

# CD TRACK AND FIELD



2021 - 2022



## CD Track and Field News

TJ Roden had a good day at the Adidas Track Nationals in NC. Finished 2nd overall in the mile. He had a new PR time of 4:12.62. Great Job!

*This was posted on 6-20-2022*



## CD Track and Field News

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- 05-27-2022 Meet Day - PIAA State Championship
- 05-21-2022 Meet Day - District III Championships
- 05-20-2022 Meet Day - District III Championships
- 05-14-2022 Meet Day - Mid-Penn Championships
- 05-03-2022 Meet Day - 4:00 @ Mifflin County HS
- 04-29-2022 Meet Day - 4:30 @ Dallastown HS
- 04-22-2022 Meet Day - 3:30 @ Twin Valley
- 04-19-2022 Meet Day - 4:00 @ Landis Field
- 04-14-2022 Meet Day - 3:45 @ CD High School
- 04-12-2022 Meet Day - 4:00 @ Cumberland Valley
- 04-09-2022 Meet Day - 9:00 @ Landis Field
- 04-02-2022 Meet Day - 9:00 @ Mountain View MS



## CD Track and Field News

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PTFCA announced the 2022 Outdoor Track and Field All-State Teams. Congratulations to our All-State 3rd Team athlete, TJ Roden – 1600m. Great Job!

*This was posted on 6-8-2022*





## CD Track and Field News

Congratulations Ahren Stauffer for finishing 4th at State for Javelin. Great Job!

*This was posted on 5-30-2022*



## CD Track and Field News

Congratulations TJ for finishing 3rd at States and establishing a new school record in the Boys 1600m (4:11.58). Great Job!

*This was posted on 5-28-2022*





## CD Track and Field News

Congratulations Dante Pagano, Oluwaseyi Oladipo, Seth Clark, and Darren Haggans for a great season. Not bad for 3 guys that are first year runners and the 4th in his 2nd year. They are top 15 in the State. Great Job Guys!

*This was posted on 5-28-2022*



## CD Track and Field News

Congratulations Marissa McNamee for a great season. Great Job!

*This was posted on 5-28-2022*





## CD Track and Field News

Congratulations to the CD Track and Field State Qualifiers. Great Job!

*This was posted on 5-27-2022*





## CD Track and Field News

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Congratulations to TJ Roden for tying the boys 1600m school record (4:14.66) at the District III Track and Field Championship Meet.

*This was posted on 5-23-2022*



## CD Track and Field News

Congratulations TJ Roden for placing 6th in the District III Boys 800. Great Job!

*This was posted on 5-23-2022*





## CD Track and Field News

Congratulations Dante Pagano, Oluwaseyi Oladipo, Seth Clark, and Darren Haggans for placing 2nd in the District III Boys 4x100. Great Job!

*This was posted on 5-23-2022*



## CD Track and Field News

Congratulations Ahren Stauffer for placing 2nd in the District III Boys Javelin (177-5). Great Job!

*This was posted on 5-23-2022*





## CD Track and Field News

Congratulations TJ Roden for placing 2nd in the District III Boys 1,600 Meter Championship. Great Job!

*This was posted on 5-23-2022*





## CD Track and Field News

Congratulations Marissa McNamee for placing 3rd in the District III Pole Vault Championship. Great job!

*This was posted on 5-23-2022*





## CD Track and Field News

Congratulations 2022 CD Track and Field District III qualifiers. Great Job!

*This was posted on 5-20-2022*



## CD Track and Field News

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Congratulations to the following girls who have been accepted to compete in the District III T and F Championship on May 20th and 21st. Great Job!

M. Williams: 100m, 200m  
M. McNamee: Pole Vault

*This was posted on 5-16-2022*



## CD Track and Field News

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Congratulations to the following boys who have been accepted to compete in the District III T and F Championship on May 20th and 21st. Great Job!

S. Clark: 100m  
T. Roden: 1600m, 800m  
4 x 100m Team  
D. Haggans: 200m  
A. Stauffer: Javelin

*This was posted on 5-16-2022*



School	Finals	H#	Points
Finals			
1 Palmyra	42.11	3	10
1) Jose Morales 11	2) Kasen Bixler 12		
3) Quinton Townsend 12	4) Anthony Mansfield 12		
2 Milton Hershey	43.13	3	8
1) Tajh Delgado 12	2) Mohamed Koroma 10		
3) Abraham Sloboh 10	4) Clayton Kumi 11		
3 Chambersburg	43.15	3	6
1) Darion Baumgartner 11	2) Michael Kelly 12		
3) Tanner Meyers 11	4) Antonio Harrison II 9		
4 Central Dauphin	43.29	2	5
1) Darren Haggans 11	2) Dante Pagano 11		
3) Oluwaseyi Oladipo 12	4) Seth Clark 11		

### Mid-Penn Track and Field Championships Results (MPC - 4x 100)

Event 102 Boys 100 Meter Dash

Name	Year School	Finals	Points
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Finals

1	Abraham Sloboh	10 Milton Hershey	10.60	10
2	Justin Cook	12 Harrisburg H	10.68	8
3	Anthony Mansfield	12 Palmyra	11.02	6
4	Lex Cyrus	9 Susquehanna	11.03	5
5	Jontae Morris	12 Cedar Cliff	11.08	4
6	Seth Clark	11 Central Dauphin	11.13	3
7	Darren Haggans	11 Central Dauphin	11.27	2
8	Brody Rhodes	12 Waynesboro	11.35	1

Men - Team Rankings - 17 Events Scored

Mid-Penn Track and Field Championships Results (MPC - Boys 100)



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Name	Year	School	Finals	H#	Points
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Finals					
1 Josiah Sechler	11	Mifflin Coun	182-06	2	10
2 Ahren Stauffer	12	Central Dauphin	179-06	2	8
3 Eli Becker	11	Palmyra	173-02	2	6
4 Ethan Dorrell	11	Cedar Cliff	170-07	2	5
5 Jeremiah Hargrove	10	Carlisle	170-04	2	4
6 Gabe Vigliano	12	Mechanicsbur	167-05	2	3
7 Carter Funk	12	Shippensburg	165-00	2	2
8 Tanyon Shaul	11	Waynesboro	158-05	1	1
9 Wesley Schooley	11	Central Dauphin	158-02	1	
10 Brock Shughart	12	Carlisle	157-10	2	
11 Ridge Crispino	11	Cumberland Valley	157-06	2	
12 Matthew Ward	12	Big Spring	156-08	1	
13 Brady Diller	12	Greencastle-Antrim	155-09	2	
14 Aidan Mencia	12	Waynesboro	152-04	1	
15 Peter Mertz	10	Chambersburg	151-02	1	

### Mid-Penn Track and Field Championships Results (MPC - Javelin)

# Event 135 Girls Pole Vault

Name	Year School	Finals	Points
Finals			
1 Adeline Woodward	10 Trinity (3)	11-06.00	10
2 Marlayna Concannon	11 Red Land	J10-06.00	8
3 Delaney Beigh	11 East Pennsbo	J10-06.00	5.50
3 Marissa McNamee	11 Central Dauphin	J10-06.00	5.50
5 Emily Donegan	12 Hershey	J10-06.00	4
6 Piper Linn	10 Greencastle-Antrim	J10-00.00	3
7 Chloe Pyles	10 Cumberland Valley	J10-00.00	2
8 Lindsay Lambert	11 Mechanicsbur	J9-06.00	1
9 Isabel Petula	10 Boiling Springs	J9-06.00	
10 Cassandra Tipa-Bowman	12 Lower Dauphin	J9-06.00	
11 Jada Creager	10 Waynesboro	J9-06.00	
12 Keely Brown	9 Mechanicsbur	J9-06.00	
13 Ashley Nolan	12 Mechanicsbur	J9-06.00	
14 Brooke Barrick	12 Big Spring	J9-06.00	

Mid-Penn Track and Field Championships Results (MPC - Girls Pole Vault)



Name	Year School	Finals	H#	Points
Finals				
1 Jillian Sydnor	11 Shippensburg	24.88	5	10
2 Mia Boardman	12 Cumberland Valley	25.11	5	8
3 Jaylynn Dorsey	9 Susquehanna	25.42	5	6
4 Natalia Holmes	10 Chambersburg	25.62	5	5
5 Riley Ebersole	11 Cumberland Valley	25.87	5	4
6 Ashley Ross	11 Cumberland Valley	25.90	5	3
7 Ella Boback	12 Carlisle	26.06	4	2
8 Maya Williams	11 Central Dauphin	26.10	4	1
9 Jamie Swartz	12 Lower Dauphin	26.12	5	
10 Madison Livingston	9 Central Daup	26.23	4	
11 Noelle England	12 Mechanicsbur	26.25	4	
12 Tamryn Premici	9 Central Daup	26.68	3	
13 Alizaya McClellan	11 Milton Hershey	26.71	4	
14 Sanai Abdullah	9 State Colleg	26.76	3	
15 Claire Coons	12 Greencastle-Antrim	26.77	4	

**Mid-Penn Track and Field Championships Results (MPC - Girls 200)**

Name	Year School	Finals	H#	Points
Finals				
1 Timothy Roden	11 Central Dauphin	4:17.07	2	10
2 Nick Sloff	11 State Colleg	4:20.43	2	8
3 Trent Dinant	12 State Colleg	4:22.62	2	6
4 Tommy Crum	11 Boiling Springs	4:23.80	2	5
5 Charles Endres	12 State Colleg	4:25.38	2	4
6 Kevin Shank	11 Carlisle	4:26.00	2	3
7 William Weigner	12 Cedar Cliff	4:28.77	2	2
8 Carter Paul	11 Mechanicsbur	4:29.46	2	1
9 Dalton Noblit	11 Greencastle-Antrim	4:31.62	2	
10 Jasper Burd	12 Trinity (3)	4:32.12	2	
11 Cooper Ofak	12 Central Dauphin	4:32.87	2	
12 Joseph Jacobs	11 Waynesboro	4:37.22	2	
13 Christopher Royer	12 Mifflin Coun	4:38.99	2	
14 Joseph Butler	11 Cumberland Valley	4:39.02	2	
15 Nathan Nielson	12 Hershey	4:39.10	1	
16 Caden Bell	10 Mifflin Coun	4:40.27	1	

**Mid-Penn Track and Field Championships Results (MPC - Boys 1600)**



Name	Year	School	Finals	H#	Points
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Finals					
1 Abraham Sloboh	10	Milton Hershey	21.33	5	10
2 Luke Noss	12	Cumberland Valley	21.83	5	8
3 Quinton Townsend	12	Palmyra	22.05	5	6
4 Ryan Lindenberg	12	State Colleg	22.35	5	5
5 Gionni Premici	10	Central Daup	22.48	4	4
6 Seth Stouffer	11	Greencastle-Antrim	22.64	5	3
7 Tyrell Ford	12	Central Daup	22.72	4	2
8 Darren Haggans	11	Central Dauphin	22.73	4	1
9 Jose Morales	11	Palmyra	22.96	5	
10 Mohamed Koroma	10	Milton Hershey	23.21	3	
11 Trey Weiand	11	Trinity (3)	23.21	2	
12 Tanner Meyers	11	Chambersburg	23.22	3	
13 Jacob Kauffman	12	Lower Dauphin	23.23	4	
14 Henry Notarfrancesco	10	Mechanicsbur	23.28	3	
15 Alex Garcia	11	Lower Dauphin	23.31	3	

### Mid-Penn Track and Field Championships Results (MPC - Boys 200)



## CD Track and Field News

Congratulations to the CD Track and Field Mid Penn Qualifiers. Great Job!

*This was posted on 5-15-2022*





### **CD Track and Field News**

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Congratulations TJ Roden for establishing a new 800m (1:55.98) record at the Ray Geesey Track and Field Invitational, April 29, 2022. Great Job!

*This was posted on 5-1-2022*



### **CD Track and Field News**

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Congratulations to TJ Roden who established a new school record in the 3200m (9:31.54) on April 26, 2022. Great Job!

*This was posted on 4-27-2022*



## CD Track and Field News

Congratulations and Good Luck to Our Seniors!

*This was posted on 4-15-2022*













## CD Track and Field News

Marissa McNamee, a junior at Central Dauphin High School, won the gold medal at the PanRam Invitational in the pole vault event. Great Job!

*This was posted on 4-11-2002*



2022 CD Girls Track and Field Team





**2022 CD Boys Track and Field Team**



## CD Indoor Track and Field News

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Congratulations to the following athletes who have qualified for the PTFCA Indoor State T and F Meet:

C. Foxwell: Boys HJ

T. Roden: Boys 800

M. McNamee: Girls PV

Great Job!

*This was posted on 2-22-2022*



## CD Indoor Track and Field News

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Congratulations Conner Foxwell for establishing a new Indoor Track and Field record in the 55m hurdles (8.21) on 2-17-2022. Great Job!

*This was posted on 2-18-2022*



## CD Indoor Track and Field News

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Congratulations TJ Roden for establishing a new Indoor Track and Field record in the 3000m (8:59.52) on 2-17-2022. Great Job!

*This was posted on 2-18-2022*





## **CD Indoor Track and Field News**

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Congratulations TJ Roden for establishing a new Indoor Track and Field record in the 1600m (4:26.86) on 2-12-2022. Great Job!

*This was posted on 2-14-2022*



## **CD Indoor Track and Field News**

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Congratulations TJ Roden for establishing a new Indoor Track and Field record in the 1600m (4:26.86) on 2-12-2022. Great Job!

*This was posted on 2-14-2022*



## **CD Indoor Track and Field News**

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Congratulations to TJ Roden who established a new indoor track and field record in the boys 3000m (9:02.68) on 1-8-2022. Great Job!

*This was posted on 1-10-2022*



## CD Indoor Track and Field News

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Congratulations to the following athletes who finished in the top 8 at Kevin Dare Invitational on 1/8/2022.

C. Foxwell:  
2nd HJ: 5-10  
6th 60m HH: 9.11

M. McNamee:  
3rd PV: 10-0

G. Scott:  
6th 60m: 7.16

T. Roden:  
2nd 800m: 1:58.05  
1st 3000m: 9:02.68

*This was posted on 1-10-2022*