



2013 - 2014

Seniors 2013-2014





Team Districts Qualifiers
Lauren McNair #2 Midd-penn champ
Rachel Sternberg #3 Midd-penn champ
Julia Sternberg #1 midd-penn runner up
Lauren McNair & Julia Sternberg district quarter finalists







Central Dauphin Girls Tennis 2013









CD Girls Tennis News

Congratulations to Julia Sternberg and Lauren McNair for advancing to the quarterfinals of the District Doubles Championship last Friday at Hershey Racquet Club before falling to the top seeded team from Exeter High School. Great job ladies!

This was posted on 10-24-2013



CD Girls Tennis News

Good luck to Julia Sternberg and Lauren McNair as they battle at the District 3 Doubles Championships at the Hershey Racquet Club today at 12 Noon.

This was posted on 10-18-2013



CD Girls Tennis News

Congratulations to Julia Sternberg for finishing second in the #1 singles play at the Mid Penn Tennis tournament. Her season record was 14 wins and 4 losses. Also congratulations to Lauren McNair and Rachel Sternberg for winning the Mid Penn tennis tournament # 2 singles and # 3 singles Championships at the Mid Penn tournament yesterday. Lauren finished the season with 16 wins and 1 loss and Rachel finished the season with 17 wins and 1 loss. Julia and Lauren advance to the District doubles play on October 18th while Julia will play in the District Singles tournament this coming Saturday at the Hershey Racquet Club. The team will travel to the Hershey Racquet Club tomorrow for Team District play against Cumberland Valley. Great job, Ladies!

This was posted on 10-9-2013



CD Girls Tennis News

Congratulations to the Lady Rams Tennis Team for their performance this past weekend at the Mid Penn tournament. Valerie Shreffler and Caroline Rubin advanced to the semi-finals as did Amanda Neidig and Emily McGraw. Julia Sternberg, Lauren McNair, and Rachel Sternberg will be playing tomorrow at 1:00 in the Championship matches. Julia also qualified for the District singles tournament this coming Saturday and Julia and Lauren qualified for the District doubles tournament beginning on Friday, October 18th.

This was posted on 10-7-2013



CD Girls Tennis News

Congratulations to the Lady Rams Tennis Team for their 5-0 win over Northern on Friday. They completed a successful season at 13 wins and 2 defeats. They begin the Mid Penn tournament on Thursday. Wish them Good Luck when you see them!

This was posted on 9-30-2013



CD Girls Tennis Special Report

Click here to view the video

2013 Efris Terris

Julia Sternberg Lauren McNair Rachel Sternberg

> Valerie Shreffler Caroline Rubin Amanda Neidig Emfly McGraw

2013 Efris Terris

Analyse Englebright Mia McIntyre Swati Patel Gabrielle Topp

> Elysse Mellot Courtney Tran Jessica Leyder Delaney Mitchell



CDHS Fall Sports Special Report

Click here to view the video



CD Girls Tennis News

Congratulations to the Girls Tennis Team for their 5-0 win over Gettysburg last night.

This was posted on 9-12-2013



CD Girls Tennis News

Congratulations to the Lady Rams Tennis Team for their convincing 5-0 win over Mechanicsburg last night. Garnering wins in singles were Julia Sternberg, Lauren McNair, and Rachel Sternberg. Winning in doubles were the teams of Valerie Shreffler and Caroline Rubin and Amanda Neidig and Emiliy McGraw. Their record now stands at 7-1. Come out tomorrow at 3:00 and see them take on Gettysburg. Go Rams!

This was posted on 9-10-2013



CD Girls Tennis News

Congratulations to the Girls Tennis Team for their BIG win over Hershey yesterday 3-2. Great Win!

This was posted on 9-5-2013



CD Girls Tennis News

Congratulations to the JV Girls Tennis Team for their 3-2 win over Hershey yesterday. Players with well fought wins were Elle Mellot, Ana Englebright, Delaney Mitchell, and Swati Patel. The team is now 4-0!!!

This was posted on 9-5-2013