



2019 - 2020



CD Track and Field News

Shout out Bella Recce on making the Top 5 Finalists for the Travers Award. Great Job!

This was posted on 4-20-2020



CD Track and Field News

Bella Recce - University of Virginia Track and Field

Congratulations and Good Luck!



CD Track and Field News

Raechel Bonner- Kutztown University Track and Field

Congratulations and Good Luck!

Raechel Bonner is the daughter of Ronald Bonner and Angie Bonner. Her favorite track & field memory is running in the 4x400m relay her sophomore year at the District III Championship Meet with Taye, Julie, and Mariel. After graduation, Raechel plans on attending Kutztown University where she will participate in Track & Field.



Drew Reeser is the son of Chris Reeser and Joann Reeser. His favorite track & field memory was going to away meets and making unforgettable memories with some of his best friends. After graduation, Drew plans on attending Penn State University where he will major in Finance.



Senior Spotlights

Isabella Bien is the daughter of William and Tammy Bien. Her favorite track & field memory is dancing to the Hokie-Pokie with the mid-distance relay teams before meet races and winning the Girls' Mid-Penn Conference Championships in 2019. After graduation, Isabella plans on attending Duquesne University where she will major in Occupational Therapy and minor in Psychology and/or Special Education.



Mariel Miller is the daughter of Norm and Miriam Miller. Her favorite track & field memory is running in the 4x400m relay her sophomore year at the District III Championship Meet with Taye, Julie, and Raechel Bonner. After graduation, Mariel plans on attending Penn State University where she will major in Secondary English Education with plans to go to Law school.



Nyeem Sims is the son of Bradford Sims and Marla Sims. His favorite track & field memory was getting to spend every day with his friends and getting to compete in relay races. After graduation, Nyeem plans on enlisting in Army.



Nathan Pazuchanics is the son of James Pazuchanics and Susan Pazuchanics. His favorite track & field memory was hitting his personal goals in the javelin. After graduation, Nathan attending Penn State University where he will major in Marketing.



Madison Smith is the daughter of Gregory Smith and Jennifer Smith. Her favorite track & field memory is the throwers' party after the last home meet where everyone brings food and they celebrate a great season. After graduation, Madison plans on attending West Chester University where she will major in Music Education.



Mackenzie is the daughter of Daniel Maass and Tracey Maass. Her favorite track & field memory is smacking herself in the back with a javelin as she was throwing it and then tumbling down the runway over it. Another favorite memory was Byce and Chad doing broad jumps... with sound effects. After graduation, Mackenzie plans on attending Shippensburg University where she will major in Biology (pre-professional) and participate in volleyball and track & field.



Lexi is the daughter of Alan Gibo and Lisa Gibo. Her favorite track & field memory is running the mile at the Pan-Ram Invitational, her Sophomore year and getting a PR in front of her family. After graduation, Lexi plans on attending West Virginia University where she will major in Health and Well-Being.



Gabriella Recce is the daughter of Gina and Patrick Recce. Her favorite track & field memory is every minute spent on the track; she cherishes it all! After graduation, Gabriella plans on attending the University of Virginia where she will major in Chemical Engineering and participate in Track and Field.



Brooke Polly is the daughter of Tim Polly and Jodi Polly. Her favorite track & field memory is when she earned first place in javelin at the Carlisle meet during the 2019 season and qualified for Mid-Penn Championship Meet. After graduation, Brooke plans on attending Lebanon Valley College where she will major in Accounting.



Amanda Varner is the daughter of Matt Varner and Tina Varner. Her favorite track & field memory is brining picnics and snacks for the throwing team during meets and creating a family – type bond with everyone. After graduation, Amanda plans on attending Penn State University where she will major in Secondary Education.



Miranda Shingara is the daughter of Tom Shingara and Jessica Yasher. Her favorite track & field memory is trying to hold in her laughs on the silent bus rides to away meets. After graduation, Miranda plans on attending Harrisburg Area Community College where she will major in Criminal Justice.



Andrea Castanon is the daughter of Edgar Castanon and Yadira Castanon. Her favorite track & field memory was trying to pole vault and whipped out. After graduation, Andrea plans on attending West Virginia University where she will major in International Studies.



Senior Spotlights

Katelin Schooley is the daughter of Earl Schooley and Michele Schooley. Her favorite track & field memory is when Quinn sat on the net and broke it because he thought since it could hold Katelin in could hold him. After graduation, Katelin plans on attending Wilkes University where she will major in Mechanical Engineering and be a member of the Air Force ROTC.



Hannah Roth is the daughter of Steve Roth and Rosette Roth. Her favorite track & field memory is missing a heat and getting out of her first meet. After graduation, Hannah plans on attending Indiana University of PA where she will major in Anthropology and English.



Senior Spotlights



CD Track and Field News

Congratulations to G. Recce (LJ: 18-6, 3rd, PV 12-6 3rd, TJ 37-5, 9th) and R. Bonner (200m: 25.54, 8th, SR, 400m 57.94 11th SR) for competing in the PTFCA Indoor State Championship at Penn State University.

This was posted on 3-2-2020



CD Track and Field News

Congratulations Indoor Track and Field State Qualifiers!

G. Reece: LJ, TJ, PV

R. Bonner: 200m, 400m

Great Job!

This was posted on 2-25-2020



CD Track and Field News

Congratulations to following boys and girls who finished in the top 10 at the PA Indoor Track Carnival:

1st Girls' 400m: R. Bonner: 58.63

1st Girl's LG: G. Recce: 18-11.50

2nd Girls PV: G. Recce: 13-0

2nd Girls' 200m: R. Bonner: 26.01

9th Girls' 60m: R. Bonner: 8.19

3rd Girls' 4x200: N. Long, N. Peters, G. Recce, R. Bonner: 1:49.70

4th Boys' HJ: C. Foxwell: 5-10

9th Boys' 4x800: N. Narasimhalu, L. Cook, J. Myers, G. Nixon: 8:34.28

Great Job!

This was posted on 2-18-2020



CD Track and Field News

Congratulations to R. Bonner for establishing two new Indoor Track and Field records in the girls 200m (26.01) and 400 (58.63) at the PA Indoor Track Carnival. Great Job!

This was posted on 2-18-2020



CD Track and Field News

Congratulations to G. Recce for establishing a new Indoor Track and Field record in the girls pole vault (13-0) at the PA Indoor Track Carnival. Great Job!

This was posted on 2-18-2020



CD Track and Field News

Congratulations to the Boys 4 x 400m Team of E. Feliciano, N. Alicea, L. Cook G. Nixon for establishing a new Indoor T and F school record at the Golden Wolves HS Challenge on 2-9-2020. Great Job!

This was posted on 2-10-2020



CD Track and Field News

Congratulations to the following girls for finishing in the top 10 at the Golden Wolves HS Challenge on 2-9-2020:

1st R. Bonner: 400m

1st G. Recce: LJ

1st G. Recce: PV

2nd G. Recce: TJ

3rd 4 x 200m (N. Long, N. Peters, G. Recce, R. Bonner)

3rd M. McNamee: PV

4th R. Bonner: 200m

8th R. Bonner: 60m

8th N. Peters: TJ

10th N. Peters: LJ

Great Job!

This was posted on 2-10-2020



CD Track and Field News

Congratulations to the following boys finishing in the top 10 at the Golden Wolves HS Challenge on 2-9-2020:

2nd D. Gluscevich-Kepner: TJ

2nd C. Foxwell: HJ

3rd DMR (L. Cook, G. Nixon, N. Narasimhalu, J. Myers)

4th 4 x 400m (E. Feliciano, N. Alicea, L. Cook, G. Nixon)

5th J. Myers: 3000m

6th 4 x 200m (D. Selby, N. Alicea, J. Smith, E. Feliciano)

7th D. Gluscevich-Kepner: HJ

8th N. Sims: LJ

Great Job!

This was posted on 2-10-2020



CD Track and Field News

Congratulations to Darby Gluscevich-Kepner for establishing a new Indoor Track and Field school record in the triple jump (43-0.75). Great Job!

This was posted on 2-10-2020



CD Track and Field News

Congratulations to R. Bonner for establishing 2 new Indoor Track and Field school records.

55m: 7.51

200m: 26.21

Great Job!

This was posted on 1-27-2020



CD Track and Field News

Congratulations to the following for finishing in the top 10 at the 2020 Douglas W. Wesner Memorial Invite.

4th D. Gluscevich-Kepner: HJ
5th 4 x 400m (E. Feliciano, N. Narasimhalu, J. Myers, G. Nixon)
6th J. Myers: 3000m
6th C. Foxwell: 55HH
1st C. Foxwell: HJ
2nd D. Gluscevich-Kepner: TJ
2nd 4 x 800m (N. Narasimhalu, J. Riely, J. Myers, G. Nixon)
3rd N. Sims: TJ
4th J. Smith: 55HH
5th 4 x 800m (R. Bonner, K. Echard, M. Thrush, C. Fischer)
6th T. Fuller: SP
6th G. Reece: 55m
7th E. Murphy: 3000m
1st G. Recce: PV
1st G. Recce: TJ
1st 4 x 200m (A. Lock, N. Peters, G. Recce, R. Bonner)
3rd R. Bonner: 55m
4th N. Peters: TJ
4th M. McNamee: PV

Great Job Ladies!

This was posted on 1-13-2020



CD Track and Field News

Congratulations to the following girls finishing in the top 10 at the 2020 Golden Bear H.S. Invite

2nd G. Recce: PV

1st G. Recce: TJ

4th N. Peters: TJ

7th L. Arms: 3000m

2nd R. Bonner: 55m

5th M. Thrush: 1600m

3rd 4 x 200m (A. Lock, N. Peters, G. Recce, R. Bonner)

1st R. Bonner: 400m

Great Job Ladies!

This was posted on 1-5-2020



CD Track and Field News

Congratulations to the following boys finishing in the top 10 at the 2020 Golden Bear H.S. Invite

3rd D. Gluscevich-Kepner: TJ

2nd C. Foxwell: HJ

4th D. Gluscevich-Kepner: HJ

8th D. Selby: 55m

3rd: 4 x 800: N. Narasimhalv, J. Myers, L. Cook, G. Nixon

9th C. Ofak: 3000m

7th C. Foxwell: 55HH

6th N. Narasimhalv: 800m

Great Job Guys!

This was posted on 1-5-2020



CD Track and Field News

Congratulations to Gabriella Recce for breaking her own Indoor Track ND Field school records today in the pole vault (12-9) and the triple jump (38-01.50) at the 2020 Golden Bear H.S. Invite. Great Job!

This was posted on 1-5-2020



CD Track and Field News

Congratulations Gabriella (TJ, PV) and Darby (LJ, TJ) for establishing new indoor T and F school records at the UC Holiday HS Open at Ursinus College on 12-21. Great Job!

This was posted on 12-22-2019

Finals						
1	Recce, Gabriella	11 Central Dauphin	19-03.75	PTFC	5.88m	3 10
	18-01 18-07.50	19-03.75				
2	Cooper, Nyashia	11 Imhotep Institut	17-10.75	PTFC	5.45m	3 8
	16-02.75 17-09	17-10.75				
3	Taylor, Tia	11 Saint Basil Academy	17-10.50	PTFC	5.44m	3 6
	17-10.50 17-07.50	17-09				
4	Tarlue, Lexie	8 Tatnall	17-04.75	PTFC	5.30m	2 5
	17-04.75 17-03.75	16-07.50				
5	Foster, Brianna	11 Ridley	16-10.25		5.13m	1 4
	16-03.25 16-06.75	16-10.25				
6	Alexander, Ava	9 West Chester Rustin	16-10.00		5.13m	3 3
	16-02.75 16-10	FOUL				
7	Trout, Madison	10 Southern Lehigh	16-05.75		5.02m	3 2
	16-05.75 FOUL	15-03.25				
8	Coffield, Calista	9 Neshaminy	16-04.25		4.98m	3 1
	16-04.25 14-09	15-05.75				
9	Stith, Jada	12 OL Good Counsel	16-02.00		4.92m	3
	16-02 15-08	14-08				
9	Dunham, Coco	10 Methacton	16-02.00		4.92m	2
	15-09.25 15-05	16-02				
11	Dunham, Camille	12 Methacton	15-11.00		4.85m	3
	15-08 15-11	FOUL				
11	Eisold, Abby	12 George School	15-11.00		4.85m	2
	14-07.75 15-06.50	15-11				
13	Howard, Vanessa	11 Tatnall	15-09.25		4.80m	2
	FOUL 15-09.25	15-06				
14	Smith, Kate	9 Episcopal Academy	15-07.75		4.76m	1
	15-07.75 15-01	14-04				
15	Cassaday, Amelia	12 Southern Lehigh	15-07.50		4.76m	3
	15-07.50 15-07.50	14-05.75				
16	Grisson, Ananda	9 Bishop McDevitt	15-05.25		4.70m	1
	FOUL 15-05.25	FOUL				
17	Bellini, Carolena	11 Central Bucks East	15-05.00		4.69m	2
	15-04.75 15-04.25	15-05				
18	Metzger, Allyson	11 Villa Maria Academy	15-02.75		4.64m	2
	15-02 FOUL 15-02.75					
19	Howard, Halle	12 Upper Merion	15-02.25		4.62m	2
	15-02.25 14-04.75	FOUL				
20	Sapnas, Alexis	10 Villa Maria Academy	15-01.50		4.61m	2
	15-01.50 FOUL 14-11.75					
21	Sottile, Emma	10 Council Rock North	14-10.75		4.54m	2
	14-10.75 14-06.25	14-04.50				
22	Okcuoglu, Izzy	12 West Chester Rustin	14-10.50		4.53m	2
	14-03.75 14-10.50	FOUL				
23	Mercure, Olivia	11 Dock Mennonite	14-08.25		4.47m	2
	12-10.50 14-08.25	14-01.25				
24	Bonfini, Rachel	12 Cardinal O'Hara	14-07.25		4.45m	2
	14-07.25 ND ND					
25	Fields, Leena	11 Bishop McDevitt	14-06.50		4.43m	2
	14-06.50 ND ND					
26	Metro, Ella	9 Germantown Academy	14-05.00		4.39m	1
	FOUL FOUL 14-05					
27	Bamphose, Rachel	12 OL Good Counsel	14-04.00		4.36m	3
	13-07.50 ND 14-04					
28	O'Brien, Erin	11 Magr Bonner	14-03.75		4.36m	1
	14-01 14-03.75	ND				
29	Willey, Lola	12 Freedom (11)	13-03.50		4.05m	3
	13-03.50					
30	Harrison, Candace	12 Springfield Twp	13-03.25		4.04m	1
	13-03.25 ND FOUL					
31	Valley, Juliette	12 Neshaminy	13-02.00		4.01m	3
	13-02 ND ND					
32	Perez, Kristina	10 Nazareth Academy	12-11.25		3.94m	1
	12-11.25 ND ND					
33	Mason, Katie	11 Ridley	12-09.50		3.89m	1
	12-09.50 ND ND					
33	Donnelly, Eva	9 Nazareth Academy	12-09.50		3.89m	1
	12-09.50 FOUL FOUL					
35	Gutekunst, Camille	12 Freedom (11)	12-04.75		3.77m	1
	12-04.75 ND ND					
36	Ostrich, Marissa	12 Upper Merion	12-04.50		3.77m	1
	12-04.50 ND ND					



CD Track and Field News

Central Dauphin's Gabriella Recce starts off her season in a big way with a leap of 19-3! She had two other jumps over 18 feet as well. That's a US #1 and career best for Recce. Also, it's a new CDHS Indoor Track and Field School Record as well. Congratulations Gabriella!

This was posted on 12-9-2019