

CENTRAL DAUPHIN
LADY RAMS
GIRLS BASKETBALL



2018 - 2019



CD Girls Basketball News

Congratulations to the Girls Basketball Team and coaches. They were selected as the Mid Penn Winter Sportsmanship Award winners. Great job playing the game the right way.

This was posted on 4-3-2019



CD Girls Basketball News

Congratulations to Sam Gress, 1st team, and Maddie LaFrance, honorable mention, PennLive all-stars.

[Click here for more information](#)

This was posted on 4-1-2019



CD Girls Basketball News

Congratulations on a great season. Great Job Ladies!

This was posted on 3-11-2019



CD Girls Basketball News

Congratulations to Sam Gress (1st Team) and Maddie LaFrance (Honorable Mention)
Mid-Penn Commonwealth All-Star Team!

This was posted on 3-6-2019



CD Girls Basketball News

The Girls Basketball Team will be playing on Friday March 8th in the 1st round of the PIAA State Basketball Tournament. Come support the Lady Rams as they take on Upper Dublin at 8pm at Milton Hershey.

This was posted on 3-4-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Cedar Cliff 43-37. The Lady Rams will be the 3 seed in the State Tourney. The game will be next Friday. Sam Gress had 17 points. Sam became the 6th all-time leading scorer in CD Lady Rams history. Great Job Ladies!

This was posted on 3-1-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Cedar Crest 50-30. Sam Gress led the way with 21 points (5 threes) and Audrey Weigl had 10 points. CD will face-off against CV on Monday at CV at 7pm. Great Job Ladies!

This was posted on 2-22-2019



CD Girls Basketball News

Congratulations CD Girls Basketball 2018-2019 Seniors!

This was posted on 2-12-2019



CD Girls Basketball News

Congratulations CD Girls Basketball 2018-2019 Seniors!

This was posted on 2-12-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for the huge Senior Night win 56-47 over State College! Sam Gress with 17. Maddie Lafrance with 14, and Caroline Shiery with 11. Proud of our Seniors Sam Gress, Delaney Lackner and Cami Karnash!

This was posted on 2-12-2019



CD Girls Basketball News

Come support the Lady Rams Basketball team as they take on State College this evening. We will be recognizing our 3 seniors, Sam Gress, Delaney Lackner and Cami Karnash.

This was posted on 2-8-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Mifflin County 65-22. Sam Gress had 13 points, Audrey Weigl had 12 points, and Maddie LaFrance had 11 points. Izzy Vogel, Haleigh Lackner, and Delaney Lackner were all over the court! Next stop Senior Night Friday! Great Job Ladies!

This was posted on 2-7-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Harrisburg 54 - 44. Sam Gress had 17 points. Maddie LaFrance had 12 points. MVP of the game, Caroline Shiery had 10 points and 12 rebounds. Also, congratulations JV Girls Basketball for defeating Harrisburg 44-34. Great Job Ladies!

This was posted on 2-4-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Chambersburg 67-24. Audrey Weigl had a career high 19 points and Sam Gress also had 19 points. Sam had a nice week with 72 points in the past three games, along with her 1000th point last Tuesday. Great Job Ladies!

This was posted on 1-27-2019



CD Girls Basketball News

Congratulations to Senior Guard Samantha Gress for scoring her 1000th point last night in a 65-42 win. She scored 24 points in the win! Great Job Sam!

This was posted on 1-23-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating East 64-42. Great Job Ladies!

This was posted on 1-23-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Williamsport 69-36. Sam Gress had 29 points, Caroline Shiery had 12 points, Maddie LaFrance and Izzy Vogel had 8 points. Great Job Ladies!

This was posted on 1-22-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Carlisle 74-34. Sam Gress had 27 points and Freshman Caroline Shiery had 18 points. Both career highs. Audrey Weigl had 9 points and her first career 3-pointer. Great Job Ladies!

This was posted on 1-17-2019



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Mifflin County 51-16. Sam Gress had 15 points, Izzy Vogel had 9 points, and Haleigh Lackner had 7 points and 13 steals. Great Job Ladies!

This was posted on 1-9-2019



CD Girls Basketball News

Meet central Pennsylvania's Fab 5: A look at the area's best girls high school basketball players.

[Click here for more information](#)

This was posted on 1-6-2019



CD Girls Basketball Special Report

[Click here to view the video](#)



CD Girls Basketball News

Congratulations All Tournament Team-West York Alyssa Zorbaugh, Palmyra Amelia Baldo, Manheim Township Alexcia Bryant, Katie Bushong, Central Dauphin Maddie LaFrance, and Sam Gress (MVP).

This was posted on 12-28-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Manheim Township 53-38 in the Manheim Township Holiday Tournament. Gress had 25 points and Vogel had 9. Great Job Ladies!

This was posted on 12-28-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Palmyra 45-36 in the opening round of the Manheim Township Holiday Tournament. LaFrance hits 4 3-pointers and Gress had 16 points. Great Job Ladies!

This was posted on 12-27-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Chambersburg 69-25. Vogel had 8 points, Lackner had 10 points, and Gress had 20 points. Great Job Ladies!

This was posted on 12-21-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating East 62-39. This was the Lady Rams 5th win in a row. Sam Gress had 22 points with 4 3-pointers, Delaney Lackner and Audrey Weigl each had 8 points. Great Job Ladies!

This was posted on 12-20-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Altoona 49-38. Sam Gress had 15 points and Izzy Vogel had 15 points with amazing defense. Great Job Ladies!

This was posted on 12-18-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Carlisle 64-9. Sam Gress had 21 points, Maddie LaFrance had 9 points, and Megan Cavoli had 9 points. Great Job Ladies!

This was posted on 12-13-2018



CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Central York 46-30. Sam Gress had 13 points with 3 3-pointers, Maddie LaFrance had 9 points with 3 3-pointers, and Delaney Lackner had 8 points. Great Job Ladies!

This was posted on 12-13-2018

2018 - 2019

Girls Basketball

Varsity Team

Haleigh Lackner
Cami Karnash
Megan Cavoli
Caroline Shiery
Delaney Lackner
Sam Gress
Marlie Dickerson
Adrianna Stricek
Maddie LaFrance
Audrey Weigl
Izzy Vogel
Amelia Green



2018 - 2019

Girls Basketball

JV Team

Megan Cavoli
Jenna McKenzie
Caroline King
Marlie Dickerson
Adrianna Stricek
Julia Cavoli
Amelia Green
Kelis Chisom
Jenny Nwokeji



2018 - 2019

Girls Basketball

Freshman Team

Ryleigh Eismann
Emma Betz
Hope Pagan
Maddie Widnick
Alexis Buie
Kenedy Cooper
Joy Pagan
Kyra McCullough
Sophia James





CD Girls Basketball News

Congratulations CD Girls Basketball for defeating Hempfield 55-29 in the Consi game of the Hempfield Tip Off Tourney. Way to bounce back ladies. Sam Gress lead the way with 16 points. Freshman Caroline Shiery had 13 points and Maddie LaFrance had 11. Great Job Ladies!

This was posted on 12-10-2018



CD Girls Basketball News

Mid-Penn Commonwealth Division girls basketball predicted order of finish by coaches, preseason MVP

[Click here for more information](#)

This was posted on 12-5-2018



2018 - 2019 CD Girls Basketball Team