ALL-TIME WORK HORSES

In "Speed's Place" we want Work Horses, not show horses. To be considered a member of this elite club, a football player must demonstrate a level of commitment and performance in the offseason that goes "above and beyond". His attendance, work ethic, and improvements in tests (bench, squat, and power clean) must be superior.

Here is a list of our Work Horse of the Year Recipients:

2008	Samson Wood
2009	Shawn Smith
2010	Matt Kirchner
2011	Adam Hollinger
2012	Drew Scales
2013	Codie Zimmerman
2014	Enrique Armas
2015	Adam Thornton
2016	Manus Frank
2017	Gabe Bollinger
2018	Sam Schmidt
2019	Bryce Thoman
2020	Tim Dao
2021	Kyle Yeager
2022	Nick Kellogg
2023	Xander Toland