



2021 - 2022



CD Cross Country News

TJ Roden was a consistent presence at the front of the pack this fall, recording top-10 finishes in a number of early season invitational including wins at Hershey's Run for the Chocolate and the LVC Dutchmen Invitational. He went on to earn 5th place at the Mid-Penn Championship and 4th at the District 3-3A meet, before grabbing a state medal for the second consecutive year, finishing 21st in 16:34. Roden closed his season out by traveling to Huntsville, Alabama for the Garmin Running Land Cross Country Championship, where he ran 15:20 for 5K, the fastest time by a Mid Penn boy this year. Great Job TJ!

This was posted on 1-3-2022



CD Cross Country News

11-06-2021 PIAA Championships Hershey Parkview
10-22-2021 CD @ Susquehanna Veterans Park
09-28-2021 CD Tri-Meet
09-21-2021 Mifflin County HS
09-18-2021 Ben Bloser - Bulldog Invitational
09-14-2021 CD Tri-Meet
09-07-2021 Central Dauphin @ Carlisle
08-31-2021 Run For Chocolate



CD Cross Country News

Congratulations TJ on running a 15:20.74 at the 2021 Garmin Running Lane Cross Country Championships. Great Job TJ!

This was posted on 11-29-2021



CD Cross Country News



Congratulations TJ on finishing 30th at the Eastbay X-C Northeast Regional 2021 with a time of 16:05.10. Great Job!

This was posted on 11-29-2021



CD Cross Country News



Congratulations TJ Roden for placing 21st at States. TJ finished with a 16:34 time. This is his PR on the Parkview course. Great Job TJ!

This was posted on 11-8-2021



CD Cross Country News

Congratulations TJ Roden for placing 4th at Districts. Great Job TJ!

This was posted on 10-31-2021



CD Cross Country News

Good luck to Cali Bullers, TJ Roden, Cooper Ofak, Sean Frist, Connor Foxwell, and Daniel McKnight at Districts today, Big Spring High School 2pm.

This was posted on 10-31-2021



CD Cross Country News

XC Scores

Boys: CD 23 - Susquehanna 38 (W)

Girls: CD 24 - Susquehanna 35 (W)

Cali Bullers - 1st place

Great Job!

This was posted on 10-25-2021



CD Cross Country News



Congratulations Cali Buller placing 33rd with 21:09 and TJ Roden placing 5th with 16:26 in Mid Penn Cross Country. Both move on to districts. Also, congratulations Cooper Ofak, Sean Frist, Connor Foxwell, and Daniel McKnight for making districts. Great Job!

This was posted on 10-18-2021



CD Cross Country News



Congratulations and Good Luck to our Senior XC Runners.

This was posted on 9-29-2021



CD Cross Country News



Congratulations Cali Bullers for taking 3rd and TJ Roden for winning the boys race with LD and Chambersburg. Great Job!

This was posted on 9-29-2021



CD Cross Country News

Congratulations Cali Bullers for taking 3rd and TJ Roden for winning the boys race with LD and Chambersburg. Great Job!

This was posted on 9-29-2021



CD Cross Country News

Carlisle XC Boys Invite - Top 4 CD Runners (All Ran Their Best Times)

Cooper Ofak 17:45 (PR)

Caleb Mendolia 19:45 (PR)

Conner Foxwell 19:56 (PR)

Dominic Jordan 20:13

Carlisle XC Invite - Top CD Female Finisher

Cali Bullers 21:42

Great Job!

This was posted on 9-27-2021



CD Cross Country News

Congratulations TJ Roden for the 7th place 16:43 finish at the PIAA Foundation Meet in Hershey. Great Job!

This was posted on 9-27-2021



CD Cross Country News

September 21, 2021 - XC Results

Boys:

Central Dauphin 41 - Mifflin County 20 (L)

Central Dauphin 43 - State College 20 (L)

TJ Roden 1st Overall - 16:03

Girls:

Central Dauphin 17 - Mifflin County 41 (W)

Central Dauphin 50 - State College 15 (L)

Cali Bullers 6th Overall - 21:08

This was posted on 9-23-2021

2021-2022



Cali Bullers
Rachel D'Souza
Kara Echard
Maya Landefeld
Allyson Lock
Mackenzie Logan
Lena Parson
Emily Peisner
Madison Rebarchak
Victoria Ryabyy
Amber Strange
Ava Valentin
Elena Wolfe
Emma Wolfe

Girls Cross Country



2021-2022

Braden Berkebile
Jake Brown
Matthew Buck
Anthony Caba
Tucker Carrigan
Ty Elbertson
Conner Foxwell
Sean Frist
Ryan Hanshaw
Konrad Hercher
Dominic Jordan
Landen Kalbarczyk
Aj Keeney
Jake Kiesow
Sebastian Lange
Daniel McKnight
Bennett Mellott
Caleb Mendolia
Wyatt Musselman
Nelson Nwokeji
Cooper Ofak
Joseph O'Neill
Jack Pollock
Timothy Roden II
Carter Storry
Logan Towsen
Noah Towsen



Boys Cross Country



CD Cross Country News



Congratulations to TJ Roden for his 4th place finish at the Ben Bloser Invite. Great Job!

This was posted on 9-20-2021



CD Cross Country News

Congratulations to TJ Roden for his win at the LVC Invite in 15:48. Great Job!

This was posted on 9-13-2021



CD Cross Country News

Congratulations to TJ Roden for finishing 1st and Cali Bollers for finishing 3rd against Carlisle yesterday. Great Job!

This was posted on 9-8-2021