

2021
CENTRAL DAUPHIN HIGH SCHOOL



FOOTBALL



2021 - 2022



Slideshow Photos



2021
CENTRAL DAUPHIN HIGH SCHOOL



FOOTBALL

Central Dauphin



High School



CENTRAL DAUPHIN HIGH SCHOOL

FENSTEMAKER FIELD

RAMS

88

88:88

OES

GUEST

88

8
TOL

DOWN TO GO BALLON QTR

8

88

88

8

TOL

DEDICATED IN MEMORY OF
HARRISON FENSTEMAKER #62 (2000 - 2018)







































Speeds Place















Gold Star Mom Game



































































Mason Gray

2h · 🌐

My freshman year, I did not know what the Gold Star game was. I did not know what I wanted to do with my life after highschool. I did not know how important our hero's really were. Now being a senior, I just wish I could cheer at one more Gold Star game, and the next and the next. Joining the Navy was my biggest accomplishment. So that I too, can be a hero. Educating myself and finding my path all started with a highschool football game thanks to Cd cheer. ⭐







2021 - 2022 Seniors

2021-2022
CD RAMS FOOTBALL



Ahren Stauffer

2021-2022
CD RAMS FOOTBALL



AJ Wenrich

2021-2022
CD RAMS FOOTBALL



Andre Noel

2021-2022
CD RAMS FOOTBALL



Ben Stewart

2021-2022
CD RAMS FOOTBALL



Darriion Thomas

2021-2022
CD RAMS FOOTBALL



Doug Bardo

2021-2022
CD RAMS FOOTBALL



Juice Selby

2021-2022
CD RAMS FOOTBALL



Kyle Yeager

2021-2022
CD RAMS FOOTBALL



Lance Turner

2021-2022
CD RAMS FOOTBALL



Leo Freedman

2021-2022
CD RAMS FOOTBALL



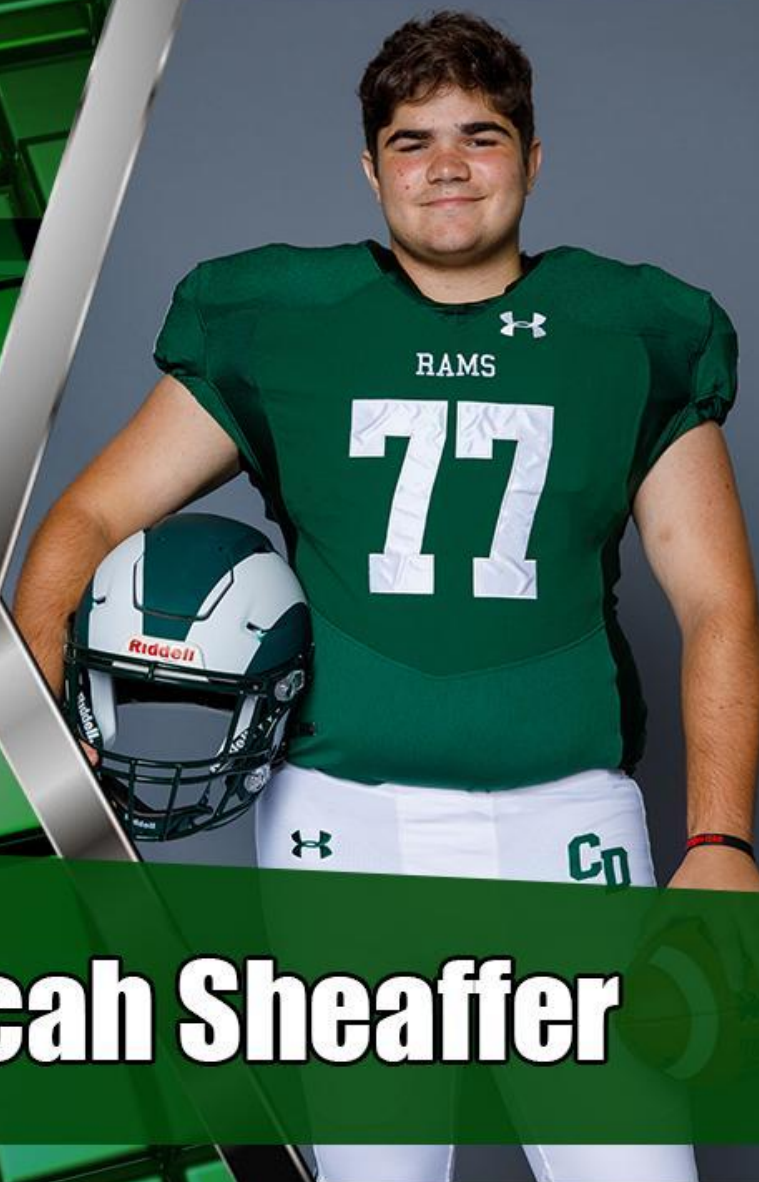
Mason Carmichael

2021-2022
CD RAMS FOOTBALL



Max Mosey

2021-2022
CD RAMS FOOTBALL



Micah Sheaffer

2021-2022
CD RAMS FOOTBALL



Myles Wallace

2021-2022
CD RAMS FOOTBALL



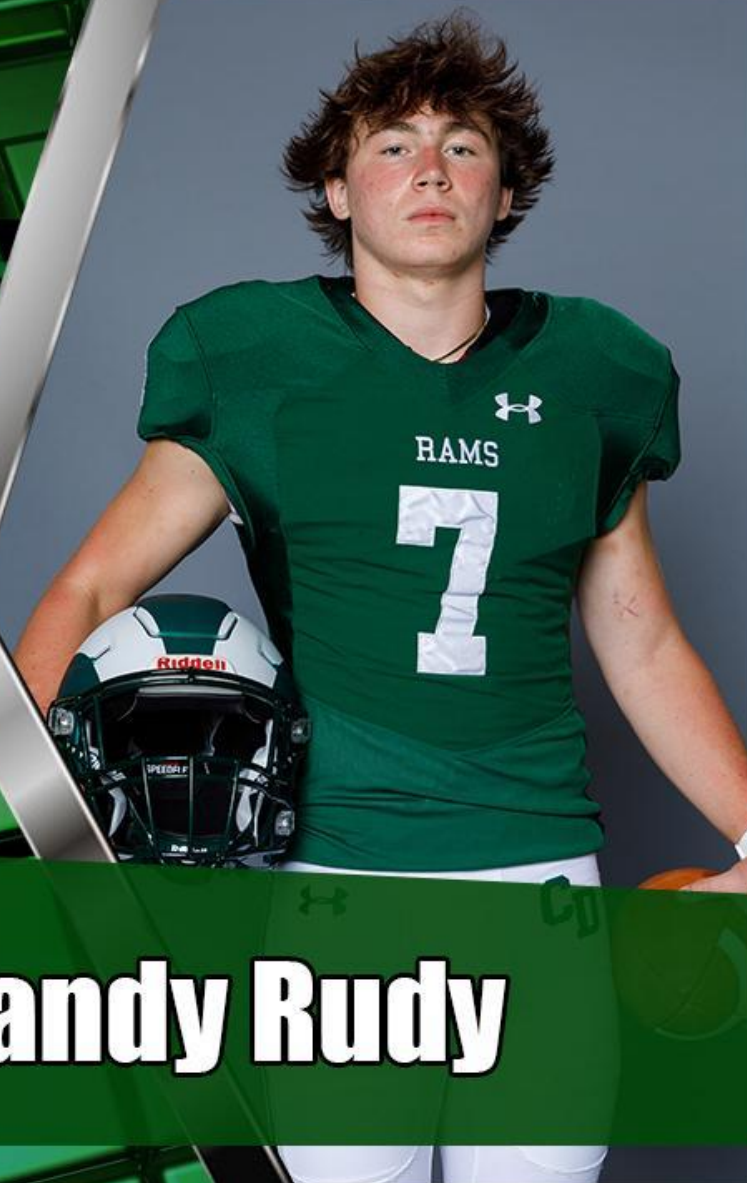
Nathaniel Heyeh

2021-2022
CD RAMS FOOTBALL



Oluwaseyi Oladipo

2021-2022
CD RAMS FOOTBALL



Randy Rudy

2021-2022
CD RAMS FOOTBALL



Tommy McGovern

2021-2022
CD RAMS FOOTBALL



Tyrell English

2021-2022
CD RAMS FOOTBALL



Willie Slone

2021-2022
CD RAMS FOOTBALL



Zion Allen

A stylized cartoon illustration of a person's head and hand. The head is shown in profile, facing right, with a green outline and a green eye. The hand is shown in profile, facing left, with a green outline and green fingers. The background is a white grid pattern. The text "News Photos" is centered in the middle of the image.

News Photos



Powder Puff Game



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

Special Guest




Gold Star Car Show





Recruiting

This week, we were proud to share the incredible numbers our players posted in the weight room. It's no wonder so many college coaches visit Central Dauphin and recruit our players year after year. In the last two weeks alone, we had 25 college coaches visit CENTRAL DAUPHIN HIGH SCHOOL. Plus, there were 24 college coaches at the Spring Fling on Wednesday to watch our kids in action.

Who wouldn't want players that work hard, put up big numbers, volunteer in the community, care about their grades, and play for one of the winningest big  school programs in the state?





TESTING WEEK

What a great week of testing in Speed's Place! The numbers are almost too good to believe. Here are some highlights:

22 players have earned "Iron Ram" status in at least one lift.

12 players in the "1,000 lb. Club"
(all 3 lifts = 1,000+)

11 players squatted 500 lbs.+

Record % of our JV/Varsity players have earned Iron Ram status



Clean Lift

**SHOUT OUT to the 8 players who have
cleaned 275lbs. or more to earn
"Iron Ram" status.**

Nick Kellogg 285

Joey Bass 285

Xander Toland 285

Seth Bowman 285

David Chase 275

Andrew Heyeh 275

Mason Liartis 275

Luke Zlogar 275



Squat Lift

SHOUT OUT to the 20 players who have squatted 425lbs or more to reach "Iron Ram" status.

A BIG SHOUT OUT to the 11 players who squatted 500lbs!

Andrew Heyeh 565

David Chase 550

Jett Franz 550

Xander Toland 550

Carson Cassell 520

Devin Shepherd 515

Luke Zlogar 500

I'Zhior Moon 500

Mason Liartis 500

Joey Bass 500

Kyle McCullough 500

Travis Linn 475

Nick Kellogg 455

Kaiden Palmer 455

Stanley Saintill 455

Jayden Torres 435

Chris Thompson 430

E'San St. Louis 425

Evan Bushong 425

Mason Boob 425

Anthony Robsock 425



Bench Press

6 players who benched 300 lbs.
or more for "Iron Ram" status:

Sam Sauers (360)

Joey Bass (350)

I'Zhior Moon (335)

Xander Toland (305)

Nick Kellogg (300)

Stanley Saintill (300)

Wonders Found



Wonders Found







#Community Connections



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

Busy Weekend of Service and Practice





Busy Weekend of Service and Practice



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Pan-Ram Invitational

Shout out to the 18 Rams and 2 coaches who helped Saturday at the 33rd Annual Pan-Ram Invitational track meet at Landis Field. Their assistance was key to making it a successful day. By all accounts they did a fantastic job.



CD Athletics @CDAthletics · Apr 9

Thanks 2 our Fball players putting in community service today helping run events.



Another Birthday ICE CREAM!



Middle Paxton Elementary Reading Day



Middle Paxton Elementary Reading Day





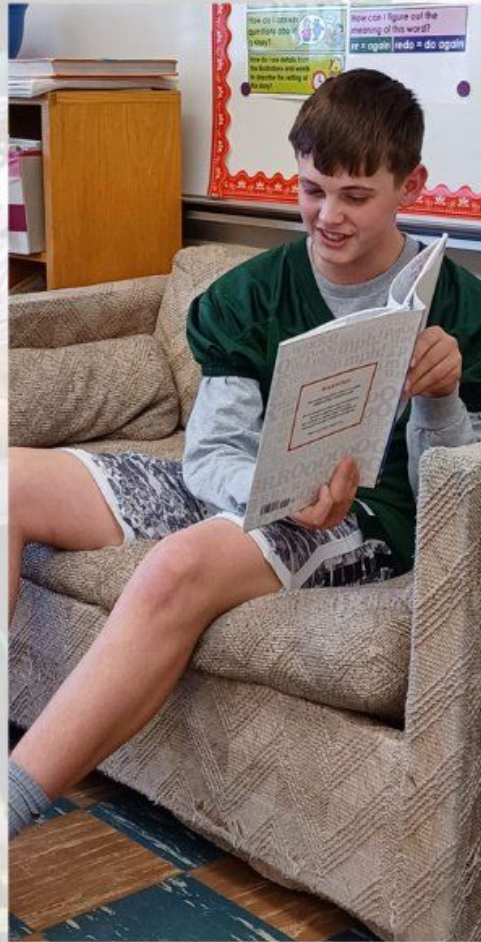
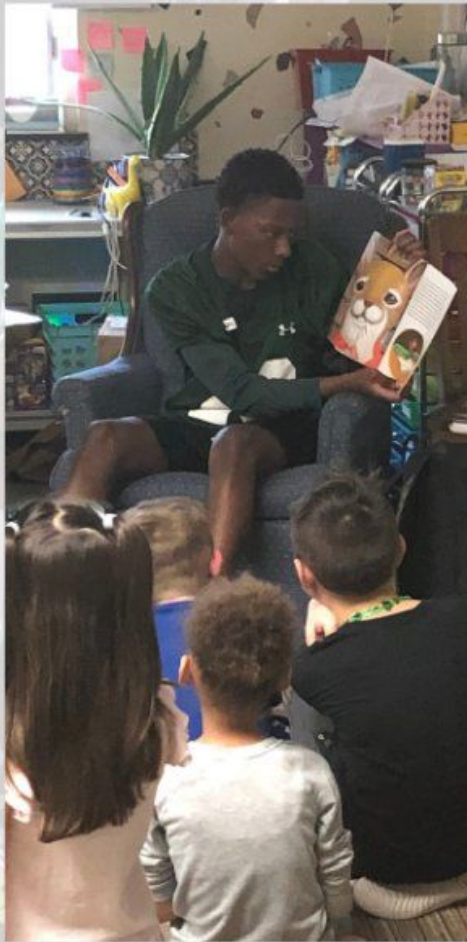
March Birthdays Team Pizza



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

Paxtonia Elementary Reading Day





Paxtonia Elementary Reading Day



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Hitting it HARD!

After a very productive winter, our guys are continuing "the grind" into the spring. Attendance has been outstanding and so has the work ethic. Great stuff!

Shout out to the 18 players who earned Iron Ram during testing. A big shout out to the 6 Rams who are in the "1,000 Pound Club": Andrew Heyeh, I'Zhior Moon, David Chase, Nick Kellogg, Xander Toland, Joey Bass

#keepitrolling
#noplacelikespeedsplace
#morethanjustfootball

Hitting it HARD!



Reading Program



After missing out in 2021 and most of 2020, we were thrilled to be able to go back and read to our elementary students once again. This is something we started in 2007 and is one of our best annual traditions.

Shout out to all 16 Rams who took the time to read to the students at Mountain View and spend time with them. Thank you to the Mountain View principal, Mr. Roesch, and their reading specialist, Mrs. Hanna, for setting it up and welcoming our players into their school.

#morethanjustfootball #ramsreturntoread



PA Football News All Academic Team

Ahren Stauffer
Ben Stewart
Andre Noel
Evan Bushong
Max Mosey
Darrion Thomas

Thomas McGovern
AJ Wenrich
Carson Cassell
David Chase
Luke Zlogar

Jett Franz
Anthony Robsock
Mason Carmichael
Randy Rudy
Nick Kellogg
Sam Sauers



COMMUNITY CONNECTIONS 2022

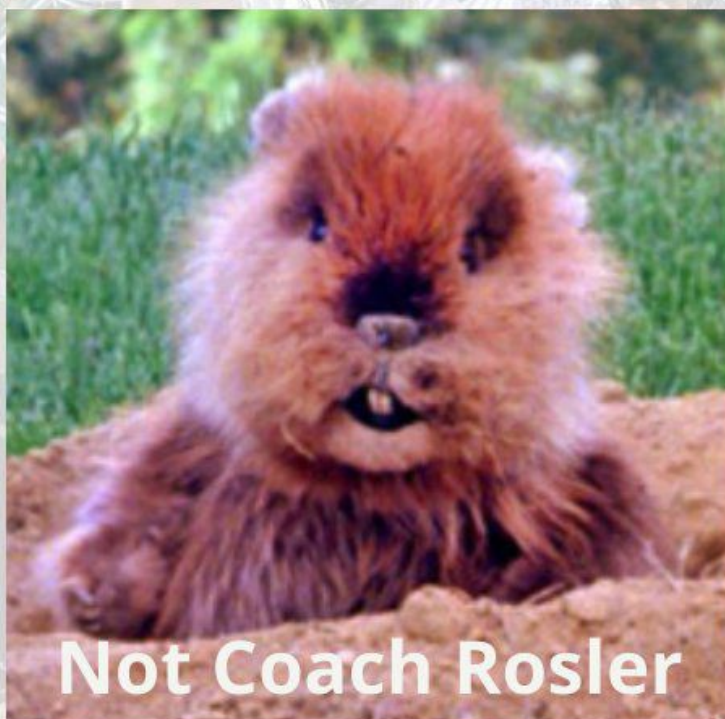
Shout out to the Rams who helped load and unload supplies for the food pantry at LifePoint Church. Rams football has helped with this food pantry for many years. Thank you to these guys for continuing this work in 2022!





SAVE THE DATE!

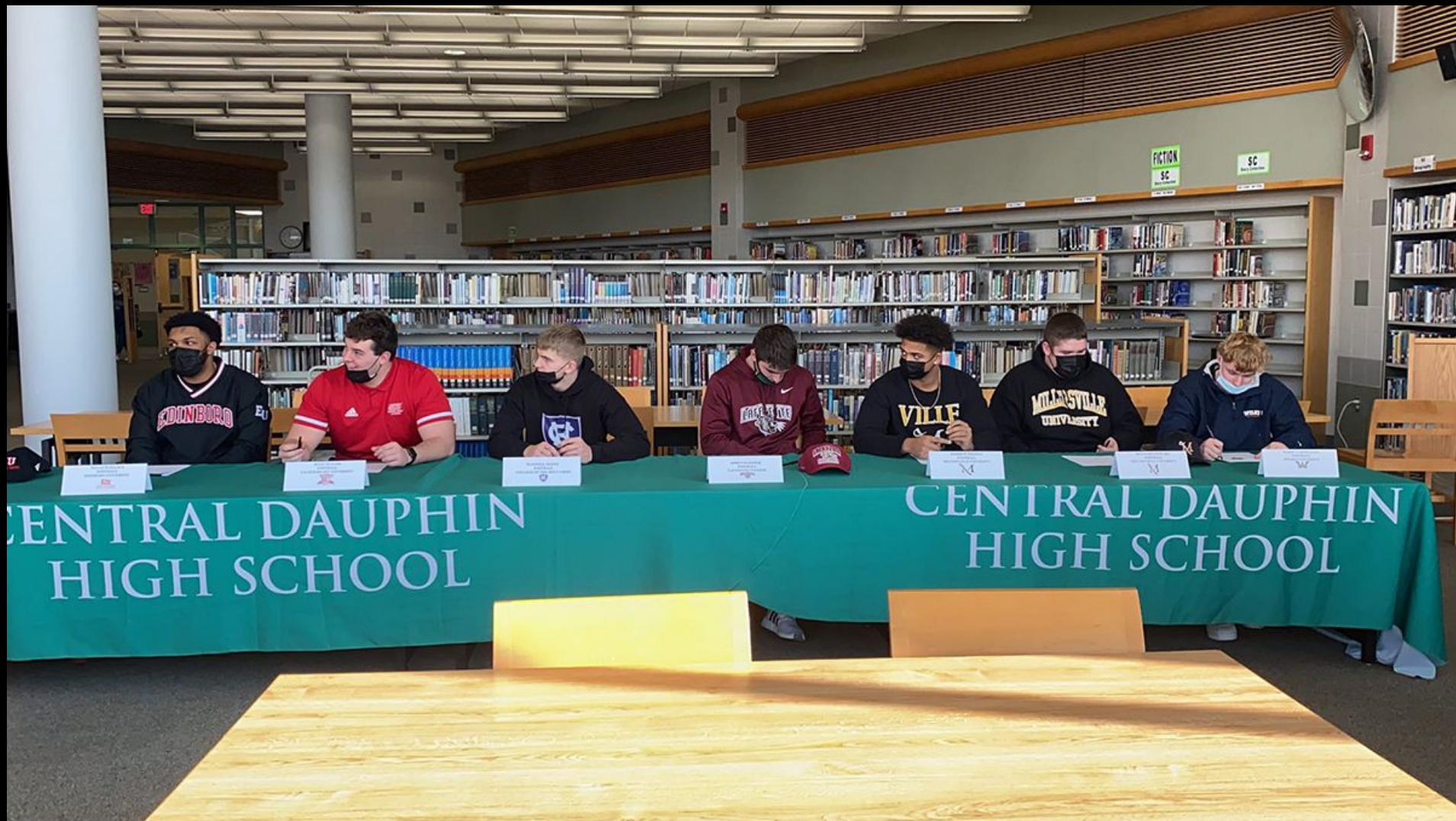
32th Annual Speed Ebersole Golf Tournament



Not Coach Rosler

Please save the date for The CD Football 32ND Annual Speed Ebersole Golf Tournament. The Golf Outing is Friday June 24, 2022 and will be held at Manada Golf Club – 609 Golf Lane Grantville, PA 17028. Tee time is 8am with a shotgun start.

Watch for information regarding donations, sponsorships, golf team sign-ups, and volunteer opportunities to be sent within the next few weeks.





Presents:
Signing Day



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Presents:
Signing Day



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Presents:
Signing Day



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Presents:
Signing Day



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball





A SPECIAL THANKS TO OUR 2021 BUSINESS PARTNERS



Neil Renaldi Photography



Lindle Road



Hershey Family
chiropractic



NK GRAPHICS



WEST HANOVER
TOWNSHIP



Krystle Bobb



2021-2022
CD RAMS FOOTBALL



Emma Betz

2021-2022
CD RAMS FOOTBALL



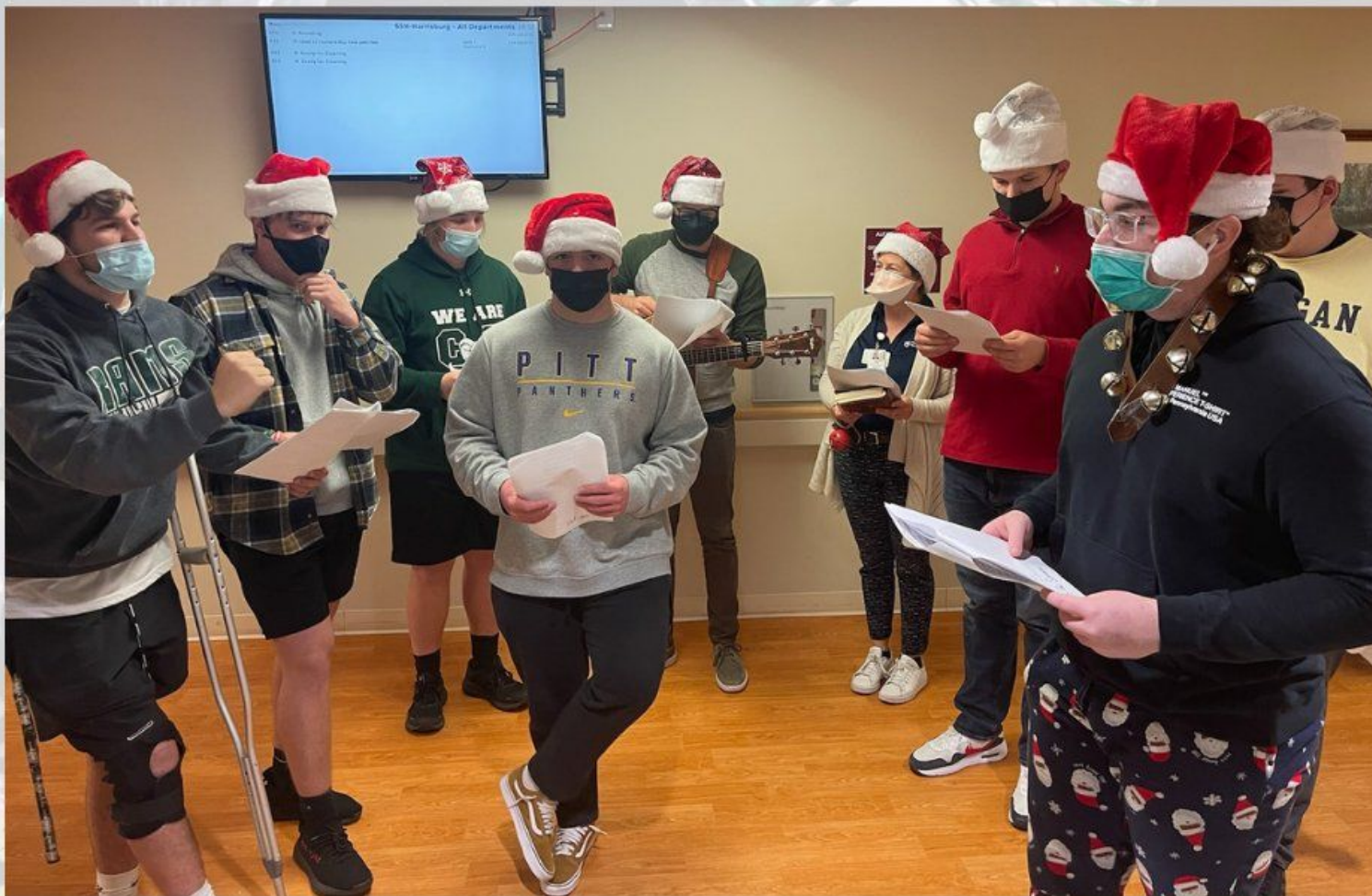
Emma Betz

2021-2022
CD RAMS FOOTBALL

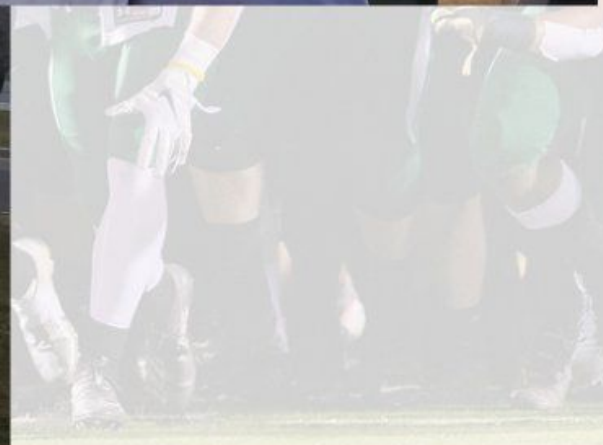


Abbigail Hess

Community Connections Christmas Caroling



Community Connections Christmas Caroling





Academic Excellence

Congrats to these 36 Rams from the 2021 squad who qualified for the Rams Football Honor Roll.

60% of the Roster. 60% of the Roster.

[90% GPA or 10% Improvement from last marking period.]

Doug Bardo
Mason Carmichael
Tommy McGovern
Max Mosey
Andre Noel
Micah Sheaffer
Ahren Stauffer
Ben Stewart
Darrion Thomas
Lance Turner
Myles Wallace
AJ Wenrich

Carson Cassell
David Chase
Nick Kellogg
Mason Liartis
Sameer Patel
Luke Zlogar
Joey Bass
Evan Bushong
Mateo Crummel
Grady Curry
Jake Fritz
Ryan Garvick

Payton Harper
Kyle McCullough
Thomas Mills
Kaiden Palmer
Key'Ron Plummer
Anthony Robsock
Stanley Saintill
Boden Stateler
Esan St. Louis
Zach Temple
Xander Toland
Gabe Scott



Wreaths Across America



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

PA State Championship 10 Years Ago!





#MoreThanJustFootball

PA State Championship 10 Years Ago!



The Championship Belt "Story"

The Original Championship Belt was presented to Head Coach Glen McNamee on February 17, 2012 at the Football Recognition Evening.

This "Belt" is a 94% replica of the original that resides in Coach McNamee's office at Central Dauphin High School.

The idea behind the original Belt was to provide a creative, visual way to highlight the exciting championship Season the Team achieved in 2011. The Belt was given directly to Coach McNamee by Dale Schwan of the Rams Football Club.

The State AAAA Championship victory on December 17, 2011 over North Penn 14-7 on a beautiful snowy night at Hershey Park Stadium will forever be a great memory. The Coaches, Managers, Trainers, and Players will always have a special place in Central Dauphin Football History!

The belt you see before you was created again so that the Team, their families (now and in the future) and the great Central Dauphin fans could recall and enjoy that magical 2011 Season!

The Championship Belt Designer/Creator: Dale Schwan
CNC Routing: Bill Imschweiler, Imschweiler Wood Workings.
Belt Buckle Metal Work: Kelly-Tron



THE PLAYERS

10 - ADAMS	56 - FEGLEY
29 - C. ANDERSON	54 - GARLAND
79 - E. ANDERSON	59 - GILICK
8 - BURGWIN	67 - GREENE
11 - BOWMAN	60 - HAMILTON
3 - BRANDES	23 - HARRIS
77 - BRILL	37 - HARTZELL
9 - CHISHOLM	38 - HOLLINGER
52 - COOKE	27 - HOLMES
8 - CRISTILLO	50 - HOYLE
14 - DICKEY	1 - ISSAH
21 - ELLIOTT	20 - JOPPY
71 - EYNON	

THE COACHES

GLENN McNAMEE	TOM LAPKOWICZ
MATT BUSHONG	NATE LINN
THOMAS CARMO	JON LINN
FOUR CHAPMAN	PAUL LINN
BEN COHICK	TIM McMINN
MIKE DOUGHERTY	SEAN ROSLER
DENNY DUTTENHOFFER	DYLAN SIMON
MARSHALL FISHER	STEVE STONER
JOHN KESLER	NATE STRAINING
GEORGE LANDIS	DERRICK ZIMMERMAN

THE PLAYERS

35 - KOUGH	44 - RUSSO
13 - LAPKOWICZ	19 - SALAK
39 - LAUDERMILCH	5 - SCALES
12 - LaVIA	7 - SCHAEFFER
64 - LEWIS	74 - SCHWAN
31 - MOSEY	33 - SHANNON
88 - MYERS	61 - SLAUGHTER
16 - NOTESTINE	75 - SZABO
32 - OKPARA	4 - WADE
76 - PALANZO	28 - WEEDON
68 - R. PORTER	55 - WILK
2 - J. PORTER	46 - ZIMMERMAN
78 - ROESCH	

THE MANAGERS

KIMMY BENKOVIC	ZOE FLETCHER
STEVE BRANDES	TYLER MANNING
BECCA CALLAHAN	PHIL PETRINA
STEVE DOODAN	MARISSA SCHAEFFER

TRAINERS

CRAIG KEMMLEIN - ATC
BETH PARRISH - ATC



GAME DAY



10.29.21

7:00

CUMBERLAND VALLEY HS

CENTRAL DAUPHIN
CUMBERLAND VALLEY



#3 DAVID CHASE

GAME DAY

10.22.21

7:00

LANDIS FIELD

CENTRAL DAUPHIN
CD EAST



#1 ZION ALLEN

GAME DAY

10.15.21

7:00

MANSION PARK STADIUM

**CENTRAL DAUPHIN
ALTOONA**

#90 AHREN STAUFFER



GAME DAY

10.8.21

7:00

LANDIS FIELD

CENTRAL DAUPHIN
CARLISLE



#4 JUICE SEL37

GAME DAY



10.12.1

7:00

STATE COLLEGE HS

CENTRAL DAUPHIN

STATE COLLEGE



#54 KYLE YEAGER

GAME DAY



9.24.21

7:00

CHAMBERSBURG HS

CENTRAL DAUPLIN RAMS

CHAMBERSBURG TROJANS



#52 MYLES WALLACE

GAME DAY

9.3.21
7:00
LANDIS FIELD



CENTRAL DAUPHIN RAMS

BERKS CATHOLIC SAINTS



#16 MAX MOSEY

GAME DAY



8.27.21

7:00

WILSON HIGH SCHOOL

CENTRAL DAUPHIN RAMS

WILSON BULLDOGS





Presents:

THE NEXT LEVEL

Bryce Thoman - Class of 2020

Bryce helped CD to a District 3 title and a trip to the 6A state championship game in 2019. He has since taken his services to Temple University. As a redshirt freshman, Bryce is on the travel squad and has seen some live action this season for the Owls as their #2 center.

We wish Bryce and his teammates the best of luck the rest of the way!



Presents:

THE NEXT LEVEL

Adam Burkhart - Class of 2019

After a stellar career at Central Dauphin where he amassed an incredible number of tackles and earned Defensive MVP in the league in 2018, Adam joined the squad at Bloomsburg University. This year, Adam started 8 games for the Huskies and registered 59 tackles.

We wish him and his Huskies teammates the best of luck the rest of the way.



Presents:

THE NEXT LEVEL

Trey Paul Class of 2017

Trey is enjoying an outstanding career at Shippensburg University. In his junior season this year, he is team captain and has posted 4 INTs as the starting free safety. He also leads the team in total tackles. His efforts have helped the Raiders to an 8-2 record thus far.

We wish Trey and his teammates the best of luck the rest of the way.



Presents:

THE NEXT LEVEL

Gabe Bollinger - Class of 2019

Gabe was an outstanding offensive lineman for CD and helped the Rams reach the district championship game in 2019. This year, Gabe has held down the starting job at right guard all season for Michigan Tech. The engineering major has helped the Huskies to a winning record in 2021.

Best of luck to Gabe and his teammates at Michigan Tech.



Presents:

THE NEXT LEVEL

Grant Smith - Class of 2018

After a stellar senior year at CD in which he was selected to play in the Big 33 game, Grant joined the IUP squad as a Tight End in 2018. He made an immediate impact as a freshman that season, and since then he has continued to thrive as an all-conference player.

We wish Grant and his IUP teammates the best of luck.





Presents:

THE NEXT LEVEL

Mason Griffiths - Class of 2019

Mason was one of our team leaders in 2018 and helped guide us to the District finals that year. He then took his services to West Chester University. This season, Mason started at fullback all year and also played some tight end for the Golden Rams.

We wish Mason and his West Chester teammates the best of luck in the future.



Presents:

THE NEXT LEVEL

Nick Chimienti - Class of 2020

Nick was one of the stars who led us to the 6A state championship game in 2019 as wide receiver / defensive back. Nick is now at Stonybrook, a DI program in the Colonial Athletic Association. Unfortunately, he was unable to participate this fall due to an injury sustained in their spring season where he saw a lot of action at free safety. He did, however, get to travel with the team in their game at the University of Oregon in September. Pretty cool.

We wish Nick and his Stonybrook teammates the best of luck.



Presents:

THE NEXT LEVEL

Timmy Smith - Class of 2021

After a stellar high school career where he earned all-state honors on defense and offense, Timmy enrolled at Millersville University. This season, Timmy played in 5 games at running back and scored his first collegiate touchdown for the Marauders as a true freshman.

We wish Timmy and his teammates the best of luck in the future.



Presents:

THE NEXT LEVEL

AJ Perez - Class of 2016

After a stellar high school career, AJ landed at Temple University where he was part of the Owls offensive line unit. From there, he joined the West Chester University roster where he has seen action on the defensive line the past couple of seasons.

We wish AJ the best of luck in his future!



Presents:
THE NEXT LEVEL

Bo Heshler - Class of 2018

After a senior year in which he earned first team all-conference honors for the Rams, Bo joined the East Stroudsburg University roster in 2018. This fall, he saw action at both guard and tackle for the Warriors. He plans to graduate this spring.

Congratulations, Bo! We wish you the best in your future.



Presents:

THE NEXT LEVEL

Ryan Hohenshelt - class of 2020

Ryan played center on the 2019 6A state-runner up team at Central Dauphin. This year he was the starting center at Thaddeus Stevens and played every offensive snap. He helped lead the team to a 7-2 record and a conference championship.

Congratulations to Ryan and his teammates.



Presents:
THE NEXT LEVEL

Malachi Bowman - class of 2021

After an all-state senior year at CD, Malachi joined the squad at East Stroudsburg University. He was named Student-Athlete of the week earlier this year during a redshirt season for the Warriors.

We wish Malachi and his teammates the best of luck in the future.



Presents:

THE NEXT LEVEL

Tysen Spriggs - class of 2019

Tysen began playing in our CD program from a very young age. After his final season where he and his fellow seniors led the Rams to the district 3 championship game, Tysen joined the squad at Albright College where he just finished his 2nd season with the Lions.

We wish Tysen and his teammates the best of luck in the future.



Presents:

THE NEXT LEVEL

Jamaal Bellamy - class of 2021

Jamaal enjoyed a very successful senior season in 2020 where the Rams were ranked in the nation by High School Football America. This season, he was the starting nose guard for the Hudson Valley Vikings.

We wish Jamaal and his teammates the best of luck in 2022.



Presents:

THE NEXT LEVEL

Carter LaPorte - class of 2019

After having an all-conference senior season at center for the Rams in 2018, Carter joined team at Stevenson University in Maryland. This season, he played in every game for the Mustangs who earned an invitation to a Centennial-MAC bowl game this weekend against Franklin and Marshall.

We wish Carter and his teammates the best of luck in 2022.



Presents:

THE NEXT LEVEL

Nick Miller - Class of 2021

After a successful senior campaign for the Rams, Nick decided to continue his playing career at Thaddeus Stevens. This year as a true freshman, Nick saw a good bit of action at the defensive end position for the Bulldogs and helped them win the conference championship.

We wish Nick and his teammates the best of luck in 2022.



Presents:

THE NEXT LEVEL



Daniel Ficca - class of 2021

After an outstanding 3-year varsity career at CD, Daniel joined the squad at Widener University. This year as a true freshmen, he saw a lot of action at fullback and on special teams for the Pride who finished 7-4.

We wish Dan and his teammates the best of luck.



Presents:

THE NEXT LEVEL

Chad Layton - class of 2020

Chad was a star offensive lineman on the Rams 2019 team who made it all the way to Hershey stadium for the 6A state championship.

He still holds the CD all-time squat record of 640 lbs! After turning down an offer from the Air Force Academy, Chad joined Indiana University (PA). The redshirt freshman played in about half of the Hawks games this season.

We wish Chad and his IUP team the best of luck in 2022.



Presents:

THE NEXT LEVEL

Amir Walton - class of 2020

Amir was a two-year standout at defensive end for the Rams. He is now at Edinboro University helping the Fighting Scots defense. Among the freshman's contributions were a sack against West Chester and a forced fumble and TD against Millersville.

We wish Amir and his teammates the best of luck in 2022.



Presents:

THE NEXT LEVEL

Blaise Heshler - Class of 2021

Blaise was an all-conference lineman for CD and a key player in the 2019 6A district championship team. His accomplishments led him to accept a full scholarship offer to Division I Sacred Heart University who won the Northeast Conference championship this season. Blaise did not see any action in his true freshman year due to a medical redshirt.

We wish Blaise and his Pioneer teammates the best of luck.



Presents:
THE NEXT LEVEL

Gavyn Hoffman - Class of 2017

After taking a hiatus from football, Gavyn jumped back into the sport in 2021 when he enrolled at Shippensburg University and joined their squad. In the process of getting reacclimated to the sport this fall, he did a great job on the scout team for the Raiders.

We wish Gavyn and his teammates the best of luck in the future.



Presents:

THE NEXT LEVEL

Paul Clark - class of 2021

After leading the district championship team in tackles in 2019 and enjoying an all-star 2020 season, Paul joined the squad at John Carroll University in Ohio. His season was unfortunately cut short due to injury and was unable to finish the year with the Blue Streaks.

We wish Paul the best of luck in the future!

2021 GREAT AMERICAN RIVALRY SERIES



SCHOLAR-ATHLETE

ANDRE NOEL | WR/DB

CENTRAL DAUPHIN HIGH SCHOOL | HARRISBURG, PENNSYLVANIA



MARINES
THE FEW. THE PROUD.

2021-2022

Zion Allen
Doug Bardo
Mason Carmichael
Tyrell English
Leo Freedman
Nathaniel Heyeh
Tommy McGovern
Max Mosey
Andre Noel
Olawasi Oladipo
Randy Rudy
Juice Selby
Micah Sheaffer
Ahren Stauffer
Ben Stewart
Darrion Thomas
Lance Turner
Myles Wallace
Kyle Yeager
AJ Wenrich
Carson Cassell
David Chase
Andrew Heyeh
Nick Kellogg
Mason Liartus
Travis Linn
Sameer Patel
Theo Phillips
Elijah Poyer
Sam Sauers

Braydon Snyder
Luke Zlogar
Joe Bass
Mason Boob
Seth Bowman
Evan Bushong
Parker Clark
Matteo Crummel
Grady Curry
Jett Franz
Jacob Fritz
Ryan Garvick
Payton Harper
Kyle McCullough
Thomas Mills
I'Zhior Moon
Kaiden Palmer
Key'Ron Plummer
Anthony Robsock
Stanley Saintil
Ayden Smith
Esan St. Louis
Boden Stateler
Zachary Temple
Xander Toland
Jayden Torres
Jay Harris
Lucas Lawler
Gabe Scott



Varsity Football

2021-2022



Benny Bentz
Zackary Coleman
Evan Collins
Anthony Goff
Adrian Guzman
Gavin Kirkpatrick
Andrew Kurtz
Julius Maldonado
Ryan Mayberry
Elijah McDonald
Kannyon Miller
Daniel Pritchard
Solomon Prince
Aiden Rivera
Tag Salvaggio
Colby Snyder
Derek Summerville
Isaiah Taylor
Jayden Walker
Saire Young
Mohammed Ziadeh
Collier Book
Brandon Copper
Jamison Crummel
Jadyn Johnson
Mark Lebo
Logan Martin
Storm Martin
Kolton Sheeler
Chris Thompson
Dylan Toland

Freshman Football





Milkshake Research



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Milkshake Research



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



Community Connections



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball



2-A-Day REFUELING STOP



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

Former players return to talk football and life





Spring Practice



Home of CENTRAL DAUPHIN RAMS FOOTBALL

#MoreThanJustFootball

Hard Work



Selflessness



Enthusiasm



