



2018 - 2019



Congratulations to Caroline, Marley, and Skyler for being named to the Penn Live All-Star Team!

Click here for more information

This was posted on 6-21-2019



CD Girls Lacrosse News

The Girls Lacrosse Team's amazing season came to an end last night with a tough 2nd round playoff loss to Hempfield. The team finished their season with an impressive record of 15-5. We would like to give a final shout out to the incredible Lady Laxers from the Class of 2019: Skyler "The Total Package" Oken, Marley "The Sharpshooter" Kostelec, "All Around" Erin Zieber, Sadie "The Energizer Bunny" Smith, Hailey "The Red Menace" Pratt, Emili "Smiles" Ihm, and Caroline "Stonewall" Reichelderfer. We will miss you all! Way to go Rams!

This was posted on 5-16-2019



Congratulations to the Girls Lacrosse Team for their epic 13-11 victory over Central York in the first round of the District III playoffs! Senior Captain Skyler Oken absolutely dominated the game with 7 goals and her leadership kept the team motivated throughout the game. After trailing much of the game, the determined Rams worked together as a team to put intense pressure on their suddenly overwhelmed opponents and took control of the game with the ultimate team effort. Senior Goalie Caroline "Stone Wall" Reichelderfer garnered 9 saves in the win. The Rams travel to Hempfield tomorrow for a 2nd round matchup with the Spartans. Way to Go Rams!

This was posted on 5-14-2019



CD Girls Lacrosse News

Congratulations to the Girls Lacrosse Team for wrapping up an amazing regular season with a 10-7 victory over Lower Dauphin yesterday. Senior Captain Skyler Oken capped off her legendary career with 4 goals. With the win the Rams improved to 14-4 on the season and head to York Central on Monday for the first round of the District III playoffs. The JV also came up with a big win, downing the Falcons 10-3. Freshman Phenom Riley Yonchiuk led the way with 4 goals. The Junior Rams ended their season with an impressive record of 15-2-1. Way to Rams!

This was posted on 5-10-2019



Congratulations to the Girls Lacrosse team for their 19-16 victory over Trinity last night. The Rams improved their record to 13-4 with the win and are on a 6 game winning streak heading into the District III playoffs. "Slow and Steady" Sarah Doherty led all scorers with 5 goals while Cassie "The Tasmanian Devil" Sellen picked up a career high 3. The JV also picked up the Dub by a score of 12-7, led by Lizzie Brosious, Riley Yonchiuk, and Julia Franklin who had 3 goals each. The Junior Rams improved to a record of 14-2-1. This amazing team has one more regular season game this afternoon, up on the Hill, against Lower Dauphin. Come out and see the incredible class of 2019 ballers one more time and show them your support.

This was posted on 5-9-2019





Congratulations and good luck to our Senior Girls Lacrosse players.

This was posted on 5-7-2019



Congratulations to the Girls Lacrosse team for topping off an fabulous amazing senior night with a 14-1 victory over East High. After recognizing the amazing senior class of Skyler Oken, Marley Kostelec, Hailey Pratt, Sadie Smith, Emili Ihm, Erin Zieber, and Caroline Reichelderfer the Rams put on a lacrosse clinic in controlling the game from start to finish. After shutting out the Panthers in the first half, Stonewall Reichelderfer shed her goalie gear and headed to the attack where she was able to score her first career goal. Way to go Class of 2019, we are so proud of you!"

This was posted on 5-7-2019



Girls Lacrosse Special Report

Click here to view the video



CD Girls Lacrosse News

Congratulations to the Girls Lacrosse team for their 20-4 victory over Palmyra. Senior Sadie "Energizer Bunny" Smith absolutely dominated the field, snatching every ground ball and draw that came her way. The Rams extended their win streak to 4 games and improved their record to 11-4. The JV also had another dominant performance, winning 12-4. Charlotte "The Web" Tenny had an outstanding game on both ends of the field. The Rams will celebrate Senior Night vs. East on Monday night at 7:00 at Landis, please come out and support this amazing group of girls. Great Job Ladies!

This was posted on 5-3-2019



Congratulations to the Girls Lacrosse team for their 13-1 victory over Penn Manor. The Rams improved their record to 10-4 with an amazing effort by Senior goalie Caroline "Stonewall" Reichelderfer who had 9 saves while allowing only 1 goal. Senior Skyler Oken led all scorers with 5 goals. The Junior Varsity also continued their dominant ways with a 15-7 victory over the Comets. Sophomore Bella Sucheski anchored a stifling defense that closed the door on the Comets in the 2nd half. The JV now boasts an impressive record of 11-2-1. The Rams look to extend their winning streak to 4 games in Palmyra tonight.

This was posted on 5-2-2019



CD Girls Lacrosse News

Congratulations CD Girls Lacrosse for defeating Penn Manor 13-1. Also, congratulations JV Girls Lacrosse for defeating Penn Manor 15-7. Great Job Ladies!

This was posted on 5-2-2019



CD Girls Lacrosse News

Congratulations to the Girls Lacrosse team for dominating 16-2 victory over Carlisle. Marley Kostelec led all scorers with 6 goals and Erin Zieber added 5. The JV Rams also took the Dub with a score of 11-5. Julia Franklin led the way with 3 goals, while Liv Murdock and Riley Yonchiuk added 2. The Rams play Penn Manor on the Hill at 4:00 tomorrow, come out and support this amazing team.

This was posted on 4-30-2019



Congratulations to the Girls Lacrosse Team for their 10-4 victory over Red Lion yesterday. After coming in and providing a spark for the attack and scoring her first varsity goal of the year, Julia Franklin was given the "Golden Egg Award" for her outstanding play. The JV was also dominant in a 13-2 win. After shutting out the Lions in the first half, Taylor Dillman shed her goalie gear and scored her first career goal. The Rams host Lower Dauphin tomorrow afternoon, please come and support this amazing team.

This was posted on 4-25-2019



CD Girls Lacrosse News

Congratulations CD Girls Lacrosse for defeating Red Lion 10-4. Great Job Ladies!

This was posted on 4-25-2019



CD Girls Lacrosse News

Congratulations to the Girls Lacrosse team for their hard fought 15-11 victory over Elizabethtown. Senior Skyler Oken led all scorers with 6 goals and senior Erin Zieber added 3 goals and 6 draw controls. The JV also took down the Bears, winning by a score of 10-2, led by Riley Yonchiuk's 2 goals. The Rams travel to Hershey on Wednesday. It should be an outstanding matchup.

This was posted on 4-16-2019



Congratulations CD Girls Lacrosse for defeating Dover 17-6. M Kostelec had 5 goals. Great Job Ladies!

This was posted on 4-15-2019



CD Girls Lacrosse News

Congratulations to the Girls Lacrosse Team for their dominant performance in a 19-3 victory over Cedar Cliff. Star defenders Hailey Pratt, Liza Szobocsan, and Kayla McHugh scored their first career varsity goals in the win. The JV also dominated the evening with a 9-1 win. The Rams play Dover at Landis Field on Thursday evening, please come out and cheer on this amazing team.

This was posted on 4-9-2019



CD Girls Lacrosse News

Congratulations CD Girls Lacrosse for defeating Cedar Cliff 19-3. Also, congratulations JV Girls Lacrosse for defeating Cedar Cliff 9-1. Great Job Ladies!

This was posted on 4-9-2019



Congratulations to the Girls Lacrosse team on their 10-5 victory over Red Land yesterday. Emili Ihm took over the game with 2 key interceptions and her first career goal. Sarah Doherty led all scorers with 4 goals. The team travels to Cedar Crest tomorrow. Way to go RAMS!

This was posted on 4-5-2019



CD Girls Lacrosse News

Congratulations to the Varsity Girls Lacrosse team for their 18-5 victory over Mechanicsburg on Saturday. Strong midfield play, led by Erin Zieber, Sadie Smith, and Hailey Lackner allowed the Rams to control the game from start to finish and Freshman Tyler Hollister had a great game in goal during her first varsity start. Great Job Ladies!

This was posted on 4-1-2019



CD Girls Lacrosse News

Congratulations CD Girls Lacrosse for defeating Chambersburg 20-9. Marley Kostelec and Skyler Oken led the way in scoring while Hayley Pratt anchored a tenacious defense. The JV squad also picked up the "W", topping the Trojans 17 - 7. Great Job Ladies!

This was posted on 3-26-2019



