always have my back as I will always have theirs. I love them, and it's just been a great experience working with them."

Watching the guys that he has tried to inspire all season long with tears in their eyes, Brandes said, "One thing that I keep looking forward to is that someday, I'll be watching a few of these guys playing football at the college level on television. That is what makes me really proud. I will know that for some short period of time, I was working with these guys and we were all on the same team."



## CD Football News

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The football team ended their quest for the district title in a heartbreaker on Friday night. They pulled to within three points of Cumberland Valley, but were unable to tie the game in the last seconds with a field goal attempt that went wide. Again, we could not be more proud of the season that Coach McNamee, his staff and players put together.



## "Rams for Kids" Toy Drive

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THANK YOU, to all who supported this program. It was a huge Success!

# Playoffs

"A month ago we were completely written off and left for dead," said Coach McNamee at the end of last week's game against Cumberland Valley. "We pulled it together because we believed in ourselves and our teammates. Now, isn't this fun?"

In their first playoff game, the Rams certainly seemed to be having fun as they beat the Spring Grove Rockets 37-13.

"Offensively and defensively we did really well," said defensive end Trei Gilchrist. "Special teams was outstanding, the way we blocked field goals and everything," he added boastfully, referring to the first quarter when he blocked Spring Groves' kicker Reigart from scoring an extra point.



Kyle Wolfe scored within the first few minutes of the game, getting us on the board. After that, Colton Charles scored three consecutive touchdowns, making him the night's highest point earner. However, Tyler Lee ran the most yards that night and even scored the final touchdown for the Rams.

It is arguable that the defense did even better, considering Spring Grove could only score twice the entire night. That being said, the Rockets did score on themselves when a punt snap flew into their own end zone at the beginning of the second quarter.



Before the game was even finished, Steve Brandes said, "I love how the team and the coaches are communicating tonight. It doesn't really surprise me, but their level of respect for one another does impress me."

"This is a very collective and supportive team," he continued. "They have a great team spirit and I'm very proud of how far they have come."

Putting the night's game in perspective of how much farther they have to go in the playoffs, Lewis Correale said, "It's really given us a boost. At the same time, we still have room to get better - we need to get better because next week we are playing a tough team, and the games aren't going to be getting any easier."



On the other hand, Robert Brooks compares the night's game to annihilate peoples' dreams. "At the end of the first half, the score gave them hope. We had to crush their hope of winning the game. After that, it really began to pick up."

As is usually with this team, the game was barely over when their thoughts were turned to next week's game, when they will once again face Cumberland Valley.

"We're still dancing," said Coach McNamee at the end of the game as his team gathered around to listen. "But we have to prepare like champions, because guess who we're facing next week? And they have already started talking about it, too."

However, they do have one last thing to say about the night's game: We balled out. I've tried mentioning to them that this isn't grammatically correct English - or understandable English for that matter - but who really wants to anger a football player after a big game?

# Four Diamonds Bowl

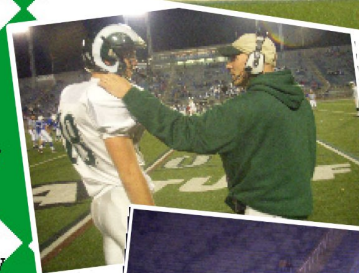
The Four Diamonds Bowl, a football game pitting the top two earning high schools in the area, was held this past Friday. Central Dauphin played Lower Dauphin at Hersheypark Stadium, and throughout the night there were several different opportunities to donate to the fund.

During half time, for example, students from both schools as well as local celebrities were challenged to kick as many field goals as they could in under a minute in Kicks for Four Diamonds. While Lower Dauphin won that game, they weren't so lucky in football. Central Dauphin won with a final score of 31 - 14.

"At halftime, we had a big turn around," explains defensive lineman Robert Brooks. "We stayed confident, came back into the game and stomped on them."

Wide receiver Trei Gilchrist agreed. "We came back with strong momentum. Going into half time we were winning 14 - 7, but we felt that we could have been doing a lot better."

One play that added only added to the energy was made by Kris Weikel late in the fourth quarter. Lower Dauphin had the ball at the 32 yard line. After the quarter back fumbled the ball, Weikel recovered and ran it in for a touch down before the other side even had a chance to realize that the ball had switched possession.







Fakete's performance only serves to make the rest of the team look better, giving them a seamless transition from special teams to offense and defense.

"Our defense held it down, they did what they needed to do. Our offense pushed themselves exactly when it was needed to make the plays," explained linebacker Kemji Rajis. "There really isn't one or two stand out plays of the night because the whole team works so well together.

"We're just a tough team. No one can out-physical us because we are a really physically strong team. That is what gets us through all of our games."

At the end of the night, everyone on the CD side was pleased with their efforts. That, and the fact that the Four Diamonds trophy will be coming back to Central Dauphin until next years game. Until then, they are all just looking forward to and preparing for next week's game against Cumberland Valley

All of that aside, perhaps one of the strongest performances that night came from Sean Fakete, the team's kicker and punter. According to Coach Denny Duttenhoffer, the high school average for the hang time of a football after it has been punted is around 3 -3.5 seconds.

For Fakete, he averages slightly above that with the longest hang time of the night clocking in at 4.1 seconds. "That is college level stuff," said Coach Duttenhoffer.

Other members of the team have taken notice, commenting on his ability while he is on the field. "Sean makes it look easy. He goes out there and kicks like a champion, every time."





#### **Central Dauphin vs. Spring Grove Awards 11-13-2009**

Scout Team Player of the Week: Offense - Alex Parson  
Scout Team Player of the Week: Defense - Ryan Nielsen  
Lineman of the Week - Artie Rowell  
Special Teams Player of the Week - Sean Fakete  
RAM of the Week - Ryan Nielsen  
Hammer Award - Kemji Rajis

#### **Central Dauphin vs. Cumberland Valley Awards 11-6-2009**

Offensive Scout Team Player of the Week: Josh Grubb  
Defensive Scout Team Player of the Week: Robert Brooks  
Lineman of the Week: Joe Boyd  
Special Teams Player of the Week: Jordan Fletcher  
RAM - Zayd Issah Hammer Award - Paul Coleman

#### **Central Dauphin vs. Cumberland Valley Academic Caption 11-6-2009**

Joe Boyd, Junior

#### **Central Dauphin vs. Lower Dauphin Awards 10-30-2009**

Scout Team Offense - Zach Wilk  
Scout Team Defense - Jordan Bair  
Lineman of the Week - Sean O'Halloran  
Special Teams Player of the Week - Sean Fakete  
RAM of the week - Jarrett Brooks  
Hammer Award - Kemji Rajis

#### **Central Dauphin vs. Lower Dauphin Academic Caption 10-30-2009**

Kemji Rajis, Junior

#### **Central Dauphin vs. Chambersburg Awards 10-23-2009**

Scout Team Offensive Player of the Week: Zayd Issah  
Scout Team Defensive Player of the Week: Jesse Myers  
Lineman of the Week: Artie Rowell  
Special Teams Player of the Week: Lewis Correale  
RAM of the Week: Marcus Simpson  
Hammer Award: Artie Rowell

#### **Central Dauphin vs. Chambersburg Academic Caption 10-23-2009**

Kris Weikel, Senior

#### **Central Dauphin vs. Williamsport Awards 10-17-2009**

Offensive Scout Team Player of the Week: Joe Boyd  
Defensive Scout Team Player of the Week: Ryan Nielsen  
Lineman of the Week: Scott Benkovic  
Special Teams Player of the Week: Brian Morris and Jon Schnaars  
RAM of the Week: Jon Schnaars  
Hammer Award: Paul Coleman

#### **Central Dauphin vs. Williamsport Academic Caption 10-17-2009**

Zach Wierman, Junior

#### **Central Dauphin vs. Carlisle Awards 10-9-2009**

Offensive Scout Team Player of the Week - Nate Hamilton, Sophomore  
Defensive Scout Team Player of the Week - Richard Anderson, Junior  
Lineman of the Week - Jeremy Seaman, Junior  
Special Teams Player of the Week - Kickoff Team  
RAM of the Week - Brian Morris, Junior  
Hammer Award - Kemji Rajis, Junior

#### **Central Dauphin vs. Carlisle Academic Caption 10-9-2009**

Cody Stoltzfus, Senior

#### **Central Dauphin vs. Altoona Academic Caption 10-2-2009**

Scott Benkovic, Junior

#### **Central Dauphin vs. Bishop McDevitt Awards 9-25-2009**

Mr. Bob's Subway Offensive Scout Team Player of the Week: Bobby Schaffer  
Mr. Bob's Subway Defensive Scout Team Player of the Week: Trei Gilcrist

#### **Central Dauphin vs. Bishop McDevitt Academic Caption 9-25-2009**

Shawn Smith, Senior

#### **Central Dauphin vs. State College Awards 9-18-2009**

Mr. Bob's Subway Offensive Scout Team Player of the Week: Ryan Nielsen  
Mr. Bob's Subway Defensive Scout Team Player of the Week: Dominic Cristillo  
Christopher's Pizza Lineman of the Week: Shawn Smith and Sean O'Halloran  
Texas Road House Special Teams Player of the Week: Sean Fakete  
RAM (Rest Ahead of Me) of the Week: Andrew Zwally  
Big Hit of the Week – HAMMER Award: Kris Weikel

## **Central Dauphin vs. State College Academic Caption 9-18-2009**

Brian Morris, Junior

## **Central Dauphin vs. Harrisburg Awards 9-12-2009**

Mr. Bob's Subway Offensive Scout Team Player of the Week: Nick Gillick

Mr. Bob's Subway Defensive Scout Team Player of the Week: Brett Green

Christopher's Pizza Lineman of the Week: Shawn Smith

Texas Road House Special Teams Player of the Week: Kris Weikel

RAM (**R**est **A**head of **M**e) of the Week: Ryan Nielsen

Big Hit of the Week – HAMMER Award: Kyle Wolfe

## **Central Dauphin vs. Central Dauphin East Awards 9-04-2009**

Mr. Bob's Subway Offensive Scout Team Player of the Week: Zayd Issah

Christopher's Pizza Lineman of the Week: Artie Rowell

Texas Road House Special Teams Player of the Week: Sean Fakeete

RAM (**R**est **A**head of **M**e) of the Week: Lewis Correale

Big Hit of the Week – HAMMER Award: Kemji Rajis



**JUNIOR**



**ACADEMIC CAPTAIN  
CD VS. WILLIAMSPORT**



**ZACH WIERMAN**



## How to Join the Rams Club

If you build it, they will come.

Yeah, it's a line from a baseball movie, but it's true here too. What we've built - all of us - is one great parent team whose mission is to support our players, coaches, trainers, managers and anyone else who wears the green/white and has "football" and "CD" tattooed somewhere. There's a lot of great stuff going on, and much more to come; just wait! A few parents have written me lately asking how to join the Rams Club and how to get involved in all this stuff. So, I'll respond en masse in case any others are interested too.

First - There is no "club" per se. We don't have a membership roster; there are no dues and stuff like that. There used to be a special handshake and candle ceremony but we lost the directions during one of our outdoor meetings; so we don't do that any more. The club does have officers because we need them for the business we run and to properly earn and spend money. There are eight of us and we are elected each year in February/March. We form committees and teams that report to the officers/board, but which operate with a great deal of autonomy. New ideas are welcome and encouraged. Added to proven methods these ideas yield great results and benefits we pour right back into the program. We enjoy a great deal of credibility and freedom earned through hard work, integrity, giving back, and quite frankly a great love for the kids. Our relationship with the coaches, community and school leadership is second to none.

Second - Before you step up to get involved, you need to understand one key principle of our team: there are no kids allowed. This means we ALL work to benefit the whole program. No one works to the sole benefit of their player, or of their team. It's about the whole and in that context all decisions are based. Step up for the whole and what we are trying to accomplish and support - not because you think there may be a benefit to your son or daughter. This is so important - it frees us up to make better decisions with no hidden agendas, issues, or problems. I believe here as well, it is one of the key principles that make us so strong and effective. We live one-for-all and all-for-one. We don't wear hats with feathers, but you get the point.

So, understanding the above feel free to jump in!

See something going on you like - send an email to a committee leader and ask to help. You'll be welcomed aboard and put to work. After learning more, there will be more you can do. If you know someone who's on board already, call them. Tag along.

There's a lot going on already and it may be hard to "break into line" so to say. Don't be discouraged. Our team has to be ready NOW to deliver the season. You may feel like an outsider at first, but it won't be long before someone hands you the drippy sack and says, "Here, deal with this."

Be ready to work first, then lead later. This is the way it happens a lot. Not always, but a lot. Get your hands dirty and get ready to do more each outing.

If you are willing to do anything - I mean ANYTHING, let us know that too. That doesn't mean you'll be washing socks. Last year two moms volunteered for the first time ever and led the guys to raise over \$4,000 for camp at a local shooting club. Another few moms this year are leading the football pool fundraiser - all by themselves. Some parents last year said, "Hey, we can do pasta dinners too", and freshman pasta meals were born. FIRST TIME EVER!

Lots of opportunities. We need help with 50/50 sales at the home games. See Emil Morris at the gate - an hour's work

before the game starts and the club makes hundreds of dollars. Like to cook hot dogs? We can do that too - AND you get free French fries while you do it. Now that's a benefit we can all get into! We need help selling spirit wear at the games. Get this - a great view of the game, you stay dry, a place right beside the fry guy and ice cream dude. Can't get any better than that, huh? Work the concession stand at a JV or Freshman game - we need help there.

The next step is yours. Look around, send an email or make a call. Answer an email too when the call goes out for help. There are plenty of chances to take up the line and start pulling.

The last thing I'll say is this. You may work too many hours and discover it was more than you thought it would be. There will be people who count on you. There will be 120 young men and women who will say hi and thank you and yes ma'am and yes sir and no ma'am and no sir, more times than you can count. You'll get wet. You'll be hungry and tired at times. The coaches and trainers and managers will look at you with respect and gratitude because they know the value you bring to the team. You'll have too much fun.

All while not worrying about YOUR kid! It's sort of neat that way.

THAT's how you join the Rams Club.

## TRADITION

The handing down of information, beliefs, and customs by word of mouth or by example from one generation to another without written instruction.

Since the team first ran onto a football field 50+ years ago, traditions were born. The band. Cheerleaders. Great fans. Noise. Crowded Friday nights. Since we've moved to the new school, we've lost some of that. There's something to be said for old buildings, worn fields, and creaky doors. And there's something we all feel and know..... when we see it, or experience it. Our traditions are every bit as much of us as the timer on the scoreboard or our routine getting ready to go see a game.

It's time to regain our tradition.

We've taken a huge step this year with Speed's Place, our weight room expansion. More football alumni have come out for this one event than all others combined. We've started an alumni team on the Ram's Club - looking to expand and strengthen those ties. We've met with the band and cheerleading leaders to get closer, do more, support each other more. We've started hanging and decorating and talking about those things that connect us to the 1958 team and every team since then.

Once a Ram, you are part of that team. The past. The present. And the future.

It's time to bring back another tradition.

With the support of the Rams Club, the coaches and leaders, and school leadership we are going to start reliving one of the more energizing traditions we've lost - the team runout. Starting with our FIRST HOME GAME - State College, September 18 - The team will be exiting the locker room before the start of the game and heading SOUTH, instead of north. They will congregate in the midst of the crowds by the southeast corner of the field. When ready, they'll run onto the field, through the band and the cheerleaders to the welcoming crowd! THIS is how it should be. This is how it will be again. THIS is FRIDAY night FOOTBALL!

What we need from ALL of you: Noise, excitement.... and more noise!

What we need from SOME of YOU: We'll work to do some minor crowd control to make the passing of the team a bit easier. Several members of the Rams Club will be there - we'd like a few other parents to join us. We expect to do this a few times until we re-learn the event, and it happens naturally. If you'd like to help, please send Stephen Straining, or Jim Heilig an email and let us know. We'll gather as a small group before the team comes out at the start of the game, and after halftime.

This is pretty cool and should be a neat thing to witness and be part of. So let us know ASAP and we'll make this happen!



# Central Dauphin VS. Harrisburg



"I love to cheer for football," said Sarah Markel at the CD vs. Harrisburg game. "I love the excitement of the game, especially when the team scores touchdowns. The only part I don't like are the push-ups. Last game, we ended up doing 310!"

Unfortunately for the cheerleaders, they were in for another tough game. With the ending score being 41 - 6, they had to around 143 push-ups before the game was over.

Central Dauphin came out strong from the beginning, with Marcus Simpson scoring the first touchdown seven minutes into the game. Colton Charles is quick to follow, ending the first quarter with a score of 14 - 0.

"We came out hard, like we planned to," said Jarret Brooks. "We practiced hard all week, we came out hard and now, we are putting them to sleep."

Putting them to sleep is, perhaps, the nicest way of describing the game considering Harrisburg was struggling to get onto the board until nearly the end of the fourth quarter.

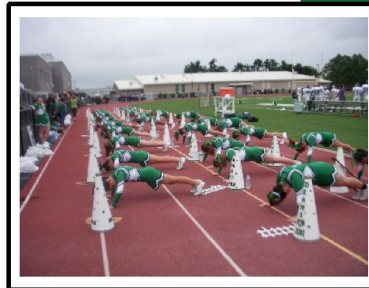
All things aside, conceivably the best play of the game saw the least action. It started as both teams were at the line of scrimmage. The Harrisburg offense tried provoking our defense into flinching, which would be considered a false start and give them ten extra yards that they sorely needed. On another team, it might have worked. They shouldn't have underestimated our team, or more importantly, Shawn Smith.

"The other guy jumps up and runs into me," Smith explains after coming off the field. "I fell back, kind of somersaulted to the side. He tries telling everyone that I moved the ball, that it was a false start. I said no, I moved because you hit me, cluester."

"It was hilarious," said Lewis Correale as other team members listen in. "He clued him and called him a cluester. It was one of the best parts of the game."

While the other team (and maybe even some people reading this article) didn't know what it meant, it didn't matter to Smith or any one else on the team, because they knew what it was.

(For the record, cluester is a word coined by the football team that became popular amongst them last year. It then spread to other people at the school. It doesn't really mean anything, except maybe clueless, and they all take any opportunity they can to call each other it.)



As for the more serious plays, no one had to wait long for them. The team had barely just gotten onto the field after half time when Paul Coleman, on a kick off return, ran 85 yards for a touchdown.

"It feels great to come out here and show everyone what we can really do. We prepared more this week than any other week and so far, its paying off," said Kris Weikel.

Marcus Simpson, standing nearby, agreed. "It's paying off, and it will keep paying off because we will keep practicing hard."

As of now, they are all just looking forward to next week's game, their first home game of the season. From what we have seen so far, I think we can expect to see a great game. On the other hand, if the team keeps scoring the way they have, I'm sure that some very muscular and intimidating looking cheerleaders will have a few words to say to them.

# CD RAMS



## Central Dauphin Rams Varsity Football Roster

NAME	POS	Height	Weight	Grade	NAME	POS	Height	Weight	Grade
#1 Colton Charles	RB	5'11"	180 lbs	12	#41 Brett Green	RB, LB	5'11"	155 lbs	10
#2 Sam Stone	CB	5'5"	138 lbs	12	#42 Justin Wolfe	DL	5'8"	170 lbs	12
#3 Sean Fakefe	K,P	5'10"	155 lbs	12	#43 AJ Sweigard	LB	5'8"	165 lbs	11
#4 Gary Flythe	CB	5'6"	135 lbs	12	#44 Kyle Wolfe	RB, LB	6'0"	218 lbs	12
#5 Paul Coleman	S	5'10"	190 lbs	12	#45 Jarrett Brooks	LB	5'8"	205 lbs	12
#6 David Porcher	DB	5'10"	188 lbs	11	#46 Dominic Cristillo	LB	5'7"	142 lbs	10
#7 Brian Morris	RB	6'0"	165 lbs	11	#50 Andrew Zwally	C	5'11"	252 lbs	11
#8 Anthony Ogden	LB	5'9"	199 lbs	12	#52 Shawn Smith	C	6'3"	235 lbs	12
#9 Sam Adams	WR, DB	5'10"	162 lbs	10	#51 Sam Yoder	G	5'11"	218 lbs	11
#10 Marcus Simpson	CB, S	5'10"	165 lbs	12	#54 Robert Brooks	DL	5'9"	255 lbs	12
#11 Donald Stahlneker	DE	6'1"	184 lbs	12	#55 Artie Rowell	OL, DL	6'3"	277 lbs	11
#12 Ryan Nielsen	QB	6'1"	195 lbs	12	#57 Joe Boyd	OL	5'10"	219 lbs	11
#13 Lewis Correale	QB	6'0"	180 lbs	12	#58 TJ Zimmerman	DL	6'0"	275 lbs	11
#14 Brandon LaVia	QB	5'10"	175 lbs	9	#59 Nick Gillick	C	5'10"	170 lbs	10
#16 Jordan Bair	QB	6'2"	185 lbs	11	#60 Sean O'Halloran	OL	5'10"	208 lbs	11
#17 Bobby Schaffer	QB	5'8"	160 lbs	10	#65 Zach Wilk	OL	6'1"	200 lbs	10
#18 Matt Heilig	RB, WR, DB	6'3"	200 lbs	12	#67 Alex Stupak	OL	5'5"	165 lbs	12
#19 Cody Stoltzfus	CB	5'8"	174 lbs	12	#68 Fred Porter	OL, DL	5'8"	163 lbs	10
#20 Tyler Lee	RB	5'8"	184 lbs	12	#70 Jeremy Seaman	OL	6'3"	269 lbs	11
#21 Javon Porter	DB	5'4"	140 lbs	10	#71 Scott Benkovic	OL, DE	6'0"	213 lbs	11
#22 Zach Wierman	WR, DB	6'1"	159 lbs	11	#73 Evan Rust	OL	6'2"	250 lbs	12
#24 Kris Weikel	WR, DB	5'11"	175 lbs	12	#74 Seidu Issah	DE	6'1"	233 lbs	11
#25 Zayd Issah	RB	6'2"	175 lbs	10	#75 Alex Szabo	OL	6'1"	250 lbs	10
#26 Chris Gigliotti	RB	5'8"	174 lbs	11	#76 Jaren Porcher	OL	6'2"	290 lbs	10
#28 Karl Karok	K, LB	5'11"	165 lbs	11	#78 Lee Reynolds	OL	5'10"	220 lbs	12
#29 Chad Anderson	RB, DB	5'9"	160 lbs	10	#80 Jon Schnaars	WR, DB	6'0"	180 lbs	11
#30 Arthur Lewis	RB, LB	5'10"	180 lbs	9	#81 Jordan Fletcher	WR, LB	5'8"	175 lbs	11
#32 Kemji Rajis	LB	5'9"	195 lbs	11	#82 James Forsyth	WR	5'10"	156 lbs	11
#33 Mike Shannon	WR, DB	5'6"	149 lbs	10	#83 Josh Grubb	WR	5'6"	135 lbs	11
#34 Todd Komykoski	DB	5'9"	135 lbs	10	#85 Evan Schwan	OL	6'5"	190 lbs	10
#35 Robert Pachini	LB	5'9"	164 lbs	11	#86 Tyler Isaac	WR	5'6"	132 lbs	10
#36 Adam Obaya	RB, DB	5'7"	154 lbs	11	#87 Richard Anderson	LB	5'9"	175 lbs	11
#37 Matt Kirchner	LB	5'8"	178 lbs	11	#88 Jesse Myers	WR	5'10"	162 lbs	10
#38 Adam Hollinger	LB	5'8"	160 lbs	10	#89 Trei Gilchrist	WR	5'11"	181 lbs	11
#40 Alex Parson	LB	5'5"	189 lbs	11					



## 2009 Freshman Roster

Jersey #	Name:	Position:	Grade:
20	Corey Allen	RB	8
30	Chris Anderson	CB	9
82	Michael Azzato	x	9
61	Ryan Bender	O-Line	9
21	Jordan Bowman	CB	9
77	Dalton Brill	D-Line	8
8	Spencer Chisholm	CB	9
64	Andrew Clarke	D-line	9
44	Nick Colson	CB	9
7	Nathaniel Dickey	QB	8
31	Chris Fagan	z	9
70	Chris Fegley	C	9
84	Dietrick Ferster	TE	9
43	Mike Ferster		9
32	Kyle Fields	X	9
73	Nate Garland	C	9
50	Nick Greene	O-Line	9
10	Casey Hartzel	Kicker	9
6	Kyle Haskins	TE	9
71	Frank Henney	O-line	9
	M. Holmes	FB	8
88	Ian Jones	X	8
34	Dan Jordan	FB	8
55	Vincent Kough	LB	9
72	Jeremy Larkin	D-line	9
28	David Laudermilch	CB	9
81	Dave Lauscar	X	9
24	Todd Lawson	CB	9
23	Aron Logan	O-line	9
63	Kyle Mullen	LB	9

3	Jadin Ogden	CB	9
40	Gianni Palanzo	O-Line	8
9	Terrance Parsons	LB	9
83	Zac Patton	Z	9
68	Barry Rector	O-Line	9
38	Gregory Rivera	D-Line	9
79	Jacob Roesch	Z	9
86	Daylin Russo	LB	9
54	Josh Salinger	LB	9
11	Drew Scales	RB	9
53	Troy Slaughter	LB	9
89	Greg St. Clair	O-Line	9
51	Cody Steward	D-Line	9
67	Ray Talley	O-Line	9
22	Sorie Thullah	RB	9
80	Dallas Underwood	Z	9
87	Nick Varndell	CB	9
60	Nate Velez	D-Line	9
13	Cody Wade	QB	9
75	Robert Wix	D-Line	9

# SUMMER FOOTBALL CAMP

It would seem that the Pittsburgh Steelers are taking a few lessons from the Central Dauphin football team. Just as Ben Roethlisberger starts his own camp to teach children how to play the game, the CD Rams holds their annual football training camp.

"It's the best camp ever!" cried Travis Games as he and some other team mates close in age sit at the finish line of a relay race. A chorus of voices shouted out similar remarks as they all anxiously wait for the end to determine the winner.

The camp is broken down into several groups based on age. The youngest group is made up of seven and eight year olds with the oldest group just about to enter high school and try out for the freshman football team. Skills are taught based on age, all aimed to keep everyone involved and focused while teaching valuable lessons that can be used on and off the field.

Barb Beleski signed her son Parson up for the camp last year. "I had heard of the camp through other people. It had a great reputation," she said. "The kids did a lot of fun drills and learned a lot about the sport at the same time. He had so much fun last year that we had to sign him up again."



Above: Sebastian Collins plays a round of *Rage in the Cage*. He must avoid being pushed out of the square as he makes his way to the "end zone."

Left: An older group plays a few games of *Ultimate Football*.



The most popular drills they do are the obstacle courses and a game called *Rage in the Cage* that teaches skills on blocking a touchdown and evading the defensive players.

These are the favorites of Hunter Bentz, 8, and Cody Wells, 7, both of West Hanover.

"We learn agility and strength, and its just lots of fun," said Hunter. "We learn lots of plays and techniques that we're going to need while playing."

"I like knocking down the dummies too,"

Cody adds, referring to the tackling dummies and not the high school football players!

Michael Parsons, 10, recently moved to the Paxtonia area. He decided to attend the camp because, "I thought it would be a fun place to learn."

So far, he only has good things to say. "It's good, it's a fun place to be. I love playing ultimate football and rage in the cage. I like it because they taught me how to be a better running back."

Below: Hunter Bentz smiles as he helps clean up after camp.



Above: Coach Robert Brooks High fives one of his football players after a hard day of camp.

Another popular feature of the camp is the high school players themselves. Every year they will sign up to help coach the camp and give the kids a better perspective of what the game is really all about.

"I think its great that they have the older kids help out. It really gives something for the younger guys to look up to," said Tanya Collins. Her son Sebastian was given the nick name "Pineapple" by the other kids and coaches in the camp. "They make it fun for the younger kids. I love that they can come down to these kids level and not try to out shine them, but to inspire them and motivate them."

Kris Weikel has been working with the white group, which is made up of third fourth and fifth graders. It is his first year helping out with the camp.

"I like seeing all the little kids running around, having fun, playing football, and learning to love it as much as we do," he said. "I also like seeing the future Central Dauphin Rams football players."

For his group, he said he wants the kids "to learn the basic while improving every day and reaching their potential."

As Coach McNamee said, "It's all about getting better. That's the name of the game, trying to get better and leave here a better player than when we arrive."



BROOKS-HIGH



## 2009 - 2010 CD Football Videos

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- Community Connections
- CD Football Seniors
- Senior Baby Video
- Football Highlights Introduction
- CD vs. Central Dauphin East Highlights
- CD vs. Harrisburg Highlights
- CD vs. State College Highlights
- CD vs. Bishop McDevitt Highlights
- CD vs. Altoona Highlights
- CD vs. Williamsport Highlights
- CD vs. Chambersburg Highlights
- CD vs. Lower Dauphin Highlights
- CD vs. Cumberland Valley Highlights
- CD vs. Cumberland Valley Highlights
- CD vs. Spring Grove Highlights
- CD vs. Cumberland Valley Special Report
- CD vs. Spring Grove Special Report
- CD vs. Williamsport Special Report
- CDHS Homecoming
- CD vs. Bishop McDevitt Special Report 2
- CD vs. Bishop McDevitt Special Report 1
- CD vs. State College Special Report