



2019 - 2020



CD Swimming News

Congratulations CD Boys Medley Relay Swimmers, J Dowling, J Axtman, A Waxmonsky, and J Schmidt, for placing 8th at District 3 Swim Championships. Great Job Guys!

This was posted on 3-2-2020

FEB. 28TH, 5:00 PM & FEB. 29TH, 3:00 PM @ CUMBERLAND VALLEY HS



VS



**MEET
DAY**



#CDSWIMMING

DISTRICT 3 SWIM CHAMPIONSHIPS



CD Swimming News

Good Luck at the District 3 Swim Championships!

This was posted on 2-28-2020



CD Swimming News

Congratulations to our fabulous swim team for their 11 wins and 3 losses season. The following swimmers will be advancing to Districts next weekend with a shot at States. Seniors John Axtman and Drew Reeser. Juniors Paige Heck, Aleah Rabino, Anna Conway, Alex Waxmonsky, Jack Dowling. Josh Schmidt, and Jason Chatelle. Sophomores Updegrave and Alyssa Millar. Freshman Jake Keyes. Good Luck Swimmers!

This was posted on 2-20-2020



CD Swimming News

Congratulations to the Rams Swim Team on an excellent performance at the Mid Penn Swimming Championships this past weekend. On the girls side, medalists included Sydney Updegrave, Alyssa Millar, Aliyah Rabino, Anna Conway, and Paige Heck. On the boys side, John Axtman, Jack Dowling, Jake Keyes, Drew Reeser, Josh Schmidt and Alex Waxmonsky all received medals. Special congratulations goes to Sydney Updegrave for setting a new school record in the 100 backstroke, and to Jack Dowling for placing 4th overall in the 100 butterfly.

This was posted on 2-10-2020



CD Swimming Special Report

[Click here to view the video](#)



SENIOR NIGHT



CD Swimming News

Congratulations to the Senior CD Swimmers.

This was posted on 1-31-2020



CD Swimming News

Congratulations CD Girls Swimming for the victory over Mechanicsburg 90-80. Great Job Ladies!

This was posted on 1-29-2020



CD Swimming News

Congratulations CD Girls and Boys Swimming for the victory over Carlisle. Great Job!

This was posted on 1-24-2020

CD GIRLS SWIMMING

MAURAH BURKHOLDER

KARA COLLINS

ANNA CONWAY

MYAH DANNER

KARA ECHARD

HALEY GRIENER

PAIGE HECK

TAYLOR HECK

ABBIGAIL HESS

KAYLYNNE KEYROUZE

GABRIELLA KROLL

JODI LASHER

ALYSSA MILLAR

ZOE NISSLEY

ALIYAH RABINO

MADDALENA RECCE

EMMA RUNDLE

ELAYNA STUBBE

ISABELLA SUCHESKI

LIZA SZOBOCSAN

MAKENNA THRUSH

SYDNEY UPDEGRAVE

MORGAN WEISER

MAYA WILLIAMS

KATIE HANSHAW

CD BOYS SWIMMING

JOHN AXTMAN
BRANDON BENDER
CONNOR BURNS
JASON CHATELL
JACK CLEMENTE
JAYSON COWDEN
BRADY CUMMINGS
WILLIAM DENNISTON
JACK DOWLING
PETER ENGLE
TREVOR FISIC

JAKE KEYES
BRAYDEN MILLER
DREW REESER
JOSH SCHMIDT
LANCE STRINE
ISSAC VAIL
ALEX WAXMONSKY
BEN WEIDT
JAKE ZLOGAR
LUKE ZLOGAR



2019 - 2020 CD Swimming Team



CD Swimming News

Congratulations CD Girls Swimming for the victory over Mifflin County. Great Job Ladies!

This was posted on 1-10-2020



CD Swimming News

Congrats to the Boys and Girls Swim Teams for the victory over Red Land on Monday night. Placing first for the girls were Liza Sobaszan, Jodi Lascher, Anna Conway, Sydney Updegrave, Makenna Thrush, Paige Heck, and Morgan Weiser. Coming in first for the boys were double winner Jack Dowling and Jason Chatelle. This brings the girls to an overall 5 wins and 1 loss and the boys to 4 wins and 2 losses. Swimmers of the meet goes to Drew Reeser and Kara Collins. Good luck against Mifflin on Thursday.

This was posted on 1-7-2020



CD Swimming News

Congratulations to the Girls Swim Team on the 110-60 victory over Chambersburg. Winners were Anna Conway, Bella Sucheski, Sydney Updegrave, and Paige Heck was a double winner. Boys came up short but the relay John Axtman, Jack Dowling, Josh Schmidt, and Alex Waxmonsky had a great swim. Great Job Rams!

This was posted on 12-20-2019



CD Swimming News

Congratulations to the Boys and Girls Swim Teams on their big victories against Cedar Cliff Tuesday night. Peter Engle, Jake Keyes, Alayna Stubbe, and Alyssa Millar all got their first high school victories. There was also double wins by Paig Heck and Jack Dowling. Great Job!

This was posted on 12-11-2019