



2008 - 2009



## **CD Wrestling Special Reports**

[CD Wrestling Highlights Part 1](#)

[CD Wrestling Highlights Part 2](#)

[CD Wrestling Highlights Part 3](#)

[CD Wrestling Highlights Part 4](#)

[CD Wrestling Freshman Highlights Part 1](#)

[CD Wrestling Freshman Highlights Part 2](#)

[CD Wrestling Freshman Highlights Part 3](#)

[Team State Champions Special Report](#)

[CD Wrestling Special Report](#)

# 2008 – 2009 Announcements

Congratulations once again to the wrestling team for bring home their 5th state championship title this past weekend. They broke the all time Pennsylvania state record with 5 consecutive state team titles. Tony Dallago and Marshall Peppelman each earned gold medals at their respective weight classes. Kenny Courts brought home a silver medal and Shyheim Brown earned the bronze medal. Simon Rice and Tyler Buckman both placed 5th and Kenny Stank brought home a 6th place medal. Once again, congratulations to the ram wrestlers for an outstanding season and a season that broke many district and state records and a season with many great memories.

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Congratulations to the Varsity Wrestling Team for making District 3 history Saturday night. The ram wrestlers had eight district finalist and eight district champions setting an all time record for the number of district champions from one team in a single year. The team also set an all time points record with 206 points which was previously held by CD at 155 points. Good luck to the following District champions as they compete at States in two weeks:

103 - Shyheim Brown  
112 - Kevin Gooding  
119 - Simon Rice (1st from CD to have earned 3 straight district titles)  
125 - Tyler Buckman  
135 - Kenny Stank  
152 - Marshall Peppelman  
160 - Kenny Courts  
189 - Tony Dallago

- Great job to Zach Oberholtzer, AJ Sweigard, Kyle Wolfe and Nick Stewart for making it to Districts this year. For three of them they have another chance next year to make it to the big show.

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Congratulations to Coach Sweigard for being named Coach of the Year.

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Congratulations to the ram wrestlers for winning the District 3 Section 2 Tournament. The rams finished with 9 champions (record) and 12 district qualifiers (record). Shyheim Brown, Kevin Gooding, Simon Rice, Tyler Buckman, Kenny Stank, Marshall Pepelman, Kennny Courts, Tony Dallago and Kyle Wolfe all were crowned champions. Zach Oberholtzer, AJ Sweigard and Nick Stewart also qualified for the District tournament.

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Congratulations to the wrestling team for beating Cumberland Valley in the PIAA state dual championship match this past Saturday. **This is their 4th state Championship.** Good luck as they continue on in the individual tournaments.

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Congratulations to the varsity wrestling team on winning their 2nd consecutive District 3 wrestling championship this past Saturday over Cumberland Valley. The rams are now 14-0 and are headed into the PIAA state playoffs which will begin this Friday at 2:00. Good Luck to the RAM wrestlers as they continue to train hard and continue their quest for a 4th state title.- Congratulations to the varsity ram wrestling team for winning the New Oxford Open Tournament this past weekend over the 2nd place team by 100 points. The rams had 7 individual champions led by Tony Dallago who posted his record setting 150 career wins

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Also Congratulations to the varsity ram wrestling team for completing their regular season undefeated and winning the Mid Penn conference title for the 5th year in a row. The wrestlers will begin their quest for a 4th state title as they open with Garden Spot this tuesday at home in the first round of the district playoffs. The action will begin at 7:00. Come out and support your ram wrestlers.

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Congratulations to the varsity wrestling team for winning the Cumberland Valley Winter Duals Tournament the weekend of January 10, 2009. The Rams Beat Boyertown HS from district 1 in the preliminary round and then beat Council Rock also from district 1 and then beat our cross river rivals, Cumberland Valley in a jam packed and loud gym 30-22 with some of the best wrestlers in the state going head to head. The wrestlers stay undefeated at 6-0 and will host the colts of Cedar Cliff this Tuesday at 7:30Come out and support your team.

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The rams had 6 place winners with Tyler Buckman 8th, Kenny Stank 7th, Kenny Courts 6th, Shyheim Brown 5th, Tony Dallago 2nd and Marshall Peppelman claiming the 152lb title. The Rams will continue their tough schedule as they will travel west to Pittsburgh over holidays to participate in the Powerade Tournament which has been rated as the #1 tournament in Pennsylvania. Good Luck Ram wrestlers.

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Congratulations to the varsity wrestling team for winning the Prestigious Williamsport Top Hat tournament the weekend of December 6, 2008. 13 of the 14 wrestlers came home with a medal and 3 were crowned champions. Shyheim Brown, Kevin Gooding and Marshal Peppelman were crowned champions.



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### **STATE CHAMPION T-SHIRTS!**

Don't miss out - order today. We are taking orders for the State Champion t-shirts until Feb 23!

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### **CD Wins District 3 Tournament!**

Again, it's CD and CV in the District 3 Finals. Congratulations to a great team effort to pull out the win by a nice margin. The ending match of Walker/Stank was a battle that's been going on about 12 years. Napoli won, Peppelman won over Busler, Dallago had a quick pin, Courts pinned, Warner (CV) pinned and Evans (CV) pinned...leading into the heavyweight and lightweight matches. Great Job CD!

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### **Pins for Preston**

Tony Dallago is supporting the Cystic Fibrosis Foundation with his senior season. Pins for Preston are a download in the document section. Pledges per win/pin and Sate Championship will be collected after the season and after the PIAA State Tournament in March. Let's keep the pressure on Tony to be successful in his season by pledging money for a great cause. Preston Shields is Tony's neighbor - he is 2 years old and was born with this disease.

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### **Members - join the CD Wrestling Association**

The following folks have already joined, if you want to support our kids, let us know!

MR JAMES MORRIS  
SELTZER FAMILY  
OSBORNE FAMILY  
RICE FAMILY  
BUCKMAN FAMILY  
WANDA ABOU EL NAGGA  
FORAN FAMILY  
VANCE,LISA KYLE WOLFE  
MARIA BOWERS  
BRAD AND JAKE LEVIN  
OBERHOLTZER FAMILY  
PEAKE FAMILY  
MARK AND ERIKA FRANK

THERESA GRETZULA AND NICK YODOCK  
MARK WALSH  
JUSTIN WOLFE FAMILY  
VARNDELL FAMILY  
KENNY STANK  
PEPPELMAN FAMILY  
DALLAGO FAMILY  
CAMACCI FAMILY  
JEFF UPSON  
TIM AND ERIN SHANNON  
GUY HINE  
LYNN KYLE  
JONATHAN LEE  
DAVE ECKROTH  
MITCHELL SWANGER  
RON BAKER  
STEVE RUDY  
JOE BRYNES  
STEWART FAMILY  
WILLIAM SCHRADER  
ROBERT HUMPHREYS

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#### **Happy New Year!**

After a wild ride in December, we are back in town to wrestle league matches. CD conquered the Top Hat Tournament on Dec 6, then went to the Beast of the East Tournament in Delaware and took 3rd place, then edged out the competition in high fashion at the Powerade Tournament. Congratulations to the Ram Wrestlers.

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#### **Powerade Tournament**

2 Champions - Marshall Peppelman and Tony Dallago, Runnerup - Kenny Courts. 3rd Place - Kenny Stank and Shyheim Brown, 5th Place - Simon Rice, 6th Place - Kevin Gooding, 8th Place - Kyle Wolfe. Team points - CD had 196 to 2nd place Shade Side at 160 points. Great job Team! Bonus points count big!

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#### **Beast of the East Tournament**

Champion - Marshall Peppelman. Runnerup - Tony Dallago. Shyheim Brown got 5th place, Tyler Buckman got 8th place, Kenny Stank got 7th place, and Kenny Courts got 6th place.

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#### **Top Hat Tournament**

Champions - Shyheim Brown, Kevin Gooding, Marshall Peppelman and the following took 2nd place - Tyler Buckman, Kenny Courts and Tony Dallago. Carl Seltzer placed 5th, Simon Rice placed 3rd, Kenny Stank placed 3rd, Emmett Koller placed 6th, Zac Koller placed 6th, and Nick Stewart placed 3rd. Nice job team.

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#### **JV Tournament Results**

Our JV wrestlers have had a busy December as well, Big Spring Tournament, West Perry and Central Dauphin all produced winners big!

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#### **Big Spring - JV Tournament**

125 Mason Seltzer-2nd (2-1), Tyler Shott 2-2  
130 Francis Egbo-1st (3-0), Chester Gearhart-2nd( 2-1)  
135 Nick Yodock-3rd, Dan Smith 2-2, Tim Foran2-2  
140 Wesley Rick 1-2, Mike Brandt 1-2  
145 AJ Sweigard 1st (3-0)  
152 Alex Stupak 1-2  
160 Dakota Nace 3rd (4-1), Alex Parson 0-2  
171 Justin Wolfe 0-2  
189 Jarrett Brooks 1st (2-0)  
285 Seidu Issah 1st (3-0), Alec Gonzalez (1-2)

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#### **Freshman Team - Penn Cambria Results**

75 - TJ Osborne 1st Place  
80 - Austin Adams 6th Place  
85 - Austin Camacci 3rd Place  
90 - Nick Ward DNP  
95 - Evan Davis 3rd Place  
100 - Austin Rose 1st Place

105 - Garrett Peppelman 1st Place  
110 - Steven Varner 5th Place  
115 - Nick Varndell 1st Place  
122 - Colton Peppelman 1st Place  
130 - Matt Lux 6th Place (Could not wrestle for 5th because already had 5 matches that day)  
138 - Mike Shannon DNP  
145 - Terrance Parsons 6th Place (Could not wrestle for 5th because already had 5 matches that day)  
155 - Jamison Peake 2nd Place  
165 - Zach Wilk 4th Place  
185 - Austin Shott 1st Place  
210 - Coty Stewart DNP  
250 - Nathan Stewart 1st Place

The team took 1st Place with 300 Team Points.





CD Wrestling State Champions



# PLAYERS

SHYHEM J BROWN  
TYLER BUCKMAN  
KENNETH COURTS  
ANTHONY DALLAGO  
ALEX FILEPAS  
ALEC GONZALEZ  
KEVIN GOODING  
SEIDU ISSAH  
EMETT KOLLER  
ZACHARY KOLLER  
KEVIN MCCLAIRE  
RYAN MCGARVEY  
ZACH OBERHOLTZER  
MARSHALL PEPPELMAN  
SIMON RICE  
HOLDEN ROWE  
CARL SELTZER  
JONATHAN SEMBORSKI  
KENNETH STANK  
NICK STEWART  
ALEX SWEIGARD  
KYLE WOLFE  
NICK YODOCK

# WRESTLING VARSITY







# PLAYERS

Michael Brandt  
Jarrett Brooks  
Francis Egbo  
Timothy Foran  
Brian Frostbutter  
Chester Gerhart  
Jeremy Myers  
Dakota Nace  
Alex Parson  
Wesley Rick  
Mason Seltzer  
Tyler Shott  
Dan Smith  
Alex Stupak  
Justin Wolfe





Austin Adams  
Corey Allan  
Ben Aronoff  
Zachary Bantz  
Jonathan Bowers  
Joshua Brooks  
Austin Camacci  
Evan Davis  
John Dymond  
Robert French  
Christopher Gazatti  
Matthew Hughes  
Jaka Lavin  
Matt Lux  
Conner Malhorn  
Timothy Osberna  
Terrance Parsons  
Jamison Peake  
Jordan Peake  
Colton Pappalman  
Garrett Pappalman  
Austin Rose  
Michael Shannon  
Austin Shott  
Jared Smuda  
Cody Stewart  
Nathan Stewart  
Nicholas Vardell  
Steven Verner  
Chris Vane  
Vince Vitolo  
Nicholas Ward  
Zachary Wilk

PLAYERS



Mike Mauer Ken Courts Jeff Sweigard Tim Arnick Jim Collins

CD Wrestling Coaching Staff





## CD Wrestling Managers

Team managers provide an invaluable service to the coaching staff and team during the season. Team Managers help with equipment, video tape every match at both dual meets and individual tournaments, and help document, compile and distribute statistics about the team and each individual wrestler.





CD Wrestling Team

# **2008-2009 RESULTS**

**PIAA STATE TOURNAMENT CHAMPIONS**

**PIAA STATE INDIVIDUAL TOURNAMENT**

**DISTRICT 3 INDIVIDUAL TOURNAMENT**

**DISTRICT 3 TOURNAMENT CHAMPIONS**

**SECTION ELEVEN CHAMPIONS**

**TOP HAT TOURNAMENT CHAMPS**

**POWERADE TOURNAMENT CHAMPS**

**BEAST OF THE EAST 3RD PLACE**

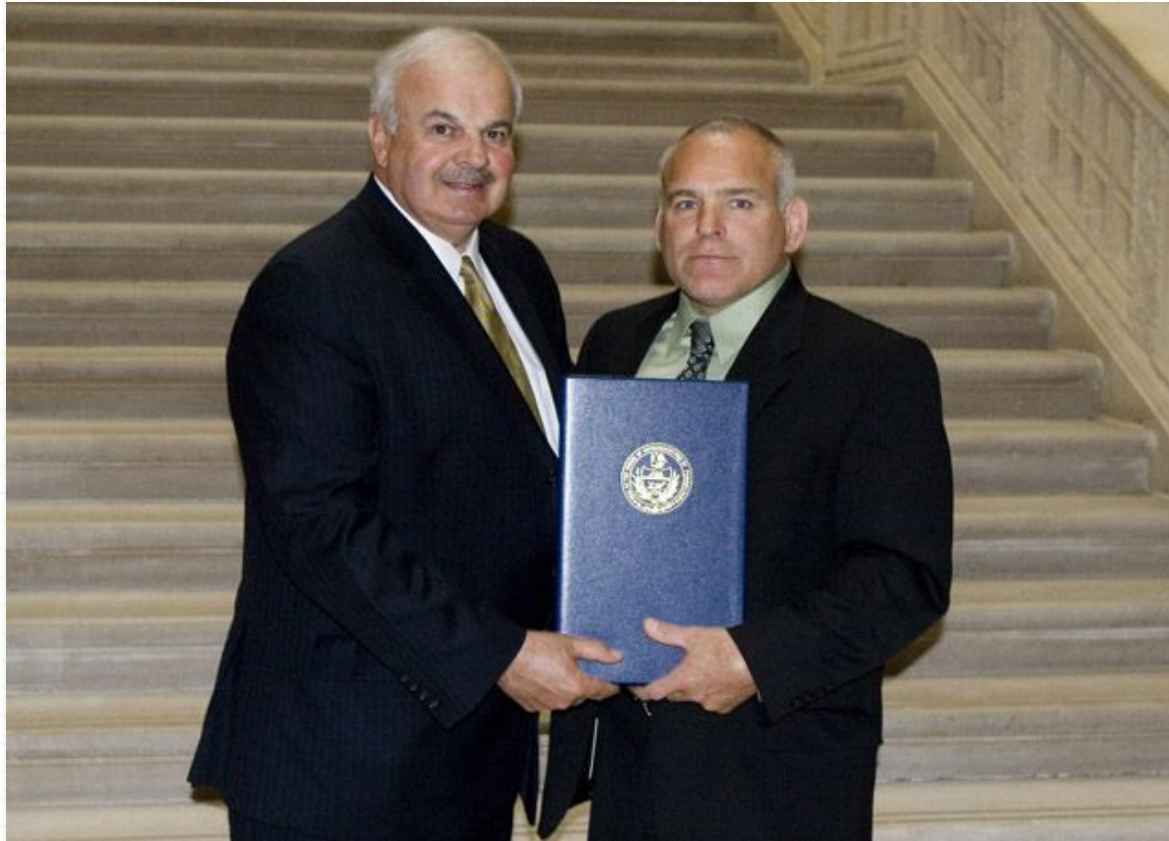
**NEW OXFORD TOURNAMENT CHAMPS**

**CUMBERLAND VALLEY WINTER DUALS  
CHAMPIONS**



## 08 - 09 SEASON RESULTS

<u>Day</u>	<u>Date</u>	<u>Site</u>	<u>Opponent / Event</u>	<u>Location</u>	<u>Time</u>	<u>Result</u>
Fri	12/05/2008	Away	Top Hat Tournament	Williamsport, PA	TBA	<u>Day 1</u>
Sat	12/06/2008	Away	Top Hat Tournament	Williamsport, PA	TBA	<u>1st Place</u>
<b>Sat</b>	<b>12/13/2008</b>	<b>Home</b>	<b>Hershey High School</b>	<b>Central Dauphin</b>	<b>7:30 PM</b>	<b><u>70-3</u></b>
Thu	12/18/2008	Away	Central Dauphin East	CD East	7:30 PM	<u>71-0</u>
Sat	12/20/2008	Away	Beast of the East	University of Delaware	All Day	<u>Day 1</u>
Sun	12/21/2008	Away	Beast of the East	University of Delaware	All Day	<u>3rd Place</u>
Mon	12/29/2008	Away	PowerAde Tournament	Canon McMillan HS	All Day	<u>Day 1</u>
Tue	12/30/2008	Away	PowerAde Tournament	Canon McMillan HS	All Day	<u>1st Place</u>
<b>Thu</b>	<b>01/08/2009</b>	<b>Home</b>	<b>Red Land High School</b>	<b>Central Dauphin</b>	<b>7:30 PM</b>	<b><u>73-0</u></b>
Sat	01/10/2009	Away	CV Duals	Cumberland Valley	TBA	1st place
<b>Tue</b>	<b>01/13/2009</b>	<b>Home</b>	<b>Cedar Cliff High School</b>	<b>Central Dauphin</b>	<b>7:30 PM</b>	<b><u>49-16</u></b>
<b>Thu</b>	<b>01/15/2009</b>	<b>Home</b>	<b>Harrisburg High School</b>	<b>Central Dauphin</b>	<b>7:30 PM</b>	<b><u>73-0</u></b>
Sat	01/17/2009	Away	Lower Dauphin High School	Lower Dauphin	7:30 PM	<u>44-13</u>
Thu	01/22/2009	Away	Middletown High School	Middletown	7:30 PM	<u>47-9</u>
Fri	01/23/2009	Away	New Oxford Tournament	New Oxford	All Day	Day 1
Sat	01/24/2009	Away	New Oxford Tournament	New Oxford	All Day	1st place
<b>Tue</b>	<b>01/27/2009</b>	<b>Home</b>	<b>Garden Spot High School</b>	<b>Central Dauphin</b>	<b>7:00 PM</b>	<b><u>73-3</u></b>
<b>Thu</b>	<b>01/29/2009</b>	<b>Home</b>	<b>Elizabethtown High School</b>	<b>Central Dauphin</b>	<b>7:00 PM</b>	<b><u>64-0</u></b>
Fri	2/6/2009	Away	Team Districts	Milton Hershey	Noon	1st place
Sat	2/7/2009	Away	Team States	Giant Center	TBA	Day 1
Sat	2/7/2009	Away	Team States	Giant Center	TBA	1st place



### **NHSCA Coach of the Year**

Coach Jeff Sweigard was recognized as the NHSCA Coach of the Year 2009. This award is given to the best high school coach in any sport throughout the entire nation. It is indeed an honor. We are proud that Mr. Jeff Sweigard calls CD his home. Congratulations to this humble, hard-working, dedicated man who inspires us all!



### **Pennsylvania Wrestling Round-Up Magazine Full Page Ad**

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A Full Page Ad was placed in the Pennsylvania Wrestling Round-Up Magazine The CD Wrestling Boosters Club placed a full page advertisement in the Pennsylvania Wrestling Round-Up Magazine celebrating our success as a result of extraordinary Dedication and Cooperation. Thanks, was given to the Wrestlers: Varsity Team, JV Team, and Freshman Team. Our Parents, Coaches and Fans were also applauded for their support. Many thanks, to Coach Mike Mauer who assisted in the preparation of the ad.





## House of Representatives Recognition Day

On Monday May 4th, Representative Ron Marsico honored the Varsity Team at the House of Representatives in the State Capitol. Each wrestler received a Citation for Excellence from the House of Representatives. They enjoyed the day at the Capitol sharing lunch and a photo op with Representative Ron Marsico. They received a standing ovation from the legislators for the accomplishments of 5 time State Champions. Tony Dallago was recognized for his state title. Marshall Peppelman was recognized for his second state title. Seniors Simon Rice and Kenny Stank and Emmett Koller appeared on the House platform and were recognized. Coach Sweigard was recognized for his honor as the NHSCA Coach of the Year. All wrestlers, coaches and parents in attendance were asked to rise and received a standing ovation. It was a wonderful day of celebration and fun.





## CD Wrestling Senior Update

Seniors graduating who participated on the CD Wrestling Team will attend the following colleges:

Tony Dallago- University of Illinois  
Emett Koller- Harrisburg Community College  
Zach Oberholtzer- Bucknell University  
Simon Rice- Shippensburg University  
Carl Seltzer- Shippensburg University  
Kenny Stank- Bloomsburg University  
Nick Yodock- Michigan State University

Best of luck to you all!



## CD Wrestling Banquet Update

CD Wrestling was acknowledged for the 5th straight PIAA AAA Team win. Two State Champions were honored. Tony Dallago won his first State gold at 189 lbs. Marshall Peppelman won his second State Championship at 152 lbs. Additionally, Kenny Courts earned the silver medal at 160 lbs. Freshman, Shyheim Brown impressed the crowd with a third place finishes his first year in high school at 103 lbs. Simon Rice earned a 5th place finish at 119 lbs. Kenny Stank finished strong with a 6th place medal at 135 lbs. Other State Qualifiers include Kevin Gooding at 112 lbs and Tyler Buckman at 125 lbs.

Central Dauphin scored the most points to run away with the team title for the third year in a row.

Mr. Sam Sehar was privileged to award the CD Wrestling Scholarship in honor of his wife, Stephanie, who was an outstanding parent-volunteer for the CD Boosters Club. The scholarships were given to three student-athletes this year. The recipients were: Kenny Stank, Simon Rice and Zach Oberholtzer. \$1,000 was awarded to each worthy student.

The RAM Award which is given to the wrestler who exhibits the most Dedication, Determination and Drive was awarded to Zach Oberholtzer. Zach will be attending Bucknell University.

Academic Awards were awarded to the following student-wrestlers:

12 th grade- Nick Yodock

11th grade- Nick Stewart

10 th grade tie- AJ Sweigard and Zak Koller

9th grade- Nate Stewart

8th grade- TJ Osborne

7th grade- Garrett Peppelman







