

CENTRAL DAUPHIN *Wrestling*



2009 - 2010



CD Wrestling Special Reports

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Wrestling Open Gym

Monday and Wednesday

6^(PM) - 7:30^(PM)



CD Wrestling News

CONGRATS! The entire Central Dauphin School District community is pleased to announce Marshall Peppleman (wrestling), has been selected as a male finalists for the annual John Travers Award. This prestigious award ceremony will take place at a luncheon on Wednesday, May 19, at the Hilton Hotel and Towers in downtown Harrisburg. This is an extreme honor for our school district and all teachers and coaches that have had part in Marshall's development!

This was posted on 5-2-2010



CD Wrestling News

Congratulations to Marshall Peppelman of Central Dauphin High School for winning the PIAA AAA State Wrestling Title at 160 pounds. Marshall has won the title for 3 consecutive years.

Congratulations to Tyler Buckman of Central Dauphin High School for winning second place in the PIAA AAA State Wrestling Title at 130 pounds.

Congratulations to Kenny Courts of Central Dauphin High School for winning the PIAA AAA State Wrestling Title at 171 pounds.

This was posted on 3-15-2010

CENTRAL DAUPHIN 2010 PIAA STATE CHAMPIONS



Sectional Champions • District Champions
Cumberland Valley Dauls Champions • New Oxford Tournament Champions
Powerade Tournament Champions • Brandywine Tournament Champions
Beast of the East Tournament-2nd

2010 PIAA State Champions



CD Wrestling News

Congratulations, once again to the CD Wrestlers for winning their 4th straight District 3 Tournament Championship this past weekend in Hershey.

Also congratulations to the following wrestlers for placing in the district 3 tournament and qualifying for the state tournament in 2 weeks.

Marshall Peppelman and Kenny Courts each took home gold winning their respective weight classes.

Tyler Buckman finished 2nd in exciting finals match and Nick Varndell wrestled back to take 3rd place.

Also, Coach Sweigard was selected as the District 3, 2010 Coach of the Year.

This was posted on 3-2-2010



CD Wrestling News

Congratulations to the CD Rams Wrestling Team for winning the District 3 Class AAA Wrestling Individual Championships.

Congratulations to Tyler Buckman of CD High School for placing 2nd at the 130 pound weight class in the District 3 Class AAA Wrestling Championships and qualifying for state competition.

Congratulations to Nick Vardnell of CD High School for placing 3rd at the 119 pound weight class in the District 3 Class AAA Wrestling Championships and qualifying for state competition.

Congratulations to Tre Miller Scott of CD East High School for placing 3rd in the 135 pound weight class in the District 3 Class AAA Wrestling Championships and qualifying for state competition.

Congratulations to Marshall Peppelman of CD High School for setting the District 3-AAA wrestling record with 173 victories! Also Congratulations to Kenny Courts and Marshal Peppelman for posting wins in the district 3 Class AAA Championships at 171 and 160 pounds respectively.

Congratulations to Coach Sweigard of CD High for being named the District 3 2010 Coach of the Year for wrestling.

This was posted on 3-1-2010



CD Wrestling News

Congratulations to Zak Koller from CD High School who was recognized at an Athletic Signing Day on April 13th: Zak Koller will be attending East Stroudsburg College.

This was posted on 4-18-2010



CD Wrestling News

The following students have been recognized by the Patriot News as an all-star in their respective sports: Devon Thomas of CD High - Big 15 Basketball; Nick Seefeldt of CD High - Big 15 Second Team Basketball; Emilee Salinger of CD High - Big 15 Second Team Basketball; Kenny Courts of CD High - Big 14 Wrestling; Kevin Gooding of CD High - Big 14 Wrestling; Shyheim Brown of CD High - Big 14 Wrestling; Tyson Dippery of CD High - Big 14 Wrestling; Samantha Wary of CD High - Big 12 Swimming.

This was posted on 4-2-2010



CD Wrestling News

Congratulations to the varsity wrestling team for winning the Sectional Team Tournament this past weekend. 12 wrestlers qualified for the individual district wrestling tournament that will be held this coming weekend at the Hershey Arena.

This was posted on 2-22-2010



Team State Champions Special Report

[Click here to view the video](#)



CD Wrestling News

Congratulations to the rams wrestling team on winning their THIRD straight Pennsylvania State Team Title this past weekend at the Giant Center. The wrestlers defeated Kiski Area HS from Pittsburgh, 52-10 in the state quarterfinals, then defeated Central Mountain High School, currently ranked 5th in the country, by a score of 35-34 in an exciting match by two of the top teams in the country. Finally, they completed their state title run by defeating Parkland High School by a score of 42-28 in the Pennsylvania State Finals. The wrestlers finished the season undefeated with a record of 19-0, and set of record of winning 48 straight matches over the past 3 years. Great job wrestlers!

This was posted on 2-15-2010



CD Wrestling News

Congratulations to the ram wrestlers for winning the District 3, South Central regional title this past weekend. That is the wrestlers third straight District 3 Team Title. The rams beat Cedar Cliff in the semifinals by a score of 55-9 and then beat Spring Grove in the finals by a score of 54-8.

The wrestlers will enter the State Team Championships this Friday at the Giant Center with a 16-0 record. They will be looking to win their 6th Pennsylvania State Title.

This was posted on 2-8-2010



CD Wrestling News

JEREMY ELLIOTT, February 05, 2010 11:51 p.m.

Print up the t-shirts and add more lines to what is becoming the most impressive team wrestling resume in the state.

Central Dauphin proved it is in line for another state title by crushing two opponents on its way to a third straight district title. Cedar Cliff and Spring Grove never had a chance.

The Rams, now 16-0, outscored opponents Cedar Cliff (semifinals) and Spring Grove (finals) by a combined score of 114-17.

Against the Rockets in the finals, head coach Jeff Sweigard's wrecking crew smashed numerous records.

The Rams 55 points easily topped Solanco's winning 1994 total of 42. They also held the Rockets to eight points, the lowest total ever by a losing team.

Tyson Dippery (103), Tyler Buckman (130), Colton Peppelman (140) and Kenny Courts (171) each had tech falls and broke the record of two set by the Rams, who have 46 straight dual meet wins, against Cumberland Valley in 2008.

Other highlights in the final were Kyle Wolfe's :12 second pin at 215, Nick Stewart's 1:16 pin at 285 and Marshall Peppelman's 2:33 fall at 160.

This was posted on 2-7-2010



CD Wrestling News

Congratulations to the rams wrestling team for winning their first district playoff match this past Tuesday by beating Cocalico by a score of 69-0.

The wrestlers will host a tough Mechanicsburg team tonight at 7:00 in the 2nd round of the district playoffs.

Come out and support your rams as they try to win their 3rd district title in a row.

This was posted on 2-4-2010



CD Wrestling News

Congratulations to the varsity wrestling team on their 1st place finish at New Oxford Tournament this past weekend. That out distance state ranked Blue Mountain HS by 40 points. Bringing home gold medals were Tyler Buckman, Marshall Peppelman, Kenny Courts and Kyle Wolfe. Bringing home silver medals were Nick Varndell & Kevin Gooding.

The rams will be looking to win their third straight district 3 title starting tonight when they host Cocalico HS tonight at 7:00 in the first round of the district playoffs. Come out and support your wrestlers.

This was posted on 2-2-2010



CD Wrestling News

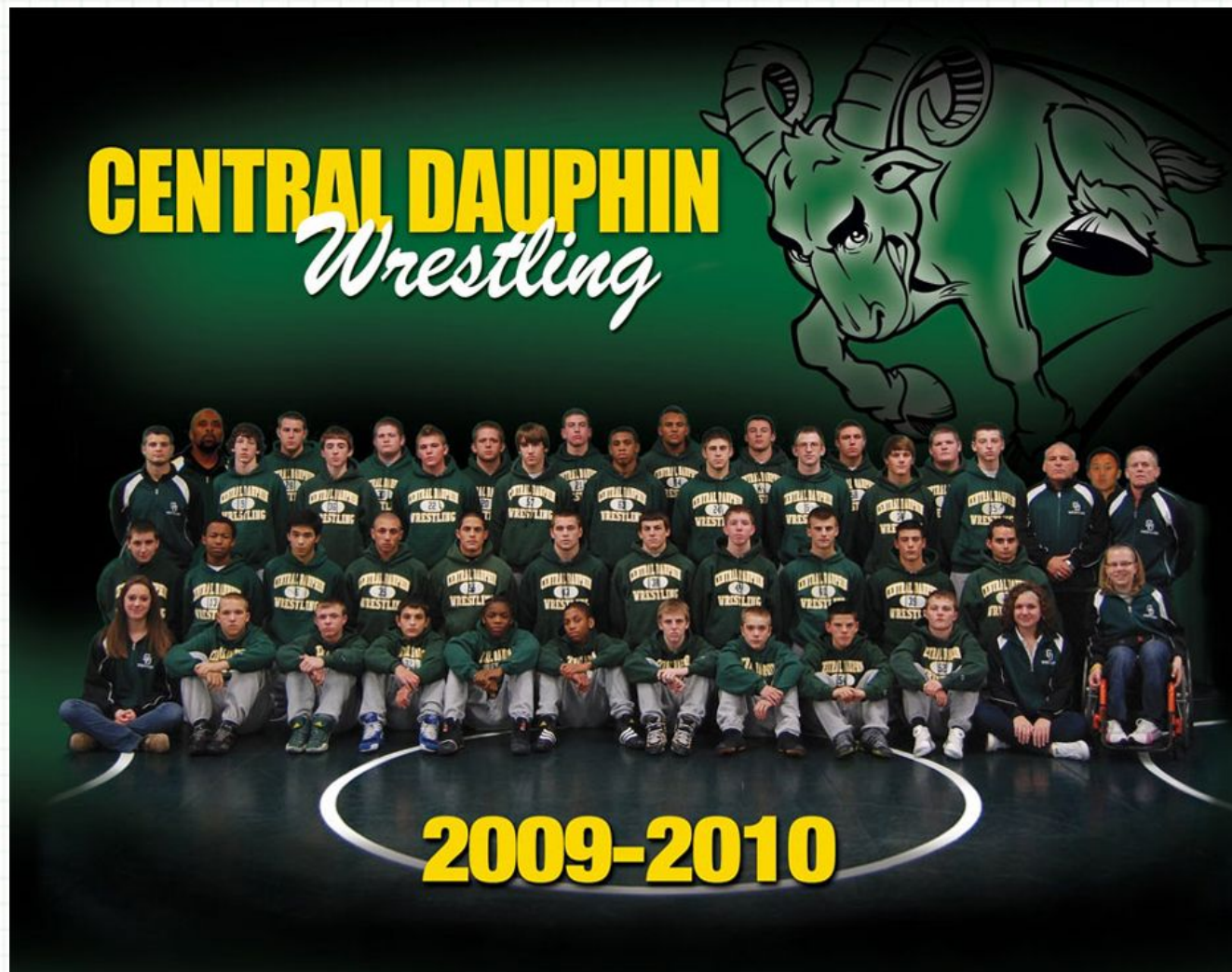
Congratulations to the Ram wrestlers for their convincing 47-11 win over Cedar Cliff this past Saturday night. The rams clinched the Mid Penn Commonwealth League Title. This is their 6th Mid Penn Title in the last 7 years. The wrestlers will take their 12-0 record into the district 3 playoffs next week. Come out and support the team.

This was posted on 1-25-2010



CD Wrestling Special Report

[Click here to view the video](#)



CD Rams Wrestling Team



CD Wrestling News

The Central Dauphin Ram wrestlers will be traveling to the west shore to take on 18-1 Cedar Cliff this Saturday at 7:30 to decide the Mid Penn Divisional Championship. The Cedar Cliff Colts are currently 18-1 and the ram wrestlers are 11-0. The winner of this could also decide the number 1 seed for the upcoming District 3 Tournament. Come out and support your ram wrestlers.

This was posted on 1-22-2010

2009-2010 Central Dauphin Wrestling Team

Seniors Juniors Sophmores Freshmen

Tyler Buckman
Marshall Peppelman
Wesley Rick
Dan Smith
Nick Stewart
Alex Stupak
Kyle Wolfe
Justin Wolfe

Kenny Courts
Tim Foran
Kevin Gooding
Seidu Issah
Jin K
Zak Koller
Tyler Shott
Aj Sweigard

Ben Aronoff
Shyheim Brown
Tyler Cooke
John Dymond
Earl Ferguson
Zach Fusetti
Jake Levin
Matt Lux
Jamison Peake
Austin Shott
Jared Smuda
Nate Stewart
Vince Vitolo
Brandon Waters
Zachary Wilk
Nick Zehring

Tyson Dippery
Colton Peppelman
Austin Rose
Nick Varndell

Coaches

Jeff Sweigard
Mike Mauer
Shawn Sehar
Lee Norbury
Ed Arndt
Jimmy Collins
Dave Hogentogler
Ken Courts Sr.
Brent Zeiders
John Bartnick
Zach McHugh





CD Wrestling News

Congratulations to the varsity wrestling team for winning the Cumberland Valley Winter duals this past weekend. The ram wrestlers went 5-0 and move their record to 8-0 for the season.

Also congratulations to the following wrestlers for going 5-0 this past weekend at the duals. Tyson Dippery, Shyheim Brown, Nick Varndell, Kevin Gooding, Colton Peppelman, AJ Sweigard, Marshall Pepelman and Kyle Wolfe.

The rams will be traveling to Red Land this Thursday and will host the the Lower Dauphin falcons this coming Saturday night.

This was posted on 1-11-2010



CD Wrestling News

Congratulations to the varsity wrestling team on their 2nd place finish out of 104 teams at the #1 rated tournament in the country, The Beast of The East, which was held this past weekend at the university of Delaware. The wrestlers finished behind Blair Academy Prep school which is ranked number 1 in the country. The ram wrestlers will travel to Hershey tonight and then they will hit the road again to compete in the POWERADE Tournament held in Pittsburgh over the holiday break. Good Luck to our wrestlers and continue the hard work and tradition.

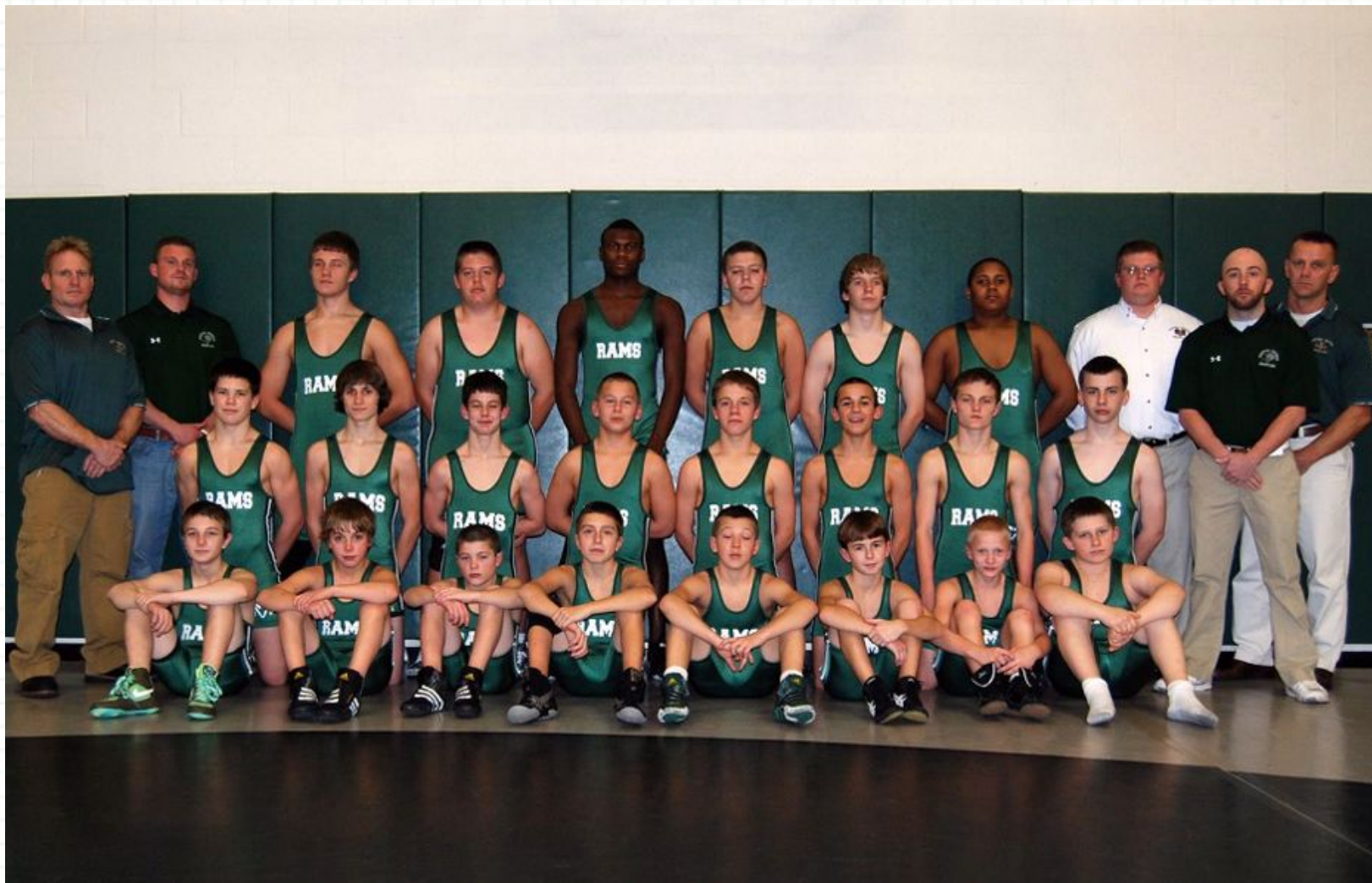
This was posted on 12-22-2009



CD Wrestling News

Recently, the CDHS community saw our athletes sign letters of intent with colleges and universities as they plan to continue their education. The students were: Caitlyn Bassett of CDHS- Bryant College for basketball; Jonathan Lutz of CDHS – George Mason University for volleyball; Marshall Peppleman of CDHS – Cornell University for wrestling and Alyssa Thomas of CDHS – University of Maryland for basketball.

This was posted on 11-16-2009



CD Wrestling Junior High Wrestling Team



STATE CHAMPION MARSHALL PEPPELMAN

CD Wrestling State Champion



CD Wrestling State Qualifiers



CD Wrestling Districts Qualifiers



CD Wrestling Senior Wrestlers



CD Wrestling Junior Wrestlers



CD Wrestling Sophomore Wrestlers



CD Wrestling Freshman Wrestlers



CD Wrestling Junior High Wrestlers



CD Wrestling Junior High Wrestlers



CD Wrestling Junior High Wrestlers



CD Wrestling Coaches



CD Wrestling Team Managers